

City of LA VERNE

RECREATION GUIDE

SUMMER

JUNE THROUGH AUGUST 2023

SENIOR LINE DANCING



NATIONAL NIGHT OUT



4th of July Parade

HIGHLIGHTS:

EXCURSIONS PAGES 12 & 13

AQUATICS PAGES 22 - 25

PRESCHOOL PAGE 34



LA VERNE *Police Department*



City of LA VERNE

SUMMER 2023



CITY COUNCIL

| | |
|-----------------------------|----------------|
| Tim Hepburn | Mayor |
| Rick Crosby | Mayor Pro Tem |
| Meshal "Kash" Kashifalghita | Council Member |
| Steve Johnson | Council Member |
| Wendy Lau | Council Member |

CITY COUNCIL MEETS

First and third Mondays, 6:30 PM

CITY HALL

3660 "D" Street, La Verne, CA 91750
(909) 596-8726

Hours:

Monday - Thursday 8:00 AM - 6:00 PM
1st & 3rd Mondays Until 6:30 PM
Closed Fridays

COMMUNITY CENTER

3680 "D" Street, La Verne, CA 91750
(909) 596-8776

Hours:

Monday - Thursday 8:00 AM - 6:00 PM
Friday 8:00 AM - 4:00 PM

The **#LaVernePD** is alerting the public after receiving reports of distraction thefts.

In the most recent cases reported, thieves are approaching senior citizens while they are alone out in the community, and either striking up a conversation with them there or in some cases following them home. The thieves, come across as friendly and may be touchy towards the intended victim, placing their hands on the victims' arms, neck, and head. When the victim is distracted by the suspects' touch and conversation, the thieves then remove jewelry from the victim, usually replacing it with worthless jewelry before making their escape.

Take steps to protect yourself from distraction theft:

- Be aware of your surroundings.
- If someone appears suspicious and randomly tries to engage in a conversation, pay close attention to your property.
- Be wary of strangers that get in your personal space or attempt to touch you.
- Be cautious if someone offers to help you bag or carry your purchased items.
- Always lock your vehicle and home doors and windows.
- Avoid wearing flashy jewelry when possible.
- Keep your purse or wallet secured at all times, never leave items unattended.
- Lock purchases in the trunk of your car. Do not leave them in plain sight.
- Have your keys ready - don't spend time fumbling for them.
- Report suspicious activity to police immediately.

If you realize that you have been a victim or witness of distraction theft and the suspect is still there or in sight, call 9-1-1 immediately. If possible, try to get a description of the thieves and their vehicle.

 @LaVernePoliceDepartment

 @LaVernePoliceDepartment

 LaVernePD

 La Verne Police Department



Get in touch with us!

CITY NUMBERS

| | |
|--|----------|
| ADMINISTRATION (City Council, elections, city records, mobile home rent control) | 596-8726 |
| BUILDING (Permits) | 596-8713 |
| BUSINESS LICENSE DEPARTMENT | 596-8722 |
| COMMUNITY DEVELOPMENT (Economic Development, zoning) | 596-8706 |
| COMMUNITY SERVICES (Recreation activities, seniors, facility rentals and transportation) | 596-8700 |
| COMMUNITY CENTER | 596-8776 |
| CUSTOMER SERVICE (Water, sewage and trash billing, recycling) | 596-8744 |
| FINANCE DEPARTMENT (Fees, assessments, taxes, yard sale permits) | 596-8716 |
| FIRE DEPARTMENT (Fire prevention, disaster preparedness, weed abatement) | 596-5991 |
| PUBLIC WORKS (City landscape, parks, streets, traffic / street lights, sewer) | 596-8741 |
| POLICE DEPARTMENT (Code enforcement, neighborhood watch) | 596-1913 |

OTHER NUMBERS

| | |
|---|----------------|
| BONITA UNIFIED SCHOOL DISTRICT | 971-8200 |
| FLOOD CONTROL (Los Angeles County) | (626) 458-5100 |
| GRAFFITI HOTLINE | 596-8787 |
| HUMANE SOCIETY (Animal Control) | 623-9777 |
| POMONA VALLEY TRANSPORTATION AUTHORITY | 596-7664 |
| WASTE MANAGEMENT (Trash / Waste Disposal) | 599-1274 |

INCLUSION POLICY



The City of La Verne is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis.

Please contact the Community Services Office at (909) 596-8700 seven working days prior to the program start date.



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SB 1383

State law SB 1383 and AB 827 are in full effect. AMONG THE REQUIREMENTS ARE:

- All properties are required to have organic waste collection services, except a small few that qualify for specific waivers.
- Residential customers are required to place organic materials including: produce, dairy, bread, pasta, rice, grains, coffee grounds, meat, fish and poultry into the green bin, along with landscape trimmings.
- High food generating businesses, as defined by the law, must participate in a food donation program and accompanying record keeping activities. The City is required to inspect for compliance.
- Businesses with organics and/or traditional recycling are required to have well marked bins in customer areas and corresponding employee training.
- Many activities are also required at the City level and are ongoing. These include an expanded education and outreach program, purchasing recycled content materials and products, growing the citywide food rescue network, monitoring for container contamination, extensive record keeping, reporting and enforcement for all requirements.

FOR MORE INFORMATION, please visit the Cal Recycle website at www.calrecycle.ca.gov/climate/slcp or contact the City of La Verne Public Works Department at (909) 596-8741.

ORGANICS | RECYCLING | TRASH

Right Materials - Right Container - Know Which Container to Use

Place Organics, Recycling and Trash containers together with proper signage so everyone places the right materials in the right container.

What Goes in the Organics Container:



FOOD WASTE & FOOD SOILED PAPER



YARD WASTE



PRODUCE



MEAT, FISH & POULTRY



DAIRY



BREAD, PASTA, RICE, GRAINS & COFFEE GROUNDS



LID COLORS:
GREEN OR YELLOW

DO NOT INCLUDE:

NO LOOSE PLASTIC BAGS
NO SERVEWARE/UTENSILS
NO PLASTIC CONTAINERS
NO FOAM CONTAINERS
NO HAZARDOUS WASTE

Place organics materials directly into your organics cart - **don't bag your organics materials.**

What Goes in the Recycling Container:



PLASTIC BOTTLES & CONTAINERS



FOOD & BEVERAGE CANS



GLASS BOTTLES & CONTAINERS



FLATTENED CARDBOARD & PAPERBOARD



PAPER



LID COLORS:
BLUE OR GRAY

DO NOT INCLUDE:

NO LOOSE PLASTIC BAGS
NO FOAM CONTAINERS
NO CLOTHING, FURNITURE, CARPET
NO HAZARDOUS WASTE

Place recyclables directly into your recycling cart - **don't bag your recyclables.**

What Goes in the Trash Container:



GARDEN HOSE



BROKEN CERAMIC DISHES & POTS



CANDY, SNACK & FOOD WRAPPERS



CHIP BAGS



DIAPERS



FOAM CONTAINERS



LID COLOR:
BLACK

DO NOT INCLUDE:

NO ORGANICS/RECYCLABLES
NO HAZARDOUS WASTE
NO ELECTRONICS
NO BATTERIES, TIRES OR PAINT
NO FLAMMABLE MATERIAL

To Learn More Visit: wm.com

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Stormwater is the rain water that passes over city streets, roofs, and driveways picking up pollutants contained in litter, fertilizer, tires, and many other everyday objects. La Verne's storm water flows to gutters and catch basins, eventually making its way to water bodies like Puddingstone and/or the Pacific Ocean. The storm water then pollutes the surface water, making it less suitable for wildlife, fishing and recreation. As one of the largest developed areas in the United States, Los Angeles County cities are being held to a very high standard when it comes to surface water pollution. The passage of Los Angeles Region Water Quality Control Board Order No. R4-2021-0105 means that preventing pollutants from entering into our water bodies is a responsibility required of LA County cities, like La Verne.

HOW? By following these tips, everyone can help improve water quality within our communities.

- Place pet waste, cigarette butts and other trash in the appropriate receptacles to keep it from entering the ocean.
- Walk, bike, skateboard or utilize other human powered modes of transportation for nearby trips.
This will help reduce the amount of metals and chemicals falling onto the road.
- Reduce fertilizer and pesticide use, especially within 48 hours of rainfall.
- When washing your car at home, don't wash the soapy or dirty water into the gutter.



THE LA VERNE HISTORICAL SOCIETY

(909) 596-4679 | lvhs@lavernehistoricalsociety.org
www.lavernehistoricalsociety.org

U.S. Passport Services are available through appointment at the Community Services Department, 3660 "D" Street, La Verne, CA 91750.

All applicants are required to be present and bring the following items:

- 1. Provide a COMPLETED new Passport Application (DS-11)**
- 2. Submit Evidence of US Citizenship such as:**
 - Certified Birth Certificate
 - Naturalization Certificate
- 3. Present your valid identification such as:**
 - Valid California Driver's License
 - Current Military ID
 - Current Government ID (city, state, or federal)
- 4. Paper form of payment such as check or money order**
(Photo service is available for \$15 per person).

**Please call
(909) 596-8700
to schedule an
appointment or
for more information.**





WHAT IS CERT?

FEMA's Community Emergency Response Team (CERT) program trains residents to prepare and safely respond to the disasters they may face in their communities. The CERT training course includes hands-on exercises to learn the skills needed to safely take care of themselves and others in their home, workplace, neighborhood and community.

After a large disaster, La Verne's emergency resources will likely be overwhelmed and delayed. CERT-trained volunteers may be the only available assistance for the first 72 hours to help others and give critical support to first responders when they arrive. Graduates can use the training for their own personal preparedness, or choose to join the team. (Team membership is encouraged but NOT required.) The purpose and goal of training is to prepare for a disaster and how to safely respond and help others around us during a disaster, while team membership is strictly an option for those who have the time and interest. Team members also help with non-emergency projects and events in their community.

For more information or to sign up, contact us at lavernecert@gmail.com or visit our website at www.lavernecert.org.



You Are Not Alone!

Neighbors Helping
Neighbors

**THE
"YOU ARE NOT
ALONE" (YANA)
PROGRAM IS A
FREE PROGRAM
DESIGNED
FOR LA VERNE
SENIORS.**



If you are a senior, age 50+, living alone in La Verne or you have parents or friends who live alone, the YANA (You Are Not Alone) program may be a perfect resource. YANA is a free program started by the La Verne RSVPs. Personal visits or phone calls on designated day(s) and time(s) are made to check on program participants. **If you are interested in learning more about the program, give us a call at (909) 805-5932.**

HOMELESSNESS RESOURCES

The City of La Verne Community Services Department partners with the La Verne Police Department, Tri-City, and L.A. CADA who proactively provide services to La Verne's unhoused population while prioritizing the safety of the community. Together they are the L.E.A.P. team (La Verne Engagement Action Partners).



Services for Unhoused Residents

- Phone – Call Tri-City Navigator at (888) 436-3246
- Email – Navigators: navigators@tricitymhs.org
- 24 Hour City Hall – Report Encampment (laverneca.portal.iworq.net/portalhome/laverneca)
- Unhoused Veterans – (888) 507-2926
- Medical Emergency – Call 911

Additional Resources

- Tri-City Mental Health Center (www.tricitymhs.org)
- Los Angeles Homeless Outreach Portal (LA-HOP) (www.lahsa.org/portal/apps/la-hop)
- Los Angeles Homeless Authority (www.lahsa.org)
- Veteran Peer Access Network (VPAN) – LA County (www.jvs-socal.org)

Resources for Residents & Businesses

Homelessness in and of itself is not a crime, however the City of La Verne has developed resources so that residents and businesses are able to report issues and request assistance to address concerns on private property.

- **Report concerns:** laverneca.portal.iworq.net/portalhome/laverneca
- **Report medical emergencies or illegal activities:** Call 911
- **Report trespassing on private business property:**
 1. Post "No Trespassing" signs, which reference Penal Code § 602(o), at all entrances and exits at business location.
 2. Submit completed Trespass Arrest Authorization Form ([www.lvpd.org/uploads/files/206A Trespass Arrest Authorization 012121.pdf](http://www.lvpd.org/uploads/files/206A%20Trespass%20Arrest%20Authorization%2012121.pdf)) to the La Verne Police Department in-person or by email.
 3. Call non-emergency dispatch at (909) 593-2531 to report trespassing occurrences.



Summer Events 2023

JUNE

- 11** **Concerts in the Park:** Scot Bruce, *Elvis Tribute* – Heritage Park
6:30 PM – Sunday, June 11
- 12** **Senior Movie Matinee** – Community Center
12:30 PM – Monday, June 12
- 24** **Family Night Swim:** Pirate Themed – La Verne Aquatic Center
4:00 PM – Saturday, June 24
- 25** **Concerts in the Park:** Brant Cotton and the Outliers, *Country* – Heritage Park
6:30 PM – Sunday, June 25
- 29** **Disco Line Dancing Party** – Community Center
10:00 AM – Thursday, June 29

JULY

- 4** **Fourth of July** – Tuesday, July 4
Parade: 10:00 AM
Fireworks: Gates open at 6:00 PM for 7:00 PM show – Bonita High School
- 9** **Concerts in the Park:** Cold Duck, *Variety* – Heritage Park
6:30 PM – Sunday, July 9
- 10** **Senior Movie Matinee** – Community Center
12:30 PM – Monday, July 10
- 23** **Concerts in the Park:** The J-Birds, *Classic Rock* – Heritage Park
6:30 PM – Sunday, July 23
- 29** **Family Night Swim:** Hawaiian Themed – La Verne Aquatic Center
4 PM – Saturday, July 29
- 30** **Movie Night at the Park:** Puss in Boots: The Last Wish – Heritage Park
8:15 PM – Sunday, July 30

AUGUST

- 1** **National Night Out** – Las Flores Park
4:30 PM – Tuesday, August 1
- 6** **Concerts in the Park:** The Long Run, *Eagles Tribute Band* – Heritage Park
6:30 PM – Sunday, August 6
- 11** **Luau Dance for those with Special Needs** – Community Center
5:00 PM – Friday, August 11
- 13** **Movie Night at the Park:** The Bad Guys – Las Flores Park
8:15 PM – Sunday, August 13
- 14** **Senior Movie Matinee** – Community Center
12:30 PM – Monday, August 14
- 31** **Luau Line Dancing Party** – Community Center
10:00 AM – Thursday, August 31

NATIONAL NIGHT OUT

TUESDAY

AUGUST 1, 2023

4:30 - 7:30 PM

Las Flores Park,
3175 Bolling St., La Verne 91750



This year marks the 40th annual National Night Out program, a unique crime prevention event aimed at promoting civic participation, law enforcement and community partnerships, and neighborhood camaraderie.



LA VERNE

VFW

"BAND OF BROTHERS" POST 12034 LA VERNE, CALIFORNIA

The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard and reserve forces.

Why become a member of the VFW? For a variety of reasons. Some are more interested in the camaraderie; some like to volunteer for work in the community or with our youth; some for the work we do for veteran's entitlements and assistance.

Eligibility: Any citizen of the United States who: Served honorably as a member of the Armed Forces of the United States in a foreign war, insurrection, or expedition, where service has been recognized by the award of a US campaign medal or badge; service in Korea or its territorial waters for 30 days consecutive/60 days non-consecutive; or who has been entitled to receive Hostile Fire or Imminent Danger Pay.

Meeting times:

Join the VFW at Post 12034! We meet every third Friday of the month at 7:00 PM. We hold a potluck with families and friends at 5:30 PM before the 7:00 PM meeting. We also have the San Bernardino County Vet Center come on the 2nd Tuesday of the month to help veterans and their families with their VA issues to their state veteran's benefits. **We do not have a bar.**

We cover the San Gabriel Valley cities of La Verne, San Dimas, Claremont, Glendora, and Pomona.

Our location and contact information:

The Veterans Hall of La Verne • 1550 Bonita Ave., La Verne, CA, 91750 (corner of Wheeler Ave. and Bonita Ave.)

Post phone number: (626) 263-0146 | **Email:** vfwpost12034@yahoo.com

Look online for "VFW Post 12034 Band of Brothers" and ask to join our page!

Special Events

*The La Verne Police Officers Association and
Community Services Department Present*

MOVIE NIGHT AT THE PARK



SUNDAY, JULY 30

Puss in Boots: The Last Wish
Heritage Park, 5001 Via de Mansion

**MOVIE STARTS
APPROXIMATELY AT
8:15 PM**

For more information, contact
the Community Services
Department at
(909) 596-8700.



SUNDAY, AUGUST 13

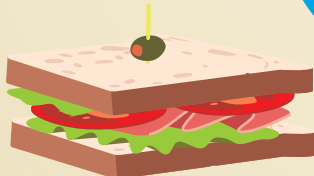
Bad Guys
Las Flores Park, 3175 Bolling Avenue
(North end of Park)



Summer Lunch Program

MONDAY - FRIDAY · 12:00 - 1:00 PM
JUNE 12 - AUGUST 18 · LAS FLORES PARK

The City of La Verne's Youth and Family Action Committee, local churches, associations, and community members are once again sponsoring a free summer lunch program for the community's youth at Las Flores Park. During the school year, eligible students receive free or reduced cost lunches. However, once the school year ends, there is no longer a lunch program provided. Members of the Youth and Family Action Committee created the free summer lunch program to fill that gap.



The lunch program is run by City employees and includes recreational activities and crafts. Nearly 1,300 lunches were served during the summer of 2022 and is funded entirely through donations from local churches and residents. If you are interested in making a donation or receiving further information, please contact the Community Services Department at (909) 596-8700.



The City of La Verne Youth and Family Action Committee is a formal committee of the City, comprised of representatives from private agencies, non-profit organizations, La Verne Police Department, Bonita Unified School District, City staff, and many interested citizens. With the committee's focal point on addressing challenges that confront our youth before growing into greater concerns, we are constantly made aware of new trends. On the premise that knowledge is power, the committee has created the "YFAC Word" as a way to inform parents so they too can be aware of these potential issues.



HUNGER PROGRAM

The Pomona Inland Valley Council of Churches serves the twelve cities of the Pomona Valley. PIVCC is comprised of member churches working together with local businesses and volunteers to meet the needs of those less fortunate in our area. PIVCC operates three hunger sites (San Dimas, Pomona, and Ontario), which include a homeless shelter and a transitional housing program. **For more information, please phone (909) 622-3806.** PIVCC assists all people regardless of race, ethnicity, or religious affiliation.

LA VERNE YOUTH SPORTS COMMITTEE

The La Verne Youth Sports Committee meets the first Wednesday of January, March, May, July, September, and November at 6:00 PM at La Verne City Hall, 3660 "D" Street. The public is welcome to attend all meetings.

TRI-CITY MENTAL HEALTH CENTER

Tri-City Mental Health Center is a public mental health system agency serving the cities of La Verne, Claremont and Pomona to meet the mental health needs of their citizens. The agency provides high quality, culturally competent, behavioral healthcare treatment, prevention and education in its core cities and to surrounding communities. **Please call (909) 623-6131 for more information.**

LA VERNE COMMUNITY TELEVISION

The City contracts with the University of La Verne's Communication Department to run our public access television station LTVT, which is funded by the Public Education Government (PEG). Programming includes school board meetings, college sports, and school concerts. **For more information, please call (909) 448-4758 or visit www.ltv3.org.**

FAIR HOUSING FOUNDATION

Are you being "steered?" Being shown neighborhoods where most people are of the same race, color, or national origin as you, is called racial steering and is against the law. You have the right to live in any neighborhood you choose. If you suspect unfair housing practices, contact HUD or your local Fair Housing Center, a non-profit organization contracted by the City of La Verne to provide free services to residents Monday through Friday 8:00 AM to 5:00 PM at (310) 901-0808 or (800) 446-FAIR.

TRI-CITY MHSA COMMUNITY NAVIGATORS

Are you in need of resources? MHSA Community Navigators can help!

- Community Navigators are Resource Specialists that provide linkage and referrals to community resources.
- Community Navigators service the cities of La Verne, Claremont, and Pomona.
- Anyone from the community can contact a Community Navigator if ever in need of resources.

To contact a Community Navigator please call (888) 436-3246.

YFAC

YOUTH & FAMILY ACTION COMMITTEE PROGRAMS

The Youth & Family Action Committee is the focal point for citizen participation in La Verne's community oriented policing program fighting against drug and alcohol abuse, gang activity and other destructive behaviors. The committee is open to all interested citizens and organizations. **Meetings are conducted year-round on the fourth Tuesday of the month at 6:30 PM in the City Hall Council Chambers.**

YOUTH COUNSELING

Counseling is available at Bonita High School, Ramona Middle School, Chaparral Continuation High School and all four elementary schools through licensed professionals.

PARENT RESOURCE DIRECTORY

A 31-page booklet developed by the City and school district geared towards providing parents with tips on how to approach some tough topics as well as a list of area intervention services. **Copies of the directory are available at the Community Services Office located in City Hall.**

YOUTH SPORTS AND ACTIVITIES

One of the keys to preventing destructive behaviors among young people is to keep them involved and busy in community and/or school activities. **For information, call the Community Services Department at (909) 596-8700.**

LA VERNE POLICE DEPARTMENT

A variety of prevention and intervention services for troubled youth are available. **Call (909) 596-1913.**

TRI-CITY MENTAL HEALTH CENTER

Located at 2008 N. Garey Avenue, Pomona, this public agency provides counseling and treatment services to residents of La Verne and neighboring communities. **For information, call (909) 623-6131.**

Pet licensing assistance

Every third Thursday of the month, from 9:00 to 11:00 AM, the Inland Valley Humane Society and S.P.C.A. will have a representative present at the Community Center to assist with online pet licensing.



Scan the QR code to license now!



Inland Valley Humane Society & S.P.C.A.
A home away from home.



DocuPet
A Safe and Happy Home for every pet



Active Adults - Excursions

Excursions Information

MAIL-IN AND ONLINE REGISTRATION:

Begins 8:00 AM, Monday, May 1, 2023

WALK-IN REGISTRATION:

Begins 8:00 AM, Monday, May 8, 2023

If a minimum number of 25 participants are not reached, the trip will be cancelled.

1. It is recommended that individual checks be sent for each activity. If confirmation is desired, please send a self addressed, stamped envelope.
2. Proof of age may be required. Participants 17 and under MUST be accompanied by an adult.
3. All trips leave from and return to the Community Center, 3680 "D" Street, and will go rain or shine. Participants must park on Durward Way.
4. Special services (i.e. wheelchairs) MUST be requested by ADA deadline 30-days before any trip.
5. Buses have lower compartments for wheelchairs/scooters, but participants must be able to get from the sidewalk into the bus up 2 stairs.
6. Please note levels of trips:
EASY
 Little walking
MODERATE
 Some walking necessary. Participants should be in good health.
ACTIVE
 Good physical condition is necessary - lots of walking.
7. There is a \$10 cancellation fee for each trip and there are no refunds after the listed reservation/cancellation date.
8. Participants must be able to travel independently at all times.
9. Trip details subject to change.
10. Those registered for trips must adhere to new "Excursion Etiquette" code of conduct.



LONG BEACH GONDOLA GETAWAY (Easy)

Join us for a fun-filled day trip where we'll enjoy a delicious lunch and relaxing scenic cruise along the canals of the Naples in Long Beach. We'll begin with lunch at the Naples Rib Company, the family-owned and operated restaurant founded in 1984. Each guest will enjoy their pre-selected choice of entrée and non-alcoholic beverage. After lunch, you'll step aboard an authentic gondola. Sit back, sip on a cool beverage and let the gondoliers row you and your guests back in time as we cruise the enchanting canals of Naples Islands. Beverages can be brought on the gondolas. Glasses will be provided as well as corking if necessary. We'll pass under five bridges and enjoy views of the calm bay's million-dollar homes. Lunch is included.

Reservations/Cancellations by: May 13

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|-----|--------|----------|---------|-------|-----|
| 251201-01 | Wed | June 7 | 10:30 AM | 4:30 PM | \$105 | 18+ |

PARAMOUNT PICTURES STUDIO TOUR & UNIVERSAL CITY WALK (Moderate)

Paramount's past and current achievements come together in this intimate, behind the scenes look at a true working studio. Step into the world of the industry's top talent, producers, and crew as they create today's award-winning television and feature films. On this 2-hour cart tour you'll discover Hollywood's first major movie studio led by an engaging Studio Page, visiting iconic locations like the Bronson Gate, New York Street Backlot, and the Prop Warehouse. Each step of the way, you will learn how Paramount's 110-year legacy influenced Hollywood and the world at large. The Paramount Studio Tour immerses you into where it all began. It won't take long to realize, Paramount is Hollywood. Following the tour, it's off to Universal City Walk for shopping and dinner on your own.

Reservations/Cancellations by: May 25

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|-----|---------|---------|---------|------|-----|
| 251202-01 | Tue | June 20 | 9:45 AM | 6:45 PM | \$80 | 18+ |



Active Adults - Excursions

RANCHO LOS ALAMITOS & SEAL BEACH

(Moderate)

Join us for a guided tour of Rancho Los Alamitos, the "Ranch of the Little Cottonwoods", a Long Beach City Landmark that is twice listed on the National Register of Historic Places. The 7½ acre site includes four acres of nationally significant historic gardens, a ranch house (1790-1933), and restored barnyard of the early 20th century working ranch. After the tour we will head to the Seal Beach Pier, where free time will be provided to dine, shop, and explore. Lunch is on your own.

Reservations/Cancellations by: June 27

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|-----|---------|---------|---------|------|----------|
| 251203-01 | Wed | July 12 | 8:30 AM | 4:00 PM | \$35 | All ages |

LA JOLLA MUSEUM OF CONTEMPORARY ART

(Easy)

Explore the flagship Museum of Contemporary Art in La Jolla. You are invited to explore and experience all that the museum has to offer through the prism of contemporary art. This includes a guided tour of the seasonal exhibits and an overview of the museum itself. Then explore the seaside village of downtown La Jolla where it's beauty has inspired artists and surrounded locals and travelers in sunshine and style for decades. Lunch is on your own.

Reservations/Cancellations by: July 10

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|-----|---------|---------|---------|------|-----|
| 251204-01 | Fri | July 28 | 8:45 AM | 5:00 PM | \$40 | 50+ |

VIVA LAS VEGAS! 2-NIGHT STAY AT THE GOLDEN NUGGET

(Active)

Join us for a two-night stay at the fabulous Golden Nugget Hotel & Casino located in the heart of Downtown Las Vegas! Free time to enjoy the amenities of the hotel, Fremont Street located just outside of the hotel.

Reservations/Cancellations by: July 13

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|--------------|------|---------|---------|-----------------|-----|
| 251205-01 | Mon, Aug 7 - | | | | \$245 dbl/per | 21+ |
| 251205-02 | Wed, Aug 9 | | 9:00 AM | 6:00 PM | \$305 singl/per | |



MELON TOUR AT TANAKA FARMS

(Moderate)

Start your day off with grabbing lunch at the Irvine Spectrum Center, one of Southern California's most popular entertainment and shopping destinations! Then it's off to Tanaka Farms where you'll be on a guided wagon ride tour of the 30 acre farm to see and learn about how summer fruits and vegetables grow! Make a stop in the fields to harvest a seasonal vegetable, then sit under a shaded tent and sample lots of fresh cut summer squash, different types of melon, and take home a melon of your very own!

Reservations/Cancellations by: August 3

| Code | Day | Date | Depart | Return | Fee | Age |
|-----------|------|--------|----------|---------|------|----------|
| 251206-01 | Tues | Aug 22 | 10:00 AM | 5:30 PM | \$45 | All ages |





Active Adults - Programs

GET ABOUT TRANSPORTATION

Dial-a-ride transportation for senior citizens and persons with disabilities servicing La Verne, San Dimas, Claremont, and Pomona. Community Services Department has subsidized Get About booklets for \$5 for La Verne residents. Bring a current utility bill (for proof of residency), proof of age or disability, and your Get About Membership. **To register for the program call Community Senior Services at (909) 596-7664 (press "0" to register).**



RIDES AVAILABLE

Weekdays 6:00 AM - 7:30 PM
Saturday 8:30 AM - 5:00 PM
Sunday 7:30 AM - 5:00 PM

TO SCHEDULE A RIDE

Dispatch - (909) 596-5964 (To make trip arrangements)

HILLCREST BUS

Transportation services for all La Verne senior residents. The wheelchair accessible van's main pick-up and drop-off is in front of the flagpole located on the northwest corner of 7th Street and Mountain View Drive. Senior must be capable of traveling independently. There is no service on Saturday or Sunday and the cost is \$2 roundtrip. **Reservations are required by contacting Hillcrest Services at (909) 392-4325.**

GAS PUMPING PROGRAM FOR SENIORS

The program is for those needing assistance with gas pumping, window washing, etc. If interested, please visit the La Verne Community Center, 3680 "D" Street, Monday through Thursday between 8:00 AM and 5:00 PM and pick up a free red placard that identifies you as in need of gas station assistance. Can be used at the participating gas stations:

| | |
|---------------------------|-------------------------|
| Rebel Gas Station | 2510 Foothill Boulevard |
| J.R. Shell Service | 1808 White Avenue |
| Vons Gas | 1600 Foothill Boulevard |



CARE COORDINATION

(Hospital Senior Care Network) Care coordinators assess seniors' needs and match them to the proper resources and services available. **Call (626) 397-3110 for further information.**

SENIOR FOR SENIOR ADOPTION PROGRAM

The Inland Valley Humane Society & S.P.C.A offers a "Senior for Senior" adoption program designed for individuals 65 years of age and over to adopt a senior cat or dog (7 years of age and over) for a discounted adoption fee. **For more information call (909) 623-9777.**

AGINGNEXT

141 Spring St., Claremont, CA 91711
(909) 621-9900
hello@agingnext.org
www.agingnext.org

AGINGNEXT VILLAGE

AgingNext Village is a group of older adults who have come together for the sole purpose of helping each other age at home happily, successfully, and with confidence. When you join the Village, you immediately gain access to a whole new world filled with fun social outings, new friendships, educational speakers, local trips, book clubs, discussion groups and so much more. In addition, the Village also offers services such as rides, a handyman, tech help, etc. **For more information call the AgingNext Village office (909) 621-9900 or visit www.agingnext.org.**

RIDE AND GO VOLUNTEER DRIVER PROGRAM

Ride and Go offers transportation services provided by volunteer drivers that enable seniors and the disabled to maintain their independence. This program allows riders to connect with a volunteer driver. Whether to the doctor, the grocery store, or lunch with friends, our volunteer drivers provide safe and reliable transportation to older adults and the disabled. Mileage reimbursement and secondary auto insurance provided. This is an important service for older adults and the disabled who are unable to take public transportation but need a way to get medical and personal appointments. **For more information, or to be a volunteer driver, please call (909) 621-9900 or visit www.agingnext.org.**

VOLUNTEERS

We are looking for volunteers 55+ who want to make a difference in their community. AgingNext volunteers help our clients thrive at home in many different ways. Delivering meals, providing transportation, helping at a local senior center or police department are just some of the ways our reliable, compassionate volunteers make a difference in our local communities every day. Contact us to become a volunteer. We'll match your skillset or desired activity to our client's needs so you can help seniors age with confidence. **Please call (909) 621-9900 or visit www.agingnext.org.**

CARE PARTNERS

Care Partners are active seniors living on a fixed income that assist homebound seniors living in their own homes or provide respite to family caregivers. Clients and Care Partners can get started with a phone call at (909) 621-9900. Once approved, Care Partners and clients are matched based on a variety of factors. Care Partner volunteers and clients receive the rewards of a caring, supportive relationship. Volunteers receive a small stipend for their services and the client gets much needed assistance and support.

Active Adults - Programs • Activities



Raffle included at the end of each movie!

Movie Matinee

Come and enjoy a FREE movie and light refreshments every 2nd Monday of each month at 12:30 PM.

Located at La Verne Community Center 3680 "D" Street, La Verne, CA. Additionally, everyone in attendance is automatically entered into a raffle! Winners are announced at the end of each movie.

To find out what is playing or for more information, please call (909) 596-8776.

BINGO CALLERS

Our Bingo program is currently searching for additional bingo callers to announce the numbers during our Friday games. **If you are interested or want more information, please contact the Community Center at (909) 596-8776.**



BINGO

La Verne Bingo is better than ever! Bingo is held every Friday from 12:30 PM to 3:00 PM at the Community Center.

It's \$5 for the first pack and \$3 for each additional pack. Payouts are as follows: each regular game is \$50 depending on attendance, one odd and even game is \$100, one 3 face Bingo is \$100, 2 blackouts are \$125 each and the pull tabs are \$125. There are two \$10 intermission prizes. On the last Friday of the month we will have four \$10 prizes.

A total of 10 regular games will be played plus the specials. We have added a power ball to the regular games. If you win on the power ball your payout is increased by the amount at that time. Bring your daubers, as we don't play hard cards. Any person 18 years of age or older is welcome to play!

SENIOR STRUTTERS

If you like to talk and make new friends, come join us Monday, Wednesday, and Friday at 7:00 AM SHARP. Call Anna Grubb at (909) 730-3322 for more information.

FREE LEGAL CONSULTATION

Anna Valiente Gomez, attorney-at-law, will be available to answer questions on an appointment basis from 10:00 AM to 12:00 PM on the 4th Friday of every month. **Appointments generally last around 20 minutes and can be scheduled with the Community Center at (909) 596-8776.** Appointments fill up very fast, so please make sure to call early. Appointments are subject to change.

SENIOR CITIZENS ADVISORY COMMITTEE

Every 3rd Wednesday at 10 AM of the month

The City Council of La Verne established the Senior Citizens Advisory Committee in October 1989. This Committee has been responsible for all of the senior activities, lunch program, many equipment upgrades and beautification projects at the Community Center. We encourage you to attend these public meetings and share your thoughts, ideas, and/or concerns.

For more information on these meetings, please call (909) 596-8776.



TRAIL TREKKER HIKING PROGRAM

Looking for fellow hikers or walkers!

La Verne Trail Trekkers is a city sponsored program, free to join for residents and non-residents. We are a diverse group that offers hikes as often as 5 days a week, from the mountains to the city, the foothills to the beach. Our home base is beautiful Marshall Canyon where we meet every Monday at 8 AM. Friday is always at Puddingstone Lake. Wednesday and Saturday hikes rotate. We are adding Tuesday or Thursday excursions that explore the byways of Southern California. Our adventures usually conclude with coffee (at the Bagelry) or lunch nearby and interest in camping has led to trips to Mammoth, Anza Borrego and the central coast.

For information, contact Julie Cosgrove (jyfcos2@gmail.com) at (909) 592-7984 or find us on Facebook.



Active Adults - Events

Special Events

DISCO

Line Dancing Party!

Thursday, June 29

10:00 AM - 12:00 PM

La Verne Community Center

\$2 fee collected at the door – day of event

Put on your best disco shoes and join us for a Disco Line Dancing Party! Enjoy light refreshments, snacks, photo opportunities, and more! Instructor, Roger Hwang will teach various line dancing techniques and routines to groovy disco tunes! Don't forget to dress up for the occasion! Fees collected go towards all senior programming.

Thank you to our sponsor Kaiser Permanente



LUAU

Line Dancing Party!

Thursday, August 31

10:00 AM - 12:00 PM

La Verne Community Center

\$2 fee collected at the door – day of event

Put on your best luau attire and join us for a Luau Line Dancing Party! Enjoy light refreshments, snacks, photo opportunities, and more! Instructor, Roger Hwang will teach various line dancing techniques and routines to summertime tunes! Don't forget to dress up for the occasion! Fees collected go towards all senior programming.

Thank you to our sponsor TMB Insurance



Senior Seminar Series

Each month, come and learn about a new topic to expand your knowledge!

When: Twice a month at 9:30 AM
on various Wednesdays and Fridays.

Where: La Verne Community Center – 3680 "D" Street
Please RSVP to the Community Center at (909) 596-8776.

June 7th

10 Tips to Boost your Energy

Presented by Humana

June 23rd

Living Better with Arthritis

Presented by Independence at Home

July 12th

Maintain your Brain

Presented by Independence at Home

July 26th

Medicare 101

Presented by Humana

August 9th

Medicare Talk

Presented by HRBC Insurance

August 18th

Medicare

Presented by TMB Insurance

August 23rd

Humana Seminar Presentation

Presented by Humana

New Senior Programs & Events

The .50 cent fee goes towards sustaining the City of La Verne's senior programming.



INTERNATIONAL LINE DANCING

Every Thursday from 10:00 AM - 12:00 PM. Are you a senior who wants to learn line dancing routines to various genres of music or wants a fun workout? Come learn popular line dancing routines to everything from Western, Rock 'n Roll, Swing, Jive & Tango! Instructor Roger Hwang has over 20 years of experience in teaching line dancing! Come line dance, get exercise, improve coordination, and enhance your memory by practicing routines all in one class! A .50 cent fee is required for participation.

GENTLE YOGA FOR SENIORS

It is never too late to start yoga and improve your physical and emotional health! Yoga renews, invigorates and heals the body by stretching and strengthening the muscles, joints, and the spine. If done on a regular basis, it can arrest and even reverse the natural aging process. In this class classic Hatha yoga poses will be taught with modifications and utilization of props, such as blocks and straps, so no unnecessary strain is put on the body. The 60-minute class is at a slower pace and more relaxed and focuses on deep breathing, gentle stretches and holding poses. Each session ends with a guided meditation practice. Please wear comfortable clothing, bring a mat and water to class.

Location: La Verne Community Center, 3680 "D" Street

| Code | Ages | Dates | Day | Time | Fee |
|-----------|------|-------------------|-----|----------------|------|
| 210807-03 | 50+ | June 8 – June 29 | Th | 8:15 – 9:15 AM | \$55 |
| 210807-04 | 50+ | July 13 – July 27 | Th | 8:15 – 9:15 AM | \$45 |
| 210807-05 | 50+ | Aug 10 – Aug 31 | Th | 8:15 – 9:15 AM | \$55 |



ANTIQUE CLOCKWORK

Every Tuesday from 12:00 - 2:30 PM. Classes focus on the repair of antique, key wind clocks. First projects include the complete restoration of an 8-day time and strike movement. Following that, you are welcome to work on a more complicated clock. **Class is ongoing and all basic tools and supplies are provided.** A .50 cent fee is required for participation.



SENIOR SCRAPBOOKING

Last Tuesday of every month from 4:00 - 8:00 PM. Arrive to the program when you can – leave when you must! This group focuses on scrapbooking, online scrapbooking of ancestry & genealogy, and the occasional craft! No instruction or supplies provided for this social group. A .50 cent fee is required for participation.

THE CREATIVE SPACE

Every Wednesday from 10:00 AM - 12:00 PM. Please join us for a place to create, craft, and socialize among others! Come when you can – leave when you must! A .50 cent fee is required for participation.



Active Adults - Meals • Classes

IN-PERSON SENIOR LUNCH

After more than two years of adapted programming, Congregate meals have returned to the Community Center!

Hot nutritious lunches are served to LA County residents at 11:30 AM on Wednesdays and Fridays. Check-in begins at 9:30 AM and meals will be served on a first come, first served basis. Anyone age 60 or over and their spouse, regardless age, may attend the lunch program. All participants must be La Verne residents.

A suggested donation of \$3.00 is greatly appreciated to help offset the cost of the meals. During your first visit you will be asked to complete a short in-take form that includes verification of age.

For more information, please call the Community Center at (909) 596-8776.



WALK-UP, GRAB, AND GO! SENIOR LUNCH

The hours of operation for our Grab & Go Lunch Program are every Thursday 10:00 AM - 12:00 PM.

Lunches will be available for pick-up at the La Verne Community Center every Thursday. In order to ensure the safety of others, we ask that you park your vehicle in a marked/reserved parking space and walk-up to receive your meals.

Grab and Go meals consist of 5 frozen meals, 2 fresh meals and on the side milk, fruit and a variety of snacks are included. For more information or to sign-up please call (909) 596-8776.

MEALS ON WHEELS

Hot lunch delivered by a friendly volunteer to any eligible homebound resident in the San Dimas/La Verne area. Regular and diabetic menus are available.

Meals are delivered Monday thru Friday between 12:00 PM - 1:00 PM and the cost is \$5 per meal. For more information, please call Meals on Wheels at (909) 596-1828.



Summer Semester Classes

June 20 - August 18, 2023

The following classes are being offered at the La Verne Community Center and provided by Mt. San Antonio College School of Continuing Education.

For more information on Mt. San Antonio College classes, please call (909) 274-4192 or visit the college website at www.mtsac.edu or refer to the La Verne Senior Newsletter.

In observance of Holidays classes won't be held on: July 4, 2023.

The following classes are held at the La Verne Community Center.

Registration Support Date: Friday, June 2 10:00 AM - 12:00 PM

BASIC COMPUTING - INTERNET RESEARCH

Fundamental Internet functions including terminology, email, search engines, and research tools.

| Instructor | Day | Time | Dates |
|----------------|-----|--------------------|-------------|
| Laura Espinoza | F | 9:00 AM – 11:50 AM | 6/23 – 8/18 |

MOBILE INFORMATION TECHNOLOGY FOR THE BEGINNER

Introduction to mobile information technology for skills, concepts, and principles to safely and effectively use mobile platform devices and the internet.

| | |
|------------|-------------------|
| Instructor | Vanessa Jones |
| Day | F |
| Time | 1:00 PM – 4:05 PM |
| Dates | 6/23 – 8/18 |



Active Adults - Classes • Clubs

MANAGING AND GROWING YOUR HOME BASED-BUSINESS

Starting a home-based business to become self-employed. Includes basic marketing, finance, and management skills.

| Instructor | Day | Time | Dates |
|------------|-----|-------------------|-------------|
| Ray Tucker | M | 1:00 PM – 4:05 PM | 6/26 – 8/14 |

HEALTHY AGING (AEROBICS)

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness principles to maintain health while aging.

| Instructor | Day | Time | Dates |
|--------------|------|-------------------|-------------|
| Danelle Cole | T&TH | 8:15 AM – 9:35 AM | 6/20 – 8/17 |



HEALTHY AGING - PRINCIPLES OF SLOW MOVEMENT (TAI CHI)

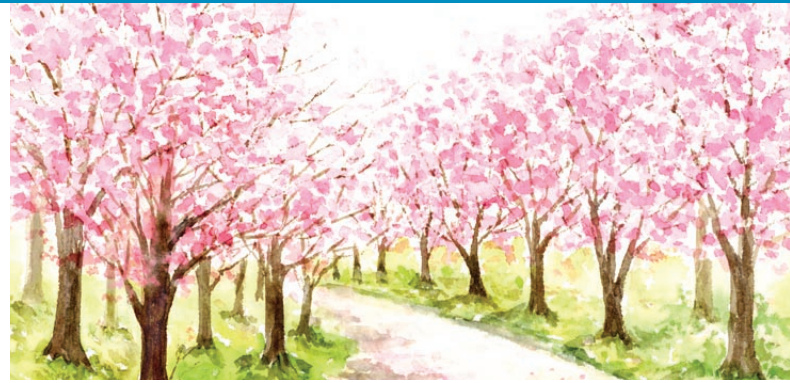
Healthy aging, including diet, nutrition, disease prevention and application of Tai Chi Principles to maintain health while aging for the older adult.

| Instructor | Day | Time | Dates |
|---------------------|-----|-------------------|-------------|
| Raea Figueroa-Darby | TH | 1:00 PM – 2:50 PM | 6/22 – 8/17 |

HEALTHY AGING - FALL PREVENTION, BALANCE AND MOBILITY

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

| Instructor | Day | Time | Dates |
|------------|------|-------------------|-------------|
| Yamil Slim | T&TH | 1:30 PM – 2:20 PM | 6/20 – 8/17 |



WATERCOLOR PAINTING

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

| Instructor | Day | Time | Dates |
|-------------|-----|--------------------|-------------|
| Kelly Conte | T | 9:00 AM – 11:50 AM | 6/20 – 8/15 |
| Ray Tucker | F | 12:55 PM – 4:00 PM | 6/23 – 8/18 |

DRAWING – BEGINNING-ADVANCED

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

| Instructor | Day | Time | Dates |
|------------|-----|--------------------|-------------|
| Ray Tucker | TH | 8:55 AM – 12:00 PM | 6/22 – 8/17 |

HOME GARDENING

This course will include lectures, demonstrations, and hands-on experience in organic gardening, indoor plants, introduction to bonsai, fruit orchards, traditional gardening, and information on pesticides.

| Instructor | Day | Time | Dates |
|----------------|-----|-------------------|-------------|
| Benjamin Brown | T | 1:00 PM – 2:50 PM | 6/20 – 8/15 |

SEWING AND DESIGN

Course will present basic sewing techniques for mass production as well as one of a kind creations. Students will receive a supply list at the first class meeting. Quilting Emphasis.

| Instructor | Day | Time | Dates |
|--------------------|-----|--------------------|-------------|
| Susan Stringfellow | M | 9:00 AM – 11:50 AM | 6/26 – 8/14 |
| Susan Stringfellow | M | 12:30 PM – 3:35 PM | 6/26 – 8/14 |

SEWING AND TAILORING 1

Patternmaking and garment fitting with flat pattern and draping methods, learned through process of creating a personal fitting form.

| Instructor | Day | Time | Dates |
|--------------------|-----|--------------------|-------------|
| Susan Stringfellow | W | 9:00 AM – 12:05 PM | 6/21 – 8/16 |

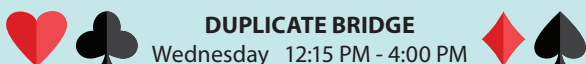
SEWING AND TAILORING 2

Haute couture garment construction, including couture tailoring techniques for inner structure, finishing, and achieving superior overall appearance.

| Instructor | Day | Time | Dates |
|--------------------|-----|--------------------|-------------|
| Susan Stringfellow | W | 12:30 PM – 3:35 PM | 6/21 – 8/16 |

SENIOR CLUBS/COMMITTEES

SENIOR CITIZENS ADVISORY COMMITTEE
3rd Wednesday 10:00 AM – 11:30 AM





Inclusion FOR OUR SPECIAL NEEDS POPULATION



SUMMER INCLUSION INFORMATION

**UNLESS OTHERWISE NOTED,
ALL CLASSES HELD AT:
COMMUNITY CENTER**
3680 "D" Street

Inclusion for Residents with
Special Needs In La Verne

MISSION STATEMENT

Partner to provide full community inclusion
for people with disabilities in all facets of
community life.

INCLUSION ADVISORY GROUP

The Inclusion Advisory Group, which was
formed in 2004, meets to discuss ways
to make sure people with disabilities are
represented in community activities and to
look for new ways to make current services
more accessible. **If interested in sharing
ideas and adding to our community,
please call (909) 596-8776.**

DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S GROWTH OR BEHAVIOR?



211 LA County can conduct a FREE developmental screening over the phone for
children birth to five years of age to see how your child is learning, behaving, or
growing for his or her age.

Dial 2-1-1 and ask to get a developmental screening for your child. You will be
connected to a 2-1-1 Care Coordinator who will interview you using a parent
questionnaire and who will provide hands-on and follow-up assistance in connecting
to needed intervention services in Los Angeles County.

**Call 2-1-1 or visit www.211LA.org for free help or information. It is available 24/7
and in all languages.**

RESOURCES

| | |
|---|--|
| Ability First | www.abilityfirst.org |
| ADD/ADHD | www.chadd.org |
| Assistive technology | www.atia.org/14a |
| Autism Speaks | www.autismspeaks.org |
| Epilepsy Foundation | www.epilepsyfoundation.org |
| Facts about many disabilities | www.parentcenterhub.org |
| Facts about special education | www.specialeducationadvisor.com |
| Free Legal Advice | www.disabilityrightsca.org |
| Learning Disability Society | www.idaamerica.org |
| National Alliance for the Mentally Ill | www.namicalifornia.org |
| National Organization for Rare Diseases | www.rarediseases.org |
| Parent Grief | www.pediatricservices.com |
| Sensory Processing Disorder | www.spdfoundation.net |
| The Parents' Place Resource Center | www.parentsplacefrc.org |

CAPTIONED THEATRE MOVIES AT REGAL CINEMAS, LA VERNE

Closed caption & descriptive audio at Edwards La Verne Stadium 12. Check Regal for
show times. A great program for anyone with hearing loss! The following are the other
participating theaters:

AMC Ontario Mills 30 4549 Mills Circle, Ontario
AMC Covina 30 1414 N. Azusa Avenue, Covina

SPORTS - AYSO VIP PROGRAM

(American Youth Soccer Organization)



AYSO's VIP program provides a quality soccer experience for children and
adults whose physical or mental disabilities make it difficult to successfully
participate on mainstream teams. VIP teams include players who are blind or visually
impaired, amputees, mentally or emotionally challenged, Autistic, Downs Syndrome,
Cerebral Palsy, etc. **If you are interested in participating as a volunteer or know
someone who would enjoy participating as a player, please visit the AYSO website at
www.ayso112.org.**

Inclusion FOR OUR SPECIAL NEEDS POPULATION

IMPACT PROGRAM

The IMPACT program is a broad-based, multi-disciplinary curriculum intended to meet the wide variety of educational needs presented by individuals with developmental disabilities. **IMPACT** = Independent living skills, Mobility training, Physical health and safety, Advocacy for self, College and career, and Technology training provided by Mt. San Antonio College. For more information on Mt. San Antonio classes, please call (909) 274-4192 or visit the college website at www.mtsac.edu.

Registration Support Date: Friday, June 2 10:00 AM - 12:00 PM

INDEPENDENT LIVING SKILLS

INDEPENDENT LIVING SKILLS

MEMORY BUILDING SKILLS

Memory building skills for students with developmental disabilities.

| Instructor | Day | Time | Dates |
|--------------|-----|--------------------|-------------|
| Jennifer Luu | W | 9:00 AM - 11:50 AM | 6/21 - 8/16 |



INDEPENDENT LIVING SKILLS - PERSONAL CARE

Daily living skills in personal care.

| Instructor | Day | Time | Dates |
|----------------|-----|--------------------|-------------|
| Laura Espinoza | M | 9:00 AM - 11:50 AM | 6/26 - 8/14 |

INTERACTING WITH EMERGENCY PERSONNEL

INTERACTING WITH EMERGENCY PERSONNEL AND AUTHORITIES

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and victimization.

| Instructor | Day | Time | Dates |
|----------------|-----|-------------------|-------------|
| Yasmin Cardona | F | 1:00 PM - 4:05 PM | 6/23 - 8/18 |

For more information on Mt. San Antonio College classes please call (909) 274- 4192 or visit the college website at www.mtsac.edu or refer to the La Verne Senior Newsletter.



A Special Luau Dance for People with Special Needs

Friday, August 11, 2023 5:00 - 9:00 PM

La Verne Community Center, 3680 "D" Street, La Verne, CA 91750

Inviting all families to join us for this fun and FREE event!

Participants will enjoy music provided by a DJ, a photo booth, live entertainment, food, refreshments, and a chance to party with their peers!

For more information, call the Community Center at (909) 596-8776.

Sponsored by: The City of La Verne & the Order of the Alhambans.



SPECIAL OLYMPICS SOUTHERN CALIFORNIA

Special Olympics Southern California has been changing lives through the power of sport for more than 40 years. Special Olympics offer opportunities for children (8 and older) and adults with intellectual disabilities to participate in year-round sports training and competition at no cost to the athlete.

**Visit our web page at
www.sosc.org**

**Call (909) 319-7693 or
email revans@sosc.org for
more information about how to
compete, volunteer, coach or donate.**



REGISTRATION INFORMATION

MAIL-IN AND ONLINE REGISTRATION:

Begins 8:00 AM, Monday, May 15

WALK-IN REGISTRATION:

Begins 8:00 AM, Monday, May 22

We are happy to accommodate our special needs participants. If you will need additional services, please contact the office at (909) 596-8700 prior to your visit.

CLASS SESSIONS

When registering, please indicate the time and session you would like for each child. Exact codes can be found online at www.cityoflaverne.org

Monday - Friday class sessions: \$65 per 2-week session

Session #1: June 12 – June 23

Session #2: June 26 – July 7 **No Class:** 7/4 (Fee \$58)

Session #3: July 10 – July 21

Session #4: July 24 – August 4

Session #5: August 7 – August 18

A portion of one day's class will be dedicated to learning pool safety and practicing techniques. Participation certificates will be awarded. Classes must have a minimum of 4 students and may be cancelled if the minimum is not met. If child's skill is not suitable for the level, they may be dropped from the class for a full refund.

REFUNDS

Enrollees may attend one class and drop without penalty, except for a \$10 handling charge, provided enrollees contact the Community Services Office within 24 hours after the first class. Notification of cancellation received by the Community Services Office more than 2 business days after the start of the class will result in NO REFUND being issued. No requests for refunds and/or transfers will be accepted at the Aquatics Center.

Partial refunds may be granted for medical reasons provided that a note from the doctor is submitted to the Community Services Office no later than two (2) working days after the child's first missed class. Requests for refunds received after two working days will not be granted.

PRIVATE LESSON POLICY: Lesson must be cancelled at least three (3) working days before the lesson in order to receive a refund minus a \$10 handling charge. Participants requesting refunds less than three (3) working days will receive a refund minus a \$25 handling charge. Participants requesting refunds within 24 hours after the first lesson will receive a refund minus a \$35 handling charge (whether the participant took lesson or not). Refunds will NOT be accepted after the second class.

In case the pool needs to be closed due to circumstances beyond the City's control, any missed class time will either be rescheduled by adding a few minutes to each remaining class or, if it is impossible for classes to be rescheduled, vouchers will be issued redeemable for any recreation activity before December 31, 2023. Vouchers will not be honored after expiration date. No refunds will be processed.

AQUATIC CLASSES

PARENT AND ME 3 to 36 months

Develops swimming readiness with an adult instructor. Adults must be 18 years or over. Depending on age and ability, child will learn to blow bubbles, kick feet, and hold on to kickboard.

| Code | Times | |
|--------|---------------------|-------------------|
| 211401 | 10:30 AM – 11:00 AM | 5:30 PM – 6:00 PM |
| | 12:00 PM – 12:30 PM | 6:10 PM – 6:40 PM |

WATER TOTS 3 to 5 years

This introductory class helps children learn to adapt to the aquatics environment while receiving support from the instructor. Skills include going under water, floating, and playing aquatic games. Class is taught on and around the shallow end steps.

| Code | Times | |
|--------|---------------------|-------------------|
| 211402 | 9:45 AM – 10:15 AM | 5:30 PM – 6:00 PM |
| | 10:30 AM – 11:00 AM | 6:10 PM – 6:40 PM |
| | 11:15 AM – 11:45 AM | 6:50 PM – 7:20 PM |
| | 12:00 PM – 12:30 PM | |



CLASS/POOL INFORMATION

- ◆ All children who are NOT potty-trained MUST wear swimming diapers. No water shoes allowed.
- ◆ Children 11 years and under AND non-swimmers must be accompanied by an adult (18 or older) at all times. If the pool manager deems a participant unable to follow the pool rules and regulations, or communicate effectively with the aquatics staff, the City may require participants to be accompanied by an individual who can communicate with both the participant and staff and who will stay within close proximity of the participants.
- ◆ Absolutely no alcoholic beverages, drugs, persons under the influence of alcohol or drugs, or loitering are allowed in the Aquatics Center.
- ◆ Anyone found not obeying the rules and regulations may be asked to leave the pool enclosure for the day. If inappropriate behavior continues, participants may be prohibited for the rest of the pool season. If a participant(s) is asked to leave, no refunds will be given.
- ◆ Anyone causing foreign materials to enter the water may be asked to leave the pool for the remainder of the season and/or may be fined up to \$1,000.
- ◆ Please pick up children promptly; the Aquatics Center Staff is not responsible for children left unattended outside the pool enclosure.

LEVEL I WATER EXPLORATION

4 to 16 years

Class will acclimate students to the aquatic environment by helping them work towards independently floating and kicking on their front and back, alternating arm and leg action on front and back, and water safety rules. **Prerequisite:** Students should be able to independently push off the wall towards an instructor, use combined arm and leg action on front and back with support, front and back floats, and be willing to submerge eyes, nose, and mouth in the water.

| Code | Times | |
|--------|---------------------|--------------------|
| 211403 | 9:45 AM – 10:15 AM | 12:45 PM – 1:15 PM |
| | 10:30 AM – 11:00 AM | 5:30 PM – 6:00 PM |
| | 11:15 AM – 11:45 AM | 6:10 PM – 6:40 PM |
| | 12:00 PM – 12:30 PM | 6:50 PM – 7:20 PM |



AQUATIC CLASSES

LEVEL II PRIMARY SKILLS

4 to 16 years

Students will expand on their fundamental knowledge of movement in the water. Students will work towards independently swimming front crawl and backstroke for 20 yards as well as front and back glides, changing direction while swimming, and continuing water safety. **Prerequisite:** Students should be able to independently complete the following skills prior to enrolling in Level II: submerge nose, mouth, and eyes in the water, front and back glide from the wall, front and back float independently, front crawl (10 yards), backstroke (10 yards), and bobbing.

| Code | Times | |
|--------|---------------------|--------------------|
| 211404 | 9:45 AM – 10:15 AM | 12:45 PM – 1:15 PM |
| | 10:30 AM – 11:00 AM | 5:30 PM – 6:00 PM |
| | 11:15 AM – 11:45 AM | 6:10 PM – 6:40 PM |
| | 12:00 PM – 12:30 PM | 6:50 PM – 7:20 PM |
| | | |

LEVEL III PRIMARY SKILLS

4 to 16 years

Students will increase their skill competency and endurance by learning side breathing on front crawl, elementary backstroke, dolphin kick, diving and treading water as well as continue water safety knowledge. Students will also learn head first entry from a sitting and kneeling position. **Prerequisite:** Before enrolling in Level III, students should be able to independently swim 20 yards of front crawl and backstroke. Additionally, they should independently be able to glide on front and back, float on front and back, and change directions while swimming.

| Code | Times | |
|--------|---------------------|--------------------|
| 211405 | 9:45 AM – 10:15 AM | 12:45 PM – 1:15 PM |
| | 10:30 AM – 11:00 AM | 5:30 PM – 6:00 PM |
| | 11:15 AM – 11:45 AM | 6:10 PM – 6:40 PM |
| | 12:00 PM – 12:30 PM | 6:50 PM – 7:20 PM |
| | | |

LEVEL IV STROKE DEVELOPMENT

4 to 18 years

Students will develop confidence, competency, and endurance in all strokes (front crawl, backstroke, breaststroke, butterfly, elementary backstroke, and sidestroke), and become familiar with treading water and CPR. Students will also learn head first entry from a standing position. **Prerequisite:** To enroll in Level IV, student should be able to independently swim at least 25 yards of each stroke: front crawl with rotary/side breathing, backstroke, elementary backstroke, and butterfly kick. Student should also know how to enter the water head first from a sitting and kneeling position, change direction when swimming, and retrieve an object from the bottom of the pool.

| Code | Times | |
|--------|---------------------|--------------------|
| 211406 | 9:45 AM – 10:15 AM | 12:45 PM – 1:15 PM |
| | 10:30 AM – 11:00 AM | 5:30 PM – 6:00 PM |
| | 11:15 AM – 11:45 AM | 6:10 PM – 6:40 PM |
| | 12:00 PM – 12:30 PM | 6:50 PM – 7:20 PM |
| | | |

COMPETITIVE SWIM

4 to 18 years

Students in Competitive Swim will refine their strokes and develop efficiency and endurance for all strokes (front crawl, backstroke, elementary backstroke, breaststroke, butterfly and side stroke). Students will develop introductory springboard skills, practice alternate breathing, review & strengthen basic water safety skills and in water rescue techniques. **Prerequisite:** To enroll in Comp Swim, students should be able to independently complete the following skills: swim at least 50 yards of each stroke (front crawl with rotary/side breathing, backstroke, butterfly, breaststroke, and elementary backstroke); dive from side of pool in standing position; change direction when swimming and tread water with two different kicks.

| Code | Times | |
|--------|---------------------|-------------------|
| 211407 | 11:15 AM – 11:45 AM | 6:50 PM – 7:20 PM |

GATORS SWIM TEAM

Come join the City of La Verne's Swim Team! The team's focus is learning race skills while building technique, having fun and being coachable. It is a confidence building environment where kids can have a positive start into competitive swimming. Swimmers will work on all 4 strokes, with emphasis on kicking, breathing, and racing skills. Swimmers are encouraged to purchase additional equipment to help with training. Coach will advise on what equipment is needed. Each participant must meet certain swim requirements to join the program such as being able to swim 50 yards freestyle backstroke unassisted. Swimmers not meeting those requirements will be given a full refund. **No practice held July 3 - July 6.**

Coach: Dillon Unsoeld & Jessica Argelander
Location: La Verne Aquatics Center, 3175 Bolling

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|---------------------|-------|
| 211415-01 | 5 – 17 | 6/12 – 7/13 | M-TH | 7:30 AM – 9:00 AM & | \$250 |
| | | 7/17 – 8/10 | | 2:30 PM – 4:00 PM | |



WEEKLY PRIVATE SWIM LESSONS

For Private Lessons that run for the weeks of JUNE 12 to JULY 10 registration begins Tuesday, May 16, at 8:30 AM.

For Private Lessons that run for the weeks of JULY 17 to AUGUST 14 registration begins Monday, June 26, at 8:30 AM.

Register at the Community Services Office. No on-line, mail in, drop-box, or fax-in registrations will be accepted. NO EXCEPTIONS!

One-on-one instruction set up with the instructor of your choice. Participants may discuss their individual needs with the instructor at the first lesson.

The City will be offering free private swim lessons for those with special needs. Unfortunately, we are unable to accept applicants with a tracheotomy. Gastronomy tubes are okay. To apply for a free, week-long session, contact the Community Services Department at (909) 596-8700.

The following classes are offered weekly starting June 12:

| Ages | Days | Time | Fee |
|------|------|-------------------|-------|
| 3+ | M-F | 8:20 AM – 8:50 AM | \$107 |
| 3+ | M-F | 9:00 AM – 9:30 AM | \$107 |
| 3+ | M-F | 1:25 PM – 1:55 PM | \$107 |
| 3+ | M-TH | 4:00 PM – 4:40 PM | \$107 |
| 3+ | M-F | 4:50 PM – 5:20 PM | \$107 |

Please check with the Community Services Office for instructor and time availability.

MAKE-UP POLICY: If you cannot attend one class, please speak with your instructor about rescheduling BEFORE the absence to make up the class. Only 1 class may be made up per 1-week session. If you don't speak with the instructor BEFORE your absence, the class WILL NOT BE rescheduled or refunded.

NO-SHOW POLICY: Instructor will wait 10 minutes. If participant does not call or arrive within 10 minutes of class time, class will be cancelled and no make-up class or refund will be approved.

GATORS WATER POLO

The Gators Water Polo team is for boys and girls ages 8 – 14. All levels are welcome, from beginners to more advanced players. The goals of the team are to teach eggbeater (treading water), head up and head down freestyle, ball handling skills, dribbling skills, passing technique, and other fundamentals of the sport. The larger goals are for athletes to be coachable, encourage teamwork, and create good character while having fun learning a great sport. The team will be coached by Bonita High School Water Polo Coaches. Athletes must bring goggles. Girls must wear one-piece suits and boys must wear Speedo's or Jammers. No board shorts or rash guards. **No practice held July 3 - July 6.**

Coach: Dillon Unsoeld & Olga Quiroz

Location: La Verne Aquatics Center, 3175 Bolling

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|-------------|-----------|---|-------|
| 211409-01 | 8 – 14 | 6/13 – 7/13 | T-TH S | 2:00 PM – 4:00 PM & 9:00 AM – 11:00 AM | \$250 |

ADULT OPEN LAP SWIM

Participants 16 and 17 may swim with pool manager's approval. No one under the age of 16 will be allowed in the lap swim lanes, allowed to free swim, or allowed to play on the deck while adults are swimming.

NOTE: Lap swimmers may have to use the shallow end of the pool and/or may have to share lanes. Fees are payable at the pool. Cash only. **All participants are required to sign a waiver daily before use. Those under the age of 18 will need to have a parent/guardian sign a waiver before use. No Lap Swim July 4.**

| Ages | Dates | Days | Time | Fee |
|------|-------------|------|--------------------|-----|
| 16+ | 6/12 – 8/18 | M-F | 8:30 AM – 11:00 AM | \$5 |
| 16+ | 6/12 – 8/18 | M-F | 4:30 PM – 7:20 PM | \$5 |

RECREATION SWIMMING

Want to keep cool this summer? Join us for some cool, wet fun during recreation swim. Concessions available during regular recreation swim hours. **All participants are required to sign a waiver daily before use. Those under the age of 18 will need to have a parent/guardian sign a waiver before use.**

| Dates | Days | Time | Fee |
|-------------|------|-------------------|------------|
| 6/17 – 8/19 | F | 2:00 PM – 4:30 PM | \$5/person |

FAMILY NIGHT SWIM

The La Verne Aquatics Center will be open to the public on select Saturdays this summer! Come join us for some family fun and evening swimming! Concessions will be available for purchase. **All participants are required to sign a waiver daily before use. Those under the age of 18 will need to have a parent/guardian sign a waiver before use.**

| Theme | Dates | Days | Time | Fee |
|----------------|-------|------|-------------------|------------|
| Pirate Theme | 6/24 | S | 4:00 PM – 7:30 PM | \$5/person |
| Hawaiian Theme | 7/29 | S | 4:00 PM – 7:30 PM | \$5/person |

GATORS WATER POLO (HIGH SCHOOL)

The gators water polo High School group is for high school water polo athletes coming to or already enrolled in Bonita High School. The goal of this course is to develop and improve on the fundamental skill set of each athlete. These skill sets include individual and team offensive and defensive tactics, swimming, passing, shooting, and film study. There are additional fees that will be paid which cover the cost of games and suits. **No practice held July 3 - July 6.**

Coach: Dillon Unsoeld & Olga Quiroz

Location: La Verne Aquatics Center, 3175 Bolling

| BOYS | | Code | Dates | Days | Time | Fee |
|-------|--|-----------|-------------|-------------|---|-------|
| | | 211409-02 | 6/13 – 7/13 | T & TH S | 2:00 PM – 4:00 PM & 9:00 AM – 12:00 PM | \$250 |
| GIRLS | | Code | Dates | Days | Time | Fee |
| | | 211409-03 | 6/13 – 7/13 | M & W F | 2:00 PM – 4:00 PM & 5:30 AM – 7:30 AM | \$250 |



ADULT FITNESS

YOGALATES

Yoga teaches us excellent health with the physical benefits of increased flexibility and stamina, builds strength, creating a toned body, slender arms and this, improves muscle elasticity, joint mobility, balance and concentration, improves circulation, promotes relaxation, benefits internal organs and glands. Pilates develops a strong core or center of the body-flat abdominals. It alleviates back pain and other chronic ailments.

Instructor: Victoria Galvez

Location: La Verne Community Center, 3680 D Street

| Code | Ages | Dates | Day | Time | Fee |
|-----------|------|-------------------|-----|---------------------|------|
| 220605.01 | 18+ | June 9 – June 23 | F | 11:00 AM – 12:00 PM | \$35 |
| 220605.02 | 18+ | July 14 – July 28 | F | 11:00 AM – 12:00 PM | \$35 |
| 220605.03 | 18+ | Aug 11 – Aug 25 | F | 11:00 AM – 12:00 PM | \$35 |

YOGA AND MEDITATION

The Hatha yoga practice benefits the entire body. It employs gentle warm up movements, standing stretches in flow style and longer/deeper holding postures standing or seated. The benefits of practicing yoga are numerous, including increased strength and flexibility, improved balance, posture, and stamina, and by reducing stress it allows you to surrender and to be your best self. Ideal for beginning and intermediate students. Bring a yoga mat and water to class. **No Class:** 8/7

Location: La Verne Community Center, 3680 D Street

| Code | Ages | Dates | Day | Time | Fee |
|-----------|------|------------------|-----|-------------------|------|
| 210807-01 | 18+ | June 5 – June 26 | M | 6:30 PM – 7:30 PM | \$55 |
| 210807-02 | 18+ | July 17 – Aug 28 | M | 6:30 PM – 7:30 PM | \$80 |

JAZZERCISE

Jazzercise is an inclusive woman-owned fitness company dedicated to helping people live healthier, happier lives. We believe that working out is about more than looking great, it's about feeling great. The program fuses dance cardio and strength training into one 60 minute, heart pounding sweat session. For more information or sign-ups for monthly unlimited classes visit www.jazzercise.com.

Instructor: Sherry & Dina

Location: La Verne Community Center Large Meeting Room

Fee: \$25/1 class | \$79/month

| Code | Ages | Dates | Day | Time |
|------|------|---------|-------------|-------------------|
| | 18+ | Ongoing | M, T, W, TH | 6:15 PM – 7:15 PM |

GENTLE YOGA FOR SENIORS

It is never too late to start yoga and improve your physical and emotional health! Yoga renews, invigorates and heals the body by stretching and strengthening the muscles, joints, and the spine. If done on a regular basis, it can arrest and even reverse the natural aging process. In this class classic Hatha yoga poses will be taught with modifications and utilization of props, such as blocks and straps, so no unnecessary strain is put on the body. The 60-minutes class is at a slower pace and more relaxed and focuses on deep breathing, gentle stretches and holding poses. Each session ends with a guided mediation practice. Please wear comfortable clothing, bring a mat and water to class.

Location: La Verne Community Center, 3680 D Street

| Code | Ages | Dates | Day | Time | Fee |
|-----------|------|-------------------|-----|----------------|------|
| 210807-03 | 50+ | June 8 – June 29 | TH | 8:15 – 9:15 AM | \$55 |
| 210807-04 | 50+ | July 13 – July 27 | TH | 8:15 – 9:15 AM | \$45 |
| 210807-05 | 50+ | Aug 10 – Aug 31 | TH | 8:15 – 9:15 AM | \$55 |



Adult Sports / Community Sports



ADULT SPORTS

*All participants must be registered prior to the deadline.
Those not registered will not be allowed to participate.*

WOMEN'S 30+ THURSDAY NIGHT SOCCER LEAGUE

This is a recreational soccer league for the 30+ player intent on developing and maintaining skills, camaraderie and good health. A player must agree to play non-contact soccer. Experienced players are expected to participate as teachers and friends. Players will be assigned to a team for the 9 game season. Priority will be given to La Verne residents, beginning players, players returning from injuries, and returning league players. Please call if you are late registering so we can add you to our list. **Dates may be adjusted by weather/field conditions.**

Register at: Community Services, 3660 "D" Street
Age: 30 +
Location: Wheeler Park, 1499 Palomares Avenue
Game Times: 7:00 PM – 8:20 PM

Summer 2023

Registration: May 22 – June 18 OR until league is full, whichever occurs first
Code: 221607-01
Games Begin: June 22, 2023
Fee: \$50/9 game session

Fall 2023

Registration: August 14 – September 17 OR until league is full, whichever occurs first
Code: 221607-02
Games Begin: September 21, 2023
Fee: \$50/9 game session

5 ON 5 ADULT BASKETBALL

Register at: Community Services, 3660 "D" Street
Age: 16 +
Location: Bonita High School Gym, 3102 "D" Street
Game Times: 1:00 PM – 9:00 PM
Awards: Individual awards and team trophy will be given out to the league champions and runners-up.

Summer 2023

Registration: June 19 – July 25 OR until league is full
Code: 221602-01
Games Begin: Sunday, July 30 & runs for 10-weeks of league play
Fee: \$300 per team plus a \$30 referee's fee paid before each game at the gym.

COMMUNITY SPORTS INFORMATION

LA VERNE/SAN DIMAS AYSO

The La Verne/San Dimas region of the American Youth Soccer Organization (AYSO) is open to all boys and girls between the ages of 5 to 18. For further information on AYSO, please visit their website at www.AYSO112.org.

LA VERNE LITTLE LEAGUE BASEBALL

This is a great opportunity for children ages 5-14 (as of April 30) to learn teamwork and sportsmanship, as well as develop their baseball skills. For more information, applications, or updates, please visit La Verne Little Leagues web site at www.lavernelittleleague.com.

LA VERNE GIRLS' SOFTBALL ASSOCIATION

Softball for girls ages 6 through 14 years. Please visit our website at www.laverneasa.com for up-to-date information, or call our league hotline at (909) 593-7597.

LA VERNE/SAN DIMAS POP WARNER YOUTH FOOTBALL & CHEERLEADING

Youth tackle football and cheer program for boys and girls age 7 through 15. For further information visit our website at www.LVSDpopwarner.org.

LA VERNE LAZERS SOCCER CLUB

A competitive soccer club for boys and girls ages 9 to 17. If interested or for more information, please visit our website at www.lvlazers.org.

LA VERNE TENNIS ASSOCIATION

This Association is designed for intermediates and advanced players to promote regular tennis play between members with the same abilities. We meet every Saturday at Bonita High School at 8:00 AM and play 3 full sets with rotation of partners on the courts. An annual membership fee of \$55 that covers the tennis balls that we supply for each match. Applications are accepted throughout the year for adults 18 and over.

For further information contact Robin Carder at (909) 593-6285.



Tennis



TENNIS ANYONE

Instructor: Steve Kronseder

Location: Las Flores Tennis Courts, 3175 Bolling Avenue

**Tennis shoes and tennis racquet required.*

PEE WEE JR TENNIS LESSONS

Is your young child tired of watching the big kids have all the tennis fun? Well, now there's a group just for the Pee Wees! This clinic is the perfect tennis intro. Students will learn the basics of the forehand, backhand, volley, and serve in a coordination building, fitness friendly, fun atmosphere. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime.

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|-------------|------|----------------|-------|
| 210501-01 | 3-6 | 6/26 – 7/17 | M | 4:15 – 5:00 PM | \$149 |
| 210501-02 | 3-6 | 6/29 – 7/20 | TH | 4:15 – 5:00 PM | \$149 |
| 210501-03 | 3-6 | 7/24 – 8/14 | M | 4:15 – 5:00 PM | \$149 |
| 210501-04 | 3-6 | 7/27 – 8/17 | TH | 4:15 – 5:00 PM | \$149 |
| 210501-05 | 3-6 | 8/21 – 9/11 | M | 4:15 – 5:00 PM | \$149 |
| 210501-06 | 3-6 | 8/24 – 9/14 | TH | 4:15 – 5:00 PM | \$149 |

JR TENNIS ACADEMY – BEGINNERS THROUGH INTERMEDIATE

The focus of the Jr. Tennis Academy Beginning through Intermediate is on learning the 4 major strokes of the game in a dynamic, high energy, fitness friendly, fun-filled atmosphere. Students are tested to reach mastery on 3 different levels in this group. Beginners ages 14-17 should start in the Junior Tennis Academy Intermediate to Advanced.

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|-------------|------|----------------|-------|
| 210502-01 | 7-13 | 6/26 – 7/17 | M | 5:00 – 6:00 PM | \$149 |
| 210502-02 | 7-13 | 6/29 – 7/20 | TH | 5:00 – 6:00 PM | \$149 |
| 210502-03 | 7-13 | 7/24 – 8/14 | M | 5:00 – 6:00 PM | \$149 |
| 210502-04 | 7-13 | 7/27 – 8/17 | TH | 5:00 – 6:00 PM | \$149 |
| 210502-05 | 7-13 | 8/21 – 9/11 | M | 5:00 – 6:00 PM | \$149 |
| 210502-06 | 7-13 | 8/24 – 9/14 | TH | 5:00 – 6:00 PM | \$149 |

JR TENNIS ACADEMY – INTERMEDIATE THROUGH ADVANCED

The Jr. Tennis Academy Intermediate through Advanced group is for students that have attained all 3 mastery levels in the Beginning Academy or are coming in with proper form on their ground strokes. This is a high energy, fitness challenging, tennis program designed to bring students to a level where they have the tools to start playing matches. Beginning students ages 14-17 should start in this group.

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|-------------|------|----------------|-------|
| 210503-01 | 7-17 | 6/26 – 7/17 | M | 6:00 – 7:00 PM | \$149 |
| 210503-02 | 7-17 | 6/29 – 7/20 | TH | 6:00 – 7:00 PM | \$149 |
| 210503-03 | 7-17 | 7/24 – 8/14 | M | 6:00 – 7:00 PM | \$149 |
| 210503-04 | 7-17 | 7/27 – 8/17 | TH | 6:00 – 7:00 PM | \$149 |
| 210503-05 | 7-17 | 8/21 – 9/11 | M | 6:00 – 7:00 PM | \$149 |
| 210503-06 | 7-17 | 8/24 – 9/14 | TH | 6:00 – 7:00 PM | \$149 |

ADULT TENNIS LESSONS – BEGINNING THROUGH INTERMEDIATE

The Adult Tennis Lessons are for Adult players that are just getting started or who are playing at an intermediate level. These lessons give the “big kids” an opportunity to work on improving their skills while getting a great workout and making new friends. Students will train on level appropriate skills from learning ground strokes to volleys and serves.

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|-------------|------|----------------|-------|
| 250501-01 | 18+ | 6/26 – 7/17 | M | 7:10 – 8:10 PM | \$149 |
| 250501-02 | 18+ | 6/29 – 7/20 | TH | 7:10 – 8:10 PM | \$149 |
| 250501-03 | 18+ | 7/24 – 8/14 | M | 7:10 – 8:10 PM | \$149 |
| 250501-04 | 18+ | 7/27 – 8/17 | TH | 7:10 – 8:10 PM | \$149 |
| 250501-05 | 18+ | 8/21 – 9/11 | M | 7:10 – 8:10 PM | \$149 |
| 250501-06 | 18+ | 8/24 – 9/14 | TH | 7:10 – 8:10 PM | \$149 |



BASKETBALL FUNDAMENTALS

YOUTH EVOLUTION BASKETBALL CLASSES

Instructor: Youth Evolution Activities

Location: Lowell Brandt Park • 7201 Stephens Ranch Road, La Verne

LEVEL 1

Learn movement skills, fundamental concepts of basketball, and build overall motor skills. The program focuses on technique using activities that subsequently help build on each other, helping the children to gradually increase their ability to do the basic skill to help them play the sport of basketball.

| Code | Age | Dates | Days | Time | Fee |
|-----------|-----------|-------------|------|-------------------|------|
| 210302-01 | 3.5 – 4.5 | 6/9 – 6/30 | F | 6:20 PM – 6:50 PM | \$94 |
| 210302-04 | 3.5 – 4.5 | 7/21 – 8/11 | F | 6:20 PM – 6:50 PM | \$94 |

LEVEL 2

This class will focus on dribbling, passing, shot techniques, and teamwork. Adjustable hoops and appropriately sized basketballs are used to provide just the right amount of challenge. We'll explore the joys of the game of basketball using a variety of games and activities to improve your child's skill level.

| Code | Age | Dates | Days | Time | Fee |
|-----------|-------|-------------|------|-------------------|------|
| 210302-02 | 5 – 7 | 6/9 – 6/30 | F | 5:30 PM – 6:15 PM | \$94 |
| 210302-05 | 5 – 7 | 7/21 – 8/11 | F | 5:30 PM – 6:15 PM | \$94 |

LEVEL 3

This class is designed to improve large motor skills, spatial awareness, and teamwork with more focus on agility. Drills become a bit more advanced and are designed to teach children how to perform under pressure from the clock and from their opponents. Drills are focused on more complex activities that include fast breaks, coordinated offensive plays, and multiple defensive structures. Your child will now learn explosive plays, improve their footwork, and develop their range and accuracy of shooting.

| Code | Age | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|-------------------|------|
| 210302-03 | 8 – 11 | 6/9 – 6/30 | F | 4:45 PM – 5:30 PM | \$94 |
| 210302-06 | 8 – 11 | 7/21 – 8/11 | F | 4:45 PM – 5:30 PM | \$94 |

BASKETBALL CAMPS

Using our progressive curriculum and focusing on the whole player, this one-week basketball camp will teach your child the skills they need both on and off the court. Our coaches will focus on respect, teamwork and responsibility. We will start each day with a "skill of the day" and progress to drills and games, making this an unforgettable camp experience for your young athlete. After a week of passing, shooting, and dribbling, your player will enjoy improved confidence in their basketball skills.

| Code | Age | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|--------------------|-------|
| 210302-07 | 5 – 7 | 6/12 – 6/16 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-08 | 8 – 11 | 6/12 – 6/16 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-09 | 5 – 7 | 7/17 – 7/21 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-10 | 8 – 11 | 7/17 – 7/21 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-11 | 5 – 7 | 7/31 – 8/4 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-12 | 8 – 11 | 7/31 – 8/4 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-13 | 5 – 7 | 8/14 – 8/18 | M-F | 9:00 AM – 12:00 PM | \$179 |
| 210302-14 | 8 – 11 | 8/14 – 8/18 | M-F | 9:00 AM – 12:00 PM | \$179 |

MARTIAL ARTS

Sensei: Anthony Giron

Location: La Verne Community Center, 3680 D Street

BEGINNER

Class will introduce young students to the elements of karate in a traditional Japanese way while working on their coordination, skills, and self-confidence through various activities. Uniforms are available for purchase from the instructor and range from \$25-\$40.

No Class: 8/3, 8/10, or 8/17

| Code | Age | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|----------------|------|
| 210701-06 | 5 – 10 | 6/1 – 6/22 | TH | 6:00 – 7:15 PM | \$58 |
| 210701-07 | 5 – 10 | 7/6 – 7/27 | TH | 6:00 – 7:15 PM | \$58 |
| 210701-08 | 5 – 10 | 8/24 – 8/31 | TH | 6:00 – 7:15 PM | \$34 |

INTERMEDIATE & ADVANCED

Students will dive deeper into karate techniques and self-defense moves while moving at a more focused pace. Intermediate students must have a purple belt and/or Sensei's approval for those moving up from beginning class. Uniforms are available for purchase from the instructor and range from \$25-\$40. **No Class:** 8/3, 8/10, or 8/17

| Code | Age | Dates | Days | Time | Fee |
|-----------|---------|-------------|------|----------------|------|
| 250701-06 | 11 & UP | 6/1 – 6/22 | TH | 7:30 – 8:45 PM | \$58 |
| 250701-07 | 11 & UP | 7/6 – 7/27 | TH | 7:30 – 8:45 PM | \$58 |
| 250701-08 | 11 & UP | 8/24 – 8/31 | TH | 7:30 – 8:45 PM | \$34 |





GYMNASTICS

Location: Veterans Hall, 1550 Bonita Avenue

TUMBLE BEARS

Students will learn body positions, hand-eye coordination, gross motor skills, increase flexibility, agility, and basic gymnastic skills such as forward/side/backward rolls, jumping and balancing. Students will use tumbling mats, balance beam, bars, and much more. Due to the young age of this class, parent participation required.

| Code | Age | Dates | Days | Time | Fee |
|-----------|-----|-----------|------|--------------|------|
| 210101-B1 | 2-3 | 6/6-7/11 | T | 1:00-1:45 PM | \$90 |
| 210101-B2 | 2-3 | 6/8-7/13 | TH | 1:00-1:45 PM | \$90 |
| 210101-B3 | 2-3 | 7/25-8/22 | T | 1:00-1:45 PM | \$90 |
| 210101-B4 | 2-3 | 7/27-8/24 | TH | 1:00-1:45 PM | \$90 |



BEGINNING GYMNASTICS

Students will be introduced to a wide variety of gymnastic and tumbling moves including balance beam, mini-trampoline, bars, and vault. Handstands, bridges and cartwheels will be taught along with improving the strength, coordination and flexibility of the student.

| Code | Age | Dates | Days | Time | Fee |
|-----------|------|-----------|------|--------------|------|
| 210103-T1 | 6-15 | 6/6-7/11 | T | 3:00-3:45 PM | \$90 |
| 210103-T2 | 6-15 | 6/6-7/11 | T | 4:00-4:45 PM | \$90 |
| 210103-H1 | 6-15 | 6/8-7/13 | TH | 3:00-3:45 PM | \$90 |
| 210103-H2 | 6-15 | 6/8-7/13 | TH | 4:00-4:45 PM | \$90 |
| 210103-T3 | 6-15 | 7/25-8/22 | T | 3:00-3:45 PM | \$90 |
| 210103-T4 | 6-15 | 7/25-8/22 | T | 4:00-4:45 PM | \$90 |
| 210103-H3 | 6-15 | 7/27-8/24 | TH | 3:00-3:45 PM | \$90 |
| 210103-H4 | 6-15 | 7/27-8/24 | TH | 4:00-4:45 PM | \$90 |



INTERMEDIATE GYMNASTICS

Class requires passing specific skills and coach's approval.

Class is designed for students who can independently perform all the skills in Beginning Gymnastics. Students will begin to learn bridge kick over, limber downs, power hurdle cartwheels, dive roll on vault, chin up pull over and cast toe on dismount on bars, tuck jumps and leaps on beam.

| Code | Age | Dates | Days | Time | Fee |
|-----------|------|-----------|------|--------------|------|
| 210104-I1 | 6-15 | 6/6-7/11 | T | 5:00-5:45 PM | \$90 |
| 210104-I2 | 6-15 | 6/8-7/13 | TH | 5:00-5:45 PM | \$90 |
| 210104-I3 | 6-15 | 7/25-8/22 | T | 5:00-5:45 PM | \$90 |
| 210104-I4 | 6-15 | 7/27-8/24 | TH | 5:00-5:45 PM | \$90 |

BEGINNING/INTERMEDIATE TUMBLINGS

Class requires passing specific skills and coach's approval.

Students will learn all tumbling skills. Great for cheerleading and martial art students. Classes will include warm-up exercises, strength training and flexibility. Equipment such as mini-trampoline, wedge mats, landing mats, and spotting blocks will be used. Other tumbling skills such as front/back kick-over, front/back handsprings, etc. will be taught to students who the instructor feels is ready to move onto more challenging skills.

| Code | Age | Dates | Days | Time | Fee |
|-----------|------|-----------|------|--------------|------|
| 210105-T1 | 6-15 | 6/6-7/11 | T | 6:00-6:45 PM | \$90 |
| 210105-T2 | 6-15 | 6/8-7/13 | TH | 6:00-6:45 PM | \$90 |
| 210105-T3 | 6-15 | 7/25-8/22 | T | 6:00-6:45 PM | \$90 |
| 210105-T4 | 6-15 | 7/27-8/24 | TH | 6:00-6:45 PM | \$90 |

KIDDIE GYMNASTICS

Students will begin learning skills with more self-confidence and balance while increasing flexibility and coordination. Skills will include working with uneven parallel bars, low and high balance beam, handstand holds, cartwheels, forward and backward rolls to stand up, jumping on/off blocks onto safety mats and much more.

| Code | Age | Dates | Days | Time | Fee |
|-----------|-----|-----------|------|--------------|------|
| 210102-T1 | 4-5 | 6/6-7/11 | T | 2:00-2:45 PM | \$90 |
| 210102-H1 | 4-5 | 6/8-7/13 | TH | 2:00-2:45 PM | \$90 |
| 210102-T2 | 4-5 | 7/25-8/22 | T | 2:00-2:45 PM | \$90 |
| 210102-H2 | 4-5 | 7/27-8/24 | TH | 2:00-2:45 PM | \$90 |

KIDZ LOVE SOCCER

Instructor: Kidz Love Soccer | **Location:** Las Flores Park, 3175 Bolling Avenue

MOMMY/DADDY & ME

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|---------|------------|-----|-------------------|-------|
| 211615-01 | 2 – 3 ½ | 6/8 – 7/20 | TH | 6:10 PM – 6:40 PM | \$153 |

TOT SOCCER

Chase the ball! Tot-Soccer helps kids learn to be part of a structured group activity without a parent by their side. Realizing this can be difficult for young children, our field-tested, age specific curriculum builds confidence and promote physical development in safe, supportive, and fun environment. Tot Soccer focuses on helping kids develop their large motor skills through skill demonstrations and entertaining games like Bugs in the House! These games build skill and self-esteem and prepare tots to start running and kicking – just like the big kids!

| Code | Ages | Dates | Day | Time | Fee |
|-----------|---------|------------|-----|-------------------|-------|
| 211615-02 | 3 ½ – 4 | 6/8 – 7/20 | TH | 5:35 PM – 6:05 PM | \$153 |

PRE SOCCER

Enjoy running and kicking just like the big kids! Have fun and learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Our coaches will bring enough soccer balls for each child to have their own to use. The focus will be on skills and individual development. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey!

| Code | Ages | Dates | Day | Time | Fee |
|-----------|-------|------------|-----|-------------------|-------|
| 211615-03 | 4 – 5 | 6/8 – 7/20 | TH | 4:55 PM – 5:30 PM | \$153 |

KIDS SPEED & AGILITY

This 50 minute class will be conducted in a playful space where a maximum of 12 children can interact with each other and develop early sportsmanship and the fundamentals of team sports like t-ball, soccer, basketball, etc. This class will allow children to work on their problem solving and gross motor skills, all while remaining active.

No Class: 6/14 and 7/19

Instructor: Art & Alicia Aguilar

Location: La Verne Community Center or Kuns Park

| Code | Age | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|----------------|------|
| 210607-01 | 8 – 13 | 5/31 – 6/28 | M/W | 5:00 – 5:50 PM | \$60 |
| 210607-02 | 8 – 13 | 7/10 – 8/7 | M/W | 5:00 – 5:50 PM | \$60 |
| 210607-03 | 8 – 13 | 8/14 – 9/6 | M/W | 5:00 – 5:50 PM | \$60 |

SOCCER 1

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at their feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|-------|------------|-----|-------------------|-------|
| 211615-04 | 5 – 6 | 6/8 – 7/20 | TH | 4:05 PM – 4:50 PM | \$153 |

SOCCER 2

A great introduction to competitive soccer. Skillz and Scrimmages teaches advanced skill building such as dribbling, passing, and shooting in a team format as well as an introduction to goaltending. Kids will scrimmage and learn to play together as a team. From defense and mid-field to forward and goalie kids get exposure to playing every position and have a blast doing it. Appropriate for players of varying skill levels. Each participant receives a Kidz Love Soccer jersey! Shin guards are required.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|--------|------------|-----|-------------------|-------|
| 211615-05 | 7 – 10 | 6/8 – 7/20 | TH | 3:15 PM – 4:00 PM | \$153 |





Dance • Classes

WEBBY DANCE CO.

Location: La Verne Community Center



BABY BALLET

This class will introduce children to beginning ballet and creative dance. It will include full props and creative imagery to keep children engaged and excited.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|-------|-------------|-----|----------------|------|
| 210401-01 | 2 – 4 | 6/14 – 7/12 | W | 4:30 – 5:00 PM | \$75 |
| 210401-04 | 2 – 4 | 7/19 – 8/16 | W | 4:30 – 5:00 PM | \$75 |

BALLET & TAP

This class will introduce children to beginning ballet and tap technique in a fun and exciting environment. Classes includes age-appropriate music and movements.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|-------|-------------|-----|----------------|------|
| 210401-02 | 4 – 6 | 6/14 – 7/12 | W | 5:05 – 5:45 PM | \$75 |
| 210401-05 | 4 – 6 | 7/19 – 8/16 | W | 5:05 – 5:45 PM | \$75 |

BEGINNING JAZZ & HIP HOP

This class will introduce children to today's most exciting steps and beginning dance techniques. Class includes age appropriate music and movements.

| Code | Ages | Dates | Day | Time | Fee |
|-----------|-------|-------------|-----|----------------|------|
| 210401-03 | 7 – 9 | 6/14 – 7/12 | W | 5:50 – 6:30 PM | \$75 |
| 210401-06 | 7 – 9 | 7/18 – 8/16 | W | 5:50 – 6:30 PM | \$75 |



ART

Instructor: Young Rembrandts

Location: La Verne Community Center

Curriculum meets California State Standards for the Visual Arts.

PRESCHOOL DRAWING

This class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that will also prepare them for kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. All materials are included. **No Class:** 7/6

| Code | Ages | Dates | Days | Time | Fee |
|-----------|-------|-------------|------|----------------|------|
| 211703-01 | 4 – 5 | 6/15 – 7/27 | TH | 3:30 – 4:25 PM | \$88 |



ELEMENTARY & CARTOON DRAWING

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skills, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes! **No Class:** 7/6

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|----------------|------|
| 211703-02 | 6 – 12 | 6/15 – 7/27 | TH | 4:30 – 5:25 PM | \$88 |

FASHIONISTA ANIME/MANGA

If you have love for all things Manga and Fashion, sign up for this class. Join Young Rembrandts for a 5-day drawing workshop; we'll be drawing and coloring all things ANIME! Artists will learn to draw anime style fashion characters ranging from simple to elaborate – this is a great way to combine fashion designing skills and learn new manga tricks. Each day students will complete multiple pieces or artwork like manga hairstyles, school uniforms, fantasy costumes, and more ARTastic drawings! Sign up today!

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|-------------|------|---------------------|-------|
| 211703-03 | 6 – 12 | 7/24 – 7/28 | TH | 10:00 AM – 12:00 PM | \$140 |

AGI ACADEMY CLASSES

Instructor: AGI Academy

Location: American Legion Building

159 N. Cullen Avenue, Glendora CA, 91741

Fee: \$10 for the material fee payable at class.

FOR QUESTIONS CALL (626) 379-1112.

MATH WORKSHOP

Great refresher course for students in 3rd – 8th grade who want to brush up on their math skills. The program helps with individuals for improvement and will also help your student manage overall success in school. **No Class:** 7/4

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|------------|------|----------------|-------|
| 210210-01 | 7 – 13 | 6/13 – 8/8 | T | 4:45 – 5:45 PM | \$202 |

CRITICAL READING SKILLS

Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills. **No Class:** 7/4

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|------------|------|----------------|-------|
| 210210-02 | 7 – 12 | 6/13 – 8/8 | T | 5:45 – 6:45 PM | \$202 |

INTRODUCTION TO TYPING

Develop your child's basic typing skills. Different techniques and supplemental practice will be introduced to make learning fun as your child is taught a lifetime skill. **No Class:** 7/4

| Code | Ages | Dates | Days | Time | Fee |
|-----------|--------|------------|------|----------------|-------|
| 210210-03 | 6 – 14 | 6/13 – 8/8 | T | 4:45 – 5:45 PM | \$202 |



LEARNING MICROSOFT WORD AND POWERPOINT

The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, and columns and tables. Students will also learn PowerPoint for slide shows and apply the presentation to their academic work and project. **No Class:** 7/4

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|------------|------|----------------|-------|
| 210210-04 | 8-14 | 6/13 – 8/8 | T | 5:45 – 6:45 PM | \$202 |

MICROSOFT OFFICE APPLICATION

This class helps you use your computer to edit documents, make amazing slideshow presentations, create spreadsheets or produce tables. Class includes hands-on practice. **No Class:** 7/4

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|------------|------|----------------|-------|
| 210210-05 | 18+ | 6/13 – 8/8 | T | 5:45 – 6:45 PM | \$202 |



DOG OBEDIENCE

BASIC DOG OBEDIENCE AND PROBLEM SOLVING

We will cover basic obedience exercises (come, sit, stand, down, stay, leave it, and drop it), loose leash walking, boundary training for the front door and gates, and emergency recall and behavior problems (jumping, digging, biting, barking, chewing, housebreaking, and counter surfing). Please wear enclosed shoes. **No aggressive dogs towards people or dogs.** If you have questions, please call the instructor, Kelly Wolff-Arias at (909) 599-8844. **Dogs must be 4 months+.**

Instructor: Kelly's K-9 College

Location: Lutheran High School, Room 9, 3960 Fruit Street, La Verne

| Code | Ages | Dates | Days | Time | Fee |
|-----------|------|------------------|------|----------------|-------|
| 221001-01 | 18+ | May 9 – June 27 | T | 7:00 – 8:00 PM | \$280 |
| 221001-02 | 18+ | July 11 – Aug 29 | T | 7:00 – 8:00 PM | \$280 |



VACATION PLAYSCHOOL

Our vacation playschool program, for preschool age children, focuses on social development while enjoying summertime themes. Each day students will complete a craft, a worksheet, sing, and enjoy a snack. This is a great introduction into our yearly recreational preschool program.

Registration: Monday, May 1 at 8:00 AM

Community Services Office • 3660 "D" Street

Instructors: Cheryl Benson, Sally Olsen and Melinda Iiams

Locations: Veterans Hall or Oak Mesa

| Code | Ages | Dates | Day | Time | Fee |
|-----------|------|-----------------|-------|-----------------|-------|
| 210207.SM | 3-5 | June 19-July 21 | M/W/F | 9:00 – 11:30 AM | \$170 |
| 210207.MT | 3-5 | June 19-July 21 | T/TH | 9:00 – 11:30 AM | \$155 |
| 210207.CM | 3-5 | June 19-July 21 | M/W/F | 9:00 – 11:30 AM | \$170 |

Join us for a social recreational program for children ages 3 to 5. We introduce children to numbers, colors, shapes, and the alphabet, story time, music, free play, and crafts. English as a first language is spoken and strongly encouraged.

BIRTH CERTIFICATES REQUIRED AT TIME OF REGISTRATION. CHILD MUST BE THREE YEARS OLD BY THE FIRST DAY OF SCHOOL. CHILDREN MUST BE TOILET TRAINED - NO DIAPERS OR PULL-UPS. NO EXCEPTIONS.

Registration: Tuesday, July 18 at 8:00 AM

Instructors: Cheryl Benson, Sally Olsen and Melinda Iiams

Locations: Veterans Hall or Oak Mesa

| Ages | Day | Time | Fee |
|-------|-------|-----------------|-------------|
| 3 – 5 | M/W/F | 9:00 – 11:30 AM | \$170/month |
| 3 – 5 | T/TH | 9:00 – 11:30 AM | \$155/month |

Sessions: September 2023 - May 2024

November 20 - 24 Thanksgiving Break

December 25 - January 5 Winter Break

WAITING LIST POLICY

Wait lists will be on file until the end of May of the current school year. The last day to put names on the waiting list will be the last Thursday in April 2024. When being placed on the waiting list, the child must be potty trained and ready to begin preschool. If your child is called from the waiting list and they are not ready to start preschool, the child will be taken off the waiting list.

PARENT & ME

A Parent Participation Program

Children and parents will have the opportunity to learn, create, and explore together. Meet other parents and make new friends!

Location: Veterans Hall

SUMMER Sessions:

Registration: Tuesday, May 2 at 8:00 AM

Instructors: Miss Sally & Miss Lauri (T/TH)

Miss Melinda & Miss Vanessa (M/W)

| Code | Ages | Dates | Day | Time | Fee* |
|-----------|---------------|-----------------|------|--------------|-------|
| 210218.ST | 18 mo – 3 yrs | June 19-July 19 | M/W | 9:15 – 11 AM | \$105 |
| 210218.MM | 18 mo – 3 yrs | June 20-July 20 | T/TH | 9:15 – 11 AM | \$105 |

(*Siblings 8 years and under may attend at a discounted fee of \$95)

FALL Sessions: Monthly (beginning September 5)

Registration: Monday, July 17 at 8:00 AM

Instructor: Miss Sally

| Ages | Day | Time | Fee |
|---------------|------|--------------|-------------|
| 18 mo – 3 yrs | T/TH | 9:15 – 11 AM | \$105/month |

Facility Rentals

All facility and park reservations may be made at the Community Services Office, 3660 "D" Street, Monday through Thursday from 8:30 AM to 5:00 PM.

Reservations may be made up to one year in advance. Appointments must be made to view the La Verne Community Center and Veterans Hall. For viewing appointments, please contact the Community Services Department at (909) 596-8700.

NOTE: Consumption of alcoholic beverages is prohibited in all City park facilities. Animals (including reptiles, birds, etc.), motordriven vehicles and bounce houses/slides are also prohibited. A park permit must be obtained for the use of electronic equipment, amplified music or amplification systems. Radios must be used so as not to disturb other park users.



FACILITIES

LA VERNE COMMUNITY CENTER

Located at 3680 "D" Street behind the La Verne City Hall. The La Verne Community Center is a 14,000 sq. ft. building with multiple rooms, commercial kitchen, and outdoor patios for classes, meetings, and a main hall that accommodates up to 230 guests for receptions, celebrations or corporate events. Reservations may be made up to one year in advance. **Call (909) 596-8700 for more information.**

VETERANS HALL

Located at 1550 Bonita Avenue. Veterans Hall has a beautiful main hall with wood floors and rich architecture with access to a full service kitchen. This facility is warm and quaint and can host up to 80 guests for meetings, and smaller celebrations. Reservations may be made up to one year in advance. **Call (909) 596-8700 for more information.**

SKATE PARK

The park is located on the northwest corner of the Bonita High School complex at 3102 "D" Street and is open from 2:45 PM to dusk while school is in session and from 8:00 AM to dusk during non-school hours. In order to keep all of our skateboarder's safe and healthy, safety gear (helmets, elbow pads and kneepads) are required. **If you have any questions, please contact the Community Services Department at (909) 596-8700. NO BIKES ALLOWED.**

BANNER SPACE RENTAL

The City of La Verne has a location where individuals, groups, and organizations may apply to hang a banner. The location is on Bonita Avenue, just west of "D" Street. The banner must be 30' x 3' in size, must have ring snaps and hooks every 20 inches across the top and bottom, wind holes, and 30 feet of nylon rope at each corner. **For more information such as fees & availability call (909) 596-8700.**

PARKS

WHEELER AVENUE PARK

Located at 1499 Palomares. Wheeler Avenue Park has two lighted adult softball fields and a basketball court. This is an excellent site for weekend tournaments or private league use. There are discount rates for non-profit organizations.

PARK SHELTER RENTALS

All reservations may be made up to one year in advance and **MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE.** Reservations and permits are issued from 8:30 AM to 5:00 PM Monday through Thursday. Come in and pick up a packet or **call (909) 596-8700 for more information.**

LAS FLORES AQUATICS CENTER

Located at 3175 Bolling Avenue. The aquatic facility is great for company picnics, summer church outings, or end-of-year school parties. **For more information and reservations, call the Community Services Office at (909) 596-8700.** Reservations may be made Monday through Thursday from 8:30 AM to 5:00 PM. Reservations may be made up to one year in advance and **MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE.**



**LOS ANGELES
COUNTY
PUBLIC LIBRARY
LA VERNE**

**3640 "D" Street
(909) 596-1934**

SCHEDULE:

| | |
|-----------|--------------------|
| Monday | CLOSED |
| Tuesday | 12:00 - 8:00 PM |
| Wednesday | 12:00 - 8:00 PM |
| Thursday | 10:00 AM - 6:00 PM |
| Friday | 10:00 AM - 6:00 PM |
| Saturday | 10:00 AM - 6:00 PM |
| Sunday | CLOSED |



Registration Policy

ACTIVITY REGISTRATION POLICY INFORMATION

MAIL-IN AND ONLINE REGISTRATION:
Begins 8:00 AM, Monday, May 1, 2023

WALK-IN REGISTRATION:
Begins 8:00 AM, Tuesday, May 9, 2023

ONGOING REGISTRATION. REGISTER TODAY!
(UNLESS OTHERWISE NOTED)

ALL REGISTRATION WILL BE TAKEN ON A FIRST-COME, FIRST-SERVED BASIS. NO EXCEPTIONS! PRE-REGISTRATION IS REQUIRED ON ALL ACTIVITIES.

Online registration may be done by visiting our website at www.cityoflaverne.org. Mail registrations to Community Services Department, 3660 "D" Street, La Verne, CA, 91750. It is the customer's responsibility to confirm registration times and dates. To confirm by mail, PLEASE ENCLOSE A STAMPED, SELF-ADDRESSED ENVELOPE or call the Community Services Office at (909) 596-8700. If a participant appears at the wrong class or does not appear for the class, no transfers will be made and no refunds will be granted.

NO TELEPHONE REGISTRATIONS WILL BE ACCEPTED FOR ANY ACTIVITY – NO EXCEPTIONS!

Fees may be paid by cash, money order, Visa, Mastercard, Discover, or check made payable to the City of La Verne. All fees must be paid at the time of registration. THERE WILL BE A \$25 CHARGE ON ALL RETURNED CHECKS.

ALL PRICES, POLICIES, AND PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

HOLD HARMLESS AGREEMENT

Participants must sign a consent form before enrolling in any activity or excursion. For children: Parent or Legal Guardian signature is required. For adults: each participant must sign their own consent form.

REFUND POLICY

A \$10 administration fee will be charged for all refunds, per participant. No refunds will be issued for activities that are \$10 or less. Requests for refunds for excursions must be made no later than the advertised cancellation date. Requests for refunds for classes must be made 24 hours after the first class or, if the class is a 1 day class no less than (3) working dates prior to the class. Refunds will be processed within 2 to 3 weeks in the form of a check. **No credit card refunds will be issued.** No partial refunds will be given. Full refunds will be given if an activity is canceled by the Community Services Department.

TRANSFER POLICY

Transfer requests must be made within 24 hours of the first class by the registered participant or the parent or guardian of the registered participant if under 18 years of age. If participant transfers to a more expensive activity, participant must pay the additional fee at time of transfer. If the activity is less expensive, a refund will be processed.

PARENT/GUARDIAN LATE POLICY

Children 10 and under will only be released to a parent or guardian. Instructors will retain class participants at the class location until a responsible adult reports for each child. Children should not leave the class location unattended.

If, for any reason, a parent or guardian cannot pick up their child from class between the end of class and 5 minutes thereafter, the parent or guardian will be ASSESSED A \$5 PER 5 MINUTES LATE FEE, PAYABLE AT THE COMMUNITY SERVICES OFFICE, 3660 "D" Street, BEFORE THE NEXT CLASS. Continued late pick up can result in the child being dropped from the class.



Registration and Refund Information

REGISTRATION INFORMATION

Registration may be done online, in person, mailed, faxed, or placed in our drop box. For registration dates, please check the appropriate section of the Recreation Guide.

Make checks payable to the "City of La Verne."

If confirmation is desired, please send a self-addressed, stamped envelope.

Community Services Office

3660 "D" Street La Verne, CA 91750

(909) 596-8700 Fax (909) 596-8763 www.cityoflaverne.org

REFUND INFORMATION

A \$10 administration fee will be charged for all refunds, per participant. No refunds will be issued for activities that are \$10 or less. **Absolutely no cash or credit card refunds are given at any time.** All refunds will be given in the form of a check. If an activity is cancelled by the Department, a full refund will automatically be issued.

Excursions - Requests for refunds must be made no later than the advertised cancellation date. A \$10 administration fee will be charged for all excursion refunds.

Instructional Classes - Requests for refunds must be made no later than 24 hours after the first class. For classes held Thursday – Sunday, refunds must be requested by 9:00 AM the following business day.

REGISTRATION FORM – PLEASE FILL OUT COMPLETELY

ADULT PARTICIPANT/PARENT _____ TELEPHONE () _____

ADDRESS _____ EMERGENCY/CELL () _____

CITY _____ STATE _____ ZIP _____ EMAIL _____

| PARTICIPANT'S NAME LAST-FIRST-MIDDLE INITIAL | AGE | SEX M / F | BIRTH DATE MANDATORY | ACTIVITY CODE | NAME OF ACTIVITY | FEE | HOLD HARMLESS SIGNATURE required for all adult participants listed |
|---|-----|--------------|-------------------------|------------------|------------------|-----|---|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

Does the above participant(s) have special needs? YES NO

TOTAL FEES _____

If yes, please explain _____

WAIVER, RELEASE, HOLD HARMLESS, AND AGREEMENT NOT TO SUE

I fully understand that my/my child's participation in the event/class exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage. I hereby acknowledge that I/my child am voluntarily participating in this event/class and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of La Verne, its officers, officials, employees, agents, and volunteers for any injury, death or damage to or loss of personal property arising out of, or in connection with, my/my child's participation in the event/class from whatever cause, including the active or passive negligence of the City of La Verne, its officers, officials, employees, agents, and volunteers or any other participants in the event/class. The parties to this AGREEMENT understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. I understand that the City of La Verne may take photographs of participants during these activities. I hereby consent to the use of such photographs for any municipal purpose.

In consideration for being permitted to participate in the event/class, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of La Verne, its officers, officials, employees, agents, and volunteers from any and all claims, demands, actions, or suits arising out of or in connection with my participation in the event/class.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

ADULT SIGNATURE (Mandatory) _____ **Date** _____

I declare under penalty of perjury under the laws of the State of California that I am the parent or legal guardian of Minor. I further declare that I shall indemnify and hold harmless the City of La Verne, its officers, officials, employees, agents, and volunteers from and against any and all Claims resulting from incident to, or arising out of Minor's participation in the event/class, any and all risks assumed by Minor and me above, and/or the breach of any promises, covenants, and/or representations made by me herein and/or in the above Release.

ADULT SIGNATURE (Mandatory) _____ **Date** _____

CREDIT CARD INFORMATION WILL BE DESTROYED AFTER REGISTRATION

PLEASE CIRCLE: Check Cash Visa MasterCard Discover American Express

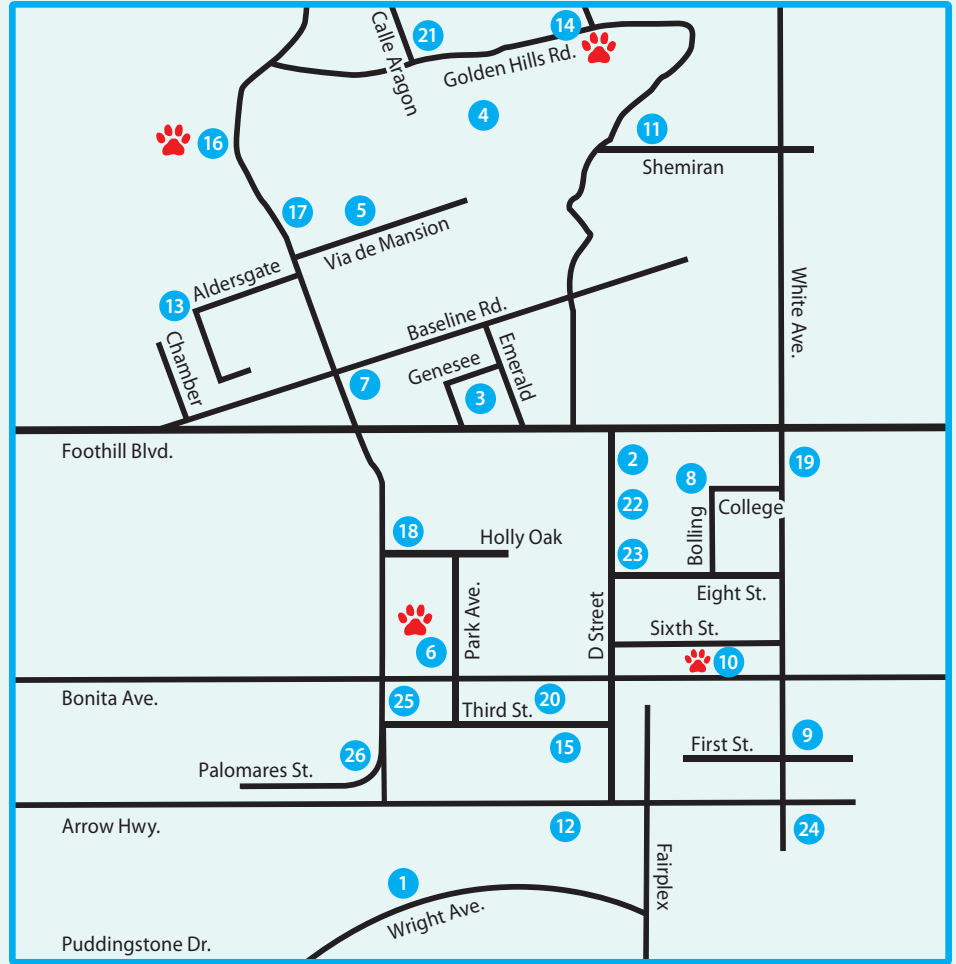
Credit Card # _____ Exp Date _____ CVV _____

Card Holder's Signature _____



City Facilities

- 1. CHALLENGER PARK**
1909 Wright Avenue
Unlighted Basketball Court
- 2. COMMUNITY CENTER**
3680 "D" Street
Large Rental Room • Small Meeting Rooms
- 3. EMERALD PARK**
1900 Genesee
Picnic Shelter • Tot Lot
- 4. GOLDEN HILLS WILDERNESS PARK**
2300 Golden Hills Road
Nature Trail
- 5. HERITAGE PARK**
5001 Via De Mansion
Tot Lot • Gazebo • Picnic Tables
Historical Facilities
- 6. KUNS PARK**
1600 Bonita Avenue
Picnic Shelter • Picnic Tables • Tot Lot
 Dogs allowed on a leash
- 7. LA VERNE HEIGHTS SCHOOL**
1550 Baseline Road
- 8. LAS FLORES PARK AQUATIC CENTER**
3175 Bolling Avenue
Restroom Facilities • Robert Rodriguez Pavillion
Picnic Tables • Tot Lot • Unlighted Softball Field
Lighted Tennis Court • Volleyball Court
Swimming Pool
- 9. LA VERNE CITY YARD**
2620 First Street
- 10. LINCOLN PARK**
2525 White Avenue
Corner of 6th and White Avenue
 Dogs allowed on a leash
- 11. LIVE OAK PARK**
5701 Shemiran
Tot Lot • Lighted/ Unlighted Tennis Courts
- 12. LORDSBURG PARK**
1922 Walnut Street
Picnic Tables • Tot Lot
Unlighted Basketball Court
- 13. LOS ENCINOS PARK**
1101 West Aldersgate Drive
Corner of Aldersgate and Chamber
Picnic Tables • Tot Lot • Nature Trail
Unlighted Basketball Court
- 14. LOWELL BRANDT PARK**
7201 Stephens Ranch Road
Restroom Facilities • Picnic Shelter •
Picnic Tables • Tot Lot • Unlighted Softball Field
 Dogs allowed on a leash
- 15. MAINIERO SQUARE**
Corner of 3rd and "D" Street



- 16. MILLS PARK**
5601 Wheeler Avenue
Picnic Tables • Tot Lot
 Dogs allowed on a leash
- 17. OAK MESA PARK**
5400 Wheeler Avenue
Restroom Facilities • Tot Lot • Lighted Baseball Field • Lighted Soccer Field
- 18. PELOTA PARK**
1505 Holly Oak
Lighted Baseball Fields • Restroom Facilities
- 19. PRICE/HAYES PARK**
Corner of Price and Hayes
Tot Lot
- 20. PUBLIC SAFETY FACILITY**
2061 Third Street
- 21. RUSTIC CANYON PARK**
7311 Calle Aragon Tot Lot
- 22. SKATE PARK**
3102 "D" Street
Corner of Durward Way and "D" Street
Picnic Table
- 23. SPORTS PARK**
3102 "D" Street
Lighted Baseball Field • Lighted Soccer Field
Football Field
- 24. VALLEY RANCHO PARK**
2909 Arrow Highway Tot Lot
- 25. VETERANS HALL**
1550 Bonita Avenue
Restroom Facilities • Medium Rental Room
Tot Lot
- 26. WHEELER AVENUE PARK**
1499 Palomares Avenue
Restroom Facilities • Picnic Tables • Tot Lot
Lighted Softball Field
Lighted Basketball Court



VISIT OUR NEW DOG FRIENDLY PARKS!

Dogs must be on a leash at all times.
Only parks listed with the allow dogs.

4TH OF JULY IN LA VERNE



PANCAKE BREAKFAST

TIME: 6:30 - 10:30 AM
LOCATION: Methodist Church, 3205 "D" Street, La Verne
(Parking is located across the street at Bonita High School)
SPONSORED BY: Boy Scout Troop 411
PRICE: \$7 each (includes 3 pancakes and 3 sausages)

PARADE "HONORING OUR PAST, PROTECTING OUR FUTURE"

COMMUNITY GRAND MARSHAL: Gil Ivey
TIME: 10:00 AM

LOCATION: Starts at the corner of 10th Street and "D" Street, travels south to Bonita Avenue, west on Bonita Avenue to Magnolia, south on Magnolia to Third Street, east on Third Street to "G" Street, north on "G" Street to Bonita Avenue, west on Bonita Avenue to "F" Street, north on "F" Street to 8th Street, west on 8th Street to "D" Street and north on "D" Street.

ENTRIES: Bands, floats, classic cars, decorated bicycles, wheelchairs, and much more. **Volunteers are needed and welcome!**

Please note the City of La Verne limits the placement of chairs, tents, blankets, or other items to reserve areas on the parade route to only 24 hours in advance. The street closures begin at 9:30 AM. The pre-parade Harley ride will begin at 9:40 AM. The rest of the 4th of July Parade will follow at 10:00 AM.

Enjoy a safe parade! In a hometown parade, many spectators are likely to know the people participating in the parade. In all the excitement of the day, some spectators may feel the desire to run into the street to pick up candy or to greet a friend or neighbor who is in the parade. **Please help keep our parade safe by remaining in the spectator areas at the curbs and not walking or running into the parade route during the parade.** We appreciate your cooperation and look forward to enjoying a safe 4th of July in La Verne!



FIREWORKS SHOW, VENDORS, & MORE!

THEME: Honoring Our Past, Protecting Our Future
TIME: 6:00 PM Gates open
7:00 PM Show time
9:30 PM Show concludes
LOCATION: Bonita High School Stadium, 3102 "D" Street
ADMISSION: CASH ONLY
\$12 per person (5 and up)
Children 4 and under are free
Pre-sale discount of \$2 per ticket if bought before July 4th.
TICKETS: For ticket locations contact the Community Services Office at (909) 596-8700.

FREE SWIM:
Come join the fun! The La Verne Aquatics Center, 3175 Bolling Ave., will host FREE swim on Tuesday, July 4, from 12:00 - 4:00 PM.

SKATE PARK:
The Skate Park will be open from 7:00 AM - 4:00 PM. Don't forget your safety gear (helmet, elbow pads, and knee pads).

ENTERTAINMENT: COLD DUCK



PLEASE NOTE: Bonita High School has an artificial turf field. NO BBQ's, open flames, other incendiary devices, pets, sunflower or pumpkins seeds, umbrellas, stakes, or any other items which may damage the turf are NOT permitted in the stadium or anywhere on the field.

Weapons of any kind, any object that can be used to inflict bodily injury or disrupt the event, chemical dispensing devices, fireworks, alcohol, drugs, and/or illegal substances are prohibited. Any violations or anyone under the influence of alcohol and/or drugs are subject to removal or denial of entry. **ALL ITEMS SUBJECT TO VISIBLE INSPECTION.**

For Parade Application go online at www.cityoflaverne.org and download an application or pick one up at the Community Services Office at City Hall. Call (909) 596-8700 for more info!

City of La Verne
3660 "D" Street La Verne, CA 91750
(909) 596-8726
www.cityoflaverne.org



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THE LA VERNE HERITAGE FOUNDATION AND
THE CITY OF LA VERNE PRESENTS

The Fabulous 5 Summer Concerts in the Park

Sundays 6:30 PM
Heritage Park 5001 Via de Mansion

| | |
|-----------------|---|
| June 11 | Scot Bruce - <i>Elvis Tribute</i> |
| June 25 | Brant Cotton and the Outliers - <i>County</i> |
| July 9 | Cold Duck - <i>Variety</i> |
| July 23 | The J-Birds - <i>Classic Rock</i> |
| August 6 | The Long Run - <i>Eagles Tribute</i> |

The La Verne Heritage Foundation and the City of La Verne are proud to announce this year's lineup for Summer Concerts in the Park. We have jointly hosted these free Summer Concerts for over 22 years at the beautiful historic Heritage Park. Mark your calendars to enjoy the evening with your family and friends. Come with your own blankets and/or lawn chairs to listen to the wonderful music while relaxing in the warm, balmy, summer nights.

Bring your appetites and support our food vendors. Great raffle prizes are also a part of the fun.
Check out www.laverneheritage.org or call (909) 293-9005 for more information.

If any individual or business is interested in Sponsoring the Concert Series for the 2023 Season please contact Chad Peterson at the City of La Verne Community Services offices (909) 596-8700.

A SPECIAL THANK YOU TO OUR SPONSORS:

CalRecycle | Detroit Auto Body | Henderson Insurance | La Verne Construction
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