

FALL
SEPTEMBER THROUGH DECEMBER 2023

City of LA VERNE

RECREATION GUIDE

HIGHLIGHTS:

TRUNK OR TREAT PAGE 9
HOLIDAY STROLL PAGE 10
SENIOR DINNER DANCE
PAGE 16

HERITAGE HARVEST
PUMPKIN PATCH PAGE 7





LA VERNE *Police Department*



During the holiday season, it's essential to prioritize safety to ensure a joyful and secure celebration. Here are three important Holiday Safety Tips:

Secure Your Home: Before leaving for vacation or even when going out for a holiday event, take steps to secure your home. Lock all doors and windows and consider installing timers for lights to create the illusion of someone being home. If you're traveling, ask a trusted neighbor or friend to keep an eye on your property and collect your mail to avoid giving the appearance that your home is unoccupied. Additionally, refrain from sharing travel plans or posting about your absence on social media platforms, as this information could reach the wrong hands.

Stay Alert in Public Places: Crowded shopping centers and events are common during the holidays, making it crucial to stay vigilant. Keep your belongings close and secure, preferably in a bag that's difficult to snatch. Avoid carrying large amounts of cash and use credit or debit cards whenever possible. Be aware of your surroundings, especially in parking lots or dimly lit areas, and try to park in well-lit, populated spaces. If you notice any suspicious activity or feel unsafe, notify security personnel or law enforcement immediately.

Practice Responsible Driving: Safe driving practices are especially important during the holiday season, as roads tend to be busier with increased traffic. Always wear your seatbelt, adhere to speed limits, and avoid distractions such as texting or using your phone while driving. If you plan to consume alcohol at holiday parties, designate a sober driver or use rideshare services to ensure you arrive home safely. It's also advisable to plan your routes in advance and check weather conditions, allowing extra time for travel to avoid rushing and potential accidents.

By following these holiday safety tips from the police, you can enjoy the festive season with peace of mind, knowing that you've taken precautions to protect yourself, your home, and your loved ones. Remember, safety should always be a top priority, and a little preparation can go a long way in ensuring a happy and secure holiday season!

Following the La Verne Police Department on social media is another great way to stay up to date with current news and receive tips from the department. We are on the following platforms:

@LaVernePoliceDepartment
 @LaVernePoliceDepartment

LaVernePD
 La Verne Police Department

City of LA VERNE

FALL 2023



CITY COUNCIL

Tim Hepburn	Mayor
Wendy Lau	Mayor Pro Tem
Meshal "Kash" Kashifalghita	Council Member
Steve Johnson	Council Member
Rick Crosby	Council Member

CITY COUNCIL MEETS

First and third Mondays, 6:30 PM

CITY HALL

3660 "D" Street, La Verne, CA 91750
(909) 596-8726

Hours:

Monday - Thursday 8:00 AM - 6:00 PM
Closed Fridays

COMMUNITY CENTER

3680 "D" Street, La Verne, CA 91750
(909) 596-8776

Hours:

Monday - Thursday 8:00 AM - 6:00 PM
Friday 8:00 AM - 4:00 PM



Get in touch with us!

CITY NUMBERS

ADMINISTRATION (City Council, elections, city records, mobile home rent control)	596-8726
BUILDING (Permits)	596-8713
BUSINESS LICENSE DEPARTMENT	596-8722
COMMUNITY DEVELOPMENT (Economic Development, zoning)	596-8706
COMMUNITY SERVICES (Recreation activities, seniors, facility rentals and transportation)	596-8700
COMMUNITY CENTER	596-8776
CUSTOMER SERVICE (Water, sewage and trash billing, recycling)	596-8744
FINANCE DEPARTMENT (Fees, assessments, taxes, yard sale permits)	596-8716
FIRE DEPARTMENT (Fire prevention, disaster preparedness, weed abatement)	596-5991
PUBLIC WORKS (City landscape, parks, streets, traffic / street lights, sewer)	596-8741
POLICE DEPARTMENT (Code enforcement, neighborhood watch)	596-1913

OTHER NUMBERS

BONITA UNIFIED SCHOOL DISTRICT	971-8200
FLOOD CONTROL (Los Angeles County)	(626) 458-5100
GRAFFITI HOTLINE	596-8787
HUMANE SOCIETY (Animal Control)	623-9777
POMONA VALLEY	596-7664
TRANSPORTATION AUTHORITY	
WASTE MANAGEMENT (Trash / Waste Disposal)	599-1274

INCLUSION POLICY



The City of La Verne is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis.

Please contact the Community Services Office at (909) 596-8700 seven working days prior to the program start date.



TABLE OF CONTENTS

Community News Residential • City • Economic	4 - 6
Special Events	7 - 10
Community Services Assistance • Programs • Information	11
Excursions Trips & Tours for Everyone	12 - 13
Active Adults Programs • Activities • Seminars • Events Meals • Classes • Clubs	14 - 19
Inclusion Special Needs Population	20 - 21
Youth and Adult Classes	22 - 30
City Facilities Rental Information • Parks & Facilities Map	31, 34
Registration	32 - 33
Inclusion Special Events International Night Halloween Carnival Breakfast with Santa and Friends	35



NEW Contamination Procedures

SB 1383 requires cities to monitor solid waste containers to ensure proper sorting, as shown in the graphic below. Should the wrong materials end up in the wrong cart or bin at your home or business in La Verne, you will receive two notices before receiving a third notice with a contamination fine.

For more information, please call the Public Works Department (909) 596-8744, Waste Management (909) 599-1274 or visit the City of La Verne website, click on "Residents", "Environmental Programs", "Refuse/Waste Management" and scroll down to the "Residential" or "Commercial" section. Thank you for making La Verne a green community!

What goes in the Organics/Recycling/ Trash Cart?

What Goes in the Organics Cart:



FOOD WASTE & FOOD SOILED PAPER



YARD WASTE



DO NOT INCLUDE:

NO LOOSE PLASTIC BAGS
NO SERVWARE/UTENSILS
NO PLASTIC CONTAINERS
NO FOAM CONTAINERS
NO HAZARDOUS WASTE

Place organics materials directly into your organics cart - **don't bag your organics materials.**

What Goes in the Recycling Cart:



PLASTIC BOTTLES & CONTAINERS



FOOD & BEVERAGE CANS



GLASS BOTTLES & CONTAINERS



FOOD & BEVERAGE CARTONS



PAPER



FLATTENED CARD-BOARD & PAPERBOARD



DO NOT INCLUDE:

NO LOOSE PLASTIC BAGS
NO FOAM CONTAINERS
NO CLOTHING, FURNITURE, CARPET
NO HAZARDOUS WASTE

Place recyclables directly into your recycling cart - **don't bag your recyclables.**

What Goes in the Trash Cart:



GARDEN HOSE



BROKEN CERAMIC DISHES & POTS



CANDY, SNACK & FOOD WRAPPERS



CHIP BAGS



DIAPERS



FOAM CONTAINERS



DO NOT INCLUDE:

NO ORGANICS/RECYCLABLES
NO HAZARDOUS WASTE
NO ELECTRONICS
NO BATTERIES, TIRES OR PAINT
NO FLAMMABLE MATERIAL

Water Saving Tips

- Water your lawn only when it needs it. Step on your grass... if it springs back when you lift your foot, it doesn't need water. So set your sprinklers for less frequent watering... **saves 750 to 1,500 gallons a month.** Better yet, in times of drought, water with a hose.
- Fix all plumbing and irrigation leaks... **saves about 20 gallons a day** for each leak stopped.
- Don't run the hose while washing your car... use a bucket of water and a quick hose rinse at the end... **saves 150 gallons each time.** That's a significant amount of water if you wash your cars frequently.
- Run only full loads in the washing machine and dishwasher... **saves 300 to 800 gallons a month.**
- Use a broom instead of a hose to clean driveways and sidewalks... **saves 150 gallons or more each time.** At once a week, that's more than 600 gallons a month.
- Don't water the sidewalks, driveway, street, or the side of your house. Adjust sprinklers so the water lands on your lawn or garden - where it belongs... **saves 500 gallons a month.**
- Put a layer of mulch around trees and plants. Shredded leaves/bark, peat moss or gravel slows down evaporation... **saves 750 to 1,500 gallons a month.**
- If you have a pool, use a cover to cut down on evaporation... it will also keep the pool cleaner... **saves 1,000 gallons a month.**
- Water during the cool parts of the day. Early mornings are better than evenings since it will help prevent fungus and mildew growth... **saves 300 gallons a month.**
- Take your car to a car wash if you can... generally, most car washes filter and recycle a high percentage of the wash/rinse water which is very resource efficient.



For water savings tips and current rebate offers please visit www.socalwatersmart.com, www.bewaterwise.com, www.saveourwater.com

HOMELESSNESS RESOURCES

The City of La Verne Community Services Department partners with the La Verne Police Department, Tri-City, and L.A. CADA who proactively provide services to La Verne's unhoused population while prioritizing the safety of the community. Together they are the L.E.A.P. team (La Verne Engagement Action Partners).



Services for Unhoused Residents

- Phone – Call Tri-City Navigator at (888) 436-3246
- Email – Navigators: navigators@tricitymhs.org
- 24 Hour City Hall – Report Encampment (laverneca.portal.iworq.net/portalhome/laverneca)
- Unhoused Veterans – (888) 507-2926
- Medical Emergency – Call 911

Additional Resources

- Tri-City Mental Health Center (www.tricitymhs.org)
- Los Angeles Homeless Outreach Portal (LA-HOP) (www.lahsa.org/portal/apps/la-hop)
- Los Angeles Homeless Authority (www.lahsa.org)
- Veteran Peer Access Network (VPAN) – LA County (www.jvs-socal.org)

Resources for Residents & Businesses

Homelessness in and of itself is not a crime, however the City of La Verne has developed resources so that residents and businesses are able to report issues and request assistance to address concerns on private property.

- **Report concerns:** LEAP@cityoflaverne.org
- **Report medical emergencies or illegal activities:** Call 911
- **Report trespassing on private business property:**
 1. Post “No Trespassing” signs, which reference Penal Code § 602(o), at all entrances and exits at business location.
 2. Submit completed Trespass Arrest Authorization Form ([www.lvpd.org/uploads/files/206A Trespass Arrest Authorization 012121.pdf](http://www.lvpd.org/uploads/files/206A%20Trespass%20Arrest%20Authorization%2012121.pdf)) to the La Verne Police Department in-person or by email.
 3. Call non-emergency dispatch at (909) 593-2531 to report trespassing occurrences.



Community News

**Be the first to know
what is happening
in the City!**



Subscribe to push text and email notifications from the City of La Verne for events, newsletters, meeting agendas, and much more.

Visit **CityofLaVerne.org/NotifyMe** to sign up!
For more information, call La Verne City Hall at (909) 596-8726.



WHAT IS CERT?

FEMA's Community Emergency Response Team (CERT) program trains residents to prepare and safely respond to the disasters they may face in their communities. The CERT training course includes hands-on exercises to learn the skills needed to safely take care of themselves and others in their home, workplace, neighborhood and community.

After a large disaster, La Verne's emergency resources will likely be overwhelmed and delayed. CERT-trained volunteers may be the only available assistance for the first 72 hours to help others and give critical support to first responders when they arrive. Graduates can use the training for their own personal preparedness, or choose to join the team. (Team membership is encouraged but NOT required.) The purpose and goal of training is to prepare for a disaster and how to safely respond and help others around us during a disaster, while team membership is strictly an option for those who have the time and interest. Team members also help with non-emergency projects and events in their community.

For more information or to sign up, contact us at lavernecert@gmail.com or visit our website at www.lavernecert.org.

U.S. PASSPORT

U.S. Passport Services are available through appointment at the Community Services Department, 3660 "D" Street, La Verne

All applicants are required to be present and bring the following items:

1. Provide a COMPLETED new Passport Application (DS-11)
2. Submit Evidence of US Citizenship such as:
 - Certified Birth Certificate
 - Naturalization Certificate
3. Present your valid identification such as:
 - Valid California Driver's License
 - Current Military ID
 - Current Government ID (city, state, or federal)
4. Paper form of payment such as check or money order
(Photo service is available for \$15 per person).



Please call (909) 596-8700 to schedule an appointment or for more information.



THE LA VERNE HISTORICAL SOCIETY

The La Verne Historical Society (LVHS) purposes are to encourage and promote the study of the history and culture of La Verne and surrounding environs; to collect, classify, and disseminate historical information, data, and facts; and to locate, mark, and preserve historical places and structures worthy of recognition and perpetuation.
Please contact us for more information.

(909) 596-4679 | lvhs@lavernehistoricalsociety.org
www.lavernehistoricalsociety.org

Heritage Foundation Special Events



La Verne Heritage Foundation SPECIAL EVENTS

www.laverneheritage.org • (909) 293-9005 • admin@laverneheritage.org
5001 Via de Mansion (North of 210 Freeway off of Wheeler & Via de Mansion)



4th Annual Vendor Faire

SATURDAY, OCTOBER 7 • 10:00 AM - 3:00 PM

The Foundation is excited to bring to our communities our Annual Vendor Faire with at least 40 vendors happy to share their wares and skills – and just in time for early Christmas shopping. This Faire will occur on the west side of Heritage Park while our Pumpkin Patch takes place on the east side of the Park. It will be a fun-filled day and one you won't want to miss. Food vendors, tractor pulled rides, and music will be available.

2023 Heritage Harvest Pumpkin Patch

FRIDAY, OCTOBER 6 - SUNDAY, OCTOBER 29

Our rural atmosphere makes the Heritage Foundation Pumpkin Patch a wonderful place to pick out your pumpkin. We have tractor pulled rides, animals, pumpkins of every size and great photo opportunities. This is our 33rd year to offer your family a spot in the country along with a little history of La Verne to enjoy.

Hours open to the public on weekends in October:

Fridays: 4:00 PM to 8:00 PM / **Saturdays & Sundays:** 10:00 AM to 8:00 PM

School tours begin Monday, October 9th through Friday, October 27th.

If you are a school and interested, please call for reservations.



20th Annual Pumpkin Patch Classic Car Show

SATURDAY, OCTOBER 21 • 10:00 AM - 3:00 PM

Come, choose your pumpkin and check out the beautiful display of classic cars! Heritage Park gives the perfect backdrop to enjoy a part of the past with our 20th Annual Classic Car Show. Awards will be given for the top cars. Music, prizes, 50/50 drawing, food, hay rides and antique farm equipment are all part of the fun. *If interested in displaying your pre-1975 car or truck please call or visit our website.*





Special Events



CITY OF LA VERNE

Veterans Day Ceremony

Join us in honoring our veterans at Veterans Hall
1550 Bonita Avenue, La Verne
(Corner of Bonita & Wheeler)

Veterans Day

Saturday, November 11 • 11:00 AM

THE LA VERNE
CHAMBER OF
COMMERCE IS PROUD
TO PRESENT

TASTE OF LA VERNE FOOD FESTIVAL

Wednesday,
October 18th



4th ANNUAL RESTAURANT WEEK

October 19th - 22nd

The La Verne Chamber of Commerce is proud to present the Taste of La Verne Food Festival and Restaurant Week. This week long event showcases La Verne as a premier dining destination offering diners a wide variety of culinary experiences.

On Wednesday, October 18th the La Verne Chamber will be hosting the Taste of La Verne Food Festival at Brackett Field Airport. This event will feature live music, beer & wine, and of course, great food!

We will also be hosting our 4th Annual Taste of La Verne Restaurant Week Thursday, October 19th through Sunday, October 22nd. Through this event, diners will enjoy some of the best food the area has to offer at special prices. This is a great opportunity for participants to take the week to explore the diverse restaurant scene in La Verne and find a new go-to place for dining out.



Halloween COLORING CONTEST

Prizes will be distributed by the Community Services Department to winning entries and will be awarded at the Public Safety Facility located at 2061 3rd St. during Old Town Trick-or-Treating, on Tuesday, October 31st. Entries will be on display in the Old Town businesses from October 16 - Tuesday, October 31st. Winners will be notified.

Pick up form at: La Verne Community Services Office or Public Schools

Date: September 18th - October 9th

Deadline: Monday, October 9th at 6:00 PM

Ages: 3-12 years

Divisions: 3-4 years | 5-6 years | 7-9 years | 10-12 years

Co-sponsored by the Old Town Merchants' Association & the Community Services Department



THIRD ANNUAL TRUNK OR TREAT

Please join us for our Third Annual Trunk-or-Treat event! The event will run from 5:00 PM to 8:00 PM. Kids can safely trick-or-treat from various decorated vehicles and/or booths participating. There will be food and merchandise vendors, a DJ, and various Halloween activities for the kids to participate in. This event is FREE to attend. Dogs prohibited.

If you would like to participate and have a Halloween spirited vehicle in the event, please do not hesitate to pick-up an application at the Community Services Office at City Hall, or at the La Verne Community Center. Rules will apply to those taking part in this event.

Date: Saturday, October 14th, 5:00 PM - 8:00 PM

Location: Community Center / City Hall Parking Lot (3660 D Street)

Ages: 12 and under



HALLOWEEN TRICK OR TREAT IN OLD TOWN LA VERNE

Tuesday, October 31st 3:00 PM to 6:00 PM

Old Town La Verne

(D and Third Streets, just south of Bonita Avenue)

Every year local merchants in Old Town La Verne host a safe, family-oriented, trick-or-treat candy walk for children on the afternoon of Halloween, Tuesday October 31st from 2 to 5 PM. Winners of the annual Halloween coloring contest are also announced and awarded prizes for the event. For more information, please call City Hall at (909) 596-8706. Parents may pick-up coloring contest entry forms at City Hall Community Services in October.

FREE EVENT FOR CHILDREN!



Special Events

OLD TOWN LA VERNE'S

Holiday Stroll

**SATURDAY,
DECEMBER 2**

OLD TOWN LA VERNE
D and Third Streets,
just south of Bonita Avenue

FREE
EVENT
FOR
ALL AGES



PHOTOS WITH SANTA FROM 3:00 PM TO 6:00 PM

HOLIDAY STORY AND TREE LIGHTING CEREMONY AT 6:00 PM

Join us this holiday season for a stroll throughout Old Town La Verne! Make sure you don't miss out on this popular event. Join the Old Town La Verne businesses and restaurants for an evening of merriment featuring the annual telling of a holiday classic story, the lighting of the Christmas tree, caroling, live music, and a free photo opportunity with Santa himself! The businesses will be open for extended hours, offering free refreshments, great deals, and more.

CITY HALL
tree lighting ceremony
**Monday,
December 4 6:00 PM**

The annual City Tree Lighting Ceremony will be held before the City Council Meeting, in front of City Hall, located at 3660 D Street.

THERE WILL BE ENTERTAINMENT AND A SPECIAL VISIT BY SANTA CLAUS.

Cruisin La Verne

HOLIDAY CAR SHOW & TOY DRIVE

Saturday, November 18
10:00 AM to 4:00 PM
Old Town La Verne



*Free Event
for all ages*

The Cruisin La Verne Holiday Car Show will be held on the streets of historic Old Town La Verne on Saturday, November 19, from 10 AM to 4:00 PM. The event includes the community's participation in the "CHiPs for Kids" Toy Drive, which benefits children for the holidays. Attendees are encouraged to donate a new, \$10 unwrapped toy at the event. For more information please contact event promoter Craig Hoelzel at (714) 671-5833 or City Hall at (909) 596-8706. www.cruisinlaverne.com



HUNGER PROGRAM

The Pomona Inland Valley Council of Churches serves the twelve cities of the Pomona Valley. PIVCC is comprised of member churches working together with local businesses and volunteers to meet the needs of those less fortunate in our area. PIVCC operates three hunger sites (San Dimas, Pomona, and Ontario), which include a homeless shelter and a transitional housing program. **For more information, please phone (909) 622-3806.** PIVCC assists all people regardless of race, ethnicity, or religious affiliation.

INLAND VALLEY HUMANE SOCIETY FOSTER CARE PROGRAM

HEROES WANTED – We're looking for animal lovers interested in being lifesaving HEROES to a shelter animal in need. Our Foster Care Program allows vulnerable, underage animals the ability to thrive through your lifesaving efforts, helps nurse sick or injured animals back to being happy and healthy, helps provide us with valuable feedback to help place long-term shelter animals in a forever home, frees up space at the shelter for other lost or abandoned animals, provides invaluable experience to anyone considering the animal care and welfare fields, and is a great way to see if adopting a pet is right for you and your family. **Visit IVHSSPCA.org to find out how you can become a HERO.**

LA VERNE YOUTH SPORTS COMMITTEE

The La Verne Youth Sports Committee meets the first Wednesday of January, March, May, July, September, and November at 6:00 PM at La Verne City Hall, 3660 "D" Street. The public is welcome to attend all meetings.

TRI-CITY MENTAL HEALTH CENTER

Tri-City Mental Health Center is a public mental health system agency serving the cities of La Verne, Claremont and Pomona to meet the mental health needs of their citizens. The agency provides high quality, culturally competent, behavioral healthcare treatment, prevention and education in its core cities and to surrounding communities. **Please call (909) 623-6131 for more information.**

LA VERNE COMMUNITY TELEVISION

The City contracts with the University of La Verne's Communication Department to run our public access television station LVTv, which is funded by the Public Education Government (PEG). Programming includes school board meetings, college sports, and school concerts. **For more information, please call (909) 448-4758 or visit www.lvtv3.org.**

FAIR HOUSING FOUNDATION

Are you being "steered?" Being shown neighborhoods where most people are of the same race, color, or national origin as you, is called racial steering and is against the law. You have the right to live in any neighborhood you choose. If you suspect unfair housing practices, contact HUD or your local Fair Housing Center, a non-profit organization contracted by the City of La Verne to provide free services to residents Monday through Friday 8:00 AM to 5:00 PM at (310) 901-0808 or (800) 446-FAIR.

TRI-CITY MHSA COMMUNITY NAVIGATORS

Are you in need of resources? MHSA Community Navigators can help!

- Community Navigators are Resource Specialists that provide linkage and referrals to community resources.
- Community Navigators service the cities of La Verne, Claremont, and Pomona.
- Anyone from the community can contact a Community Navigator if ever in need of resources.

To contact a Community Navigator please call (888) 436-3246.



YFAC

YOUTH & FAMILY ACTION COMMITTEE PROGRAMS

The Youth & Family Action Committee is the focal point for citizen participation in La Verne's community oriented policing program fighting against drug and alcohol abuse, gang activity and other destructive behaviors. The committee is open to all interested citizens and organizations. **Meetings are conducted year-round on the fourth Tuesday of the month at 6:30 PM in the City Hall Council Chambers.**

YOUTH COUNSELING

Counseling is available at Bonita High School, Ramona Middle School, Chaparral Continuation High School and all four elementary schools through licensed professionals.

PARENT RESOURCE DIRECTORY

A 31-page booklet developed by the City and school district geared towards providing parents with tips on how to approach some tough topics as well as a list of area intervention services. **Copies of the directory are available at the Community Services Office located in City Hall.**

YOUTH SPORTS AND ACTIVITIES

One of the keys to preventing destructive behaviors among young people is to keep them involved and busy in community and/or school activities. **For information, call the Community Services Department at (909) 596-8700.**

LA VERNE POLICE DEPARTMENT

A variety of prevention and intervention services for troubled youth are available. **Call (909) 596-1913.**

TRI-CITY MENTAL HEALTH CENTER

Located at 2008 N. Garey Avenue, Pomona, this public agency provides counseling and treatment services to residents of La Verne and neighboring communities. **For information, call (909) 623-6131.**



Excursions Information

Registration for remaining trips begins Monday, August 14.

If a minimum number of 25 participants are not reached, the trip will be cancelled.

1. It is recommended that individual checks be sent for each activity. **If confirmation is desired, please send a self addressed, stamped envelope.**
2. Proof of age may be required. Participants 17 and under **MUST** be accompanied by an adult.
3. All trips leave from and return to the Community Center, 3680 "D" Street, and will go rain or shine. Participants must park on Durward Way.
4. Special services (i.e. wheelchairs) **MUST** be requested by ADA deadline 30-days before any trip.
5. Buses have lower compartments for wheelchairs/scooters, but participants must be able to get from the sidewalk into the bus up 2 stairs.
6. Please note levels of trips:
EASY
 Little walking
MODERATE
 Some walking necessary. Participants should be in good health.
ACTIVE
 Good physical condition is necessary - lots of walking.
7. There is a \$10 cancellation fee for each trip and there are no refunds after the listed reservation/cancellation date.
8. Participants must be able to travel independently at all times.
9. Trip details subject to change.
10. Those registered for trips must adhere to new "Excursion Etiquette" code of conduct.

PACIFIC MARINE MAMMAL CENTER & LAGUNA BEACH

(Moderate)

Join us for a trip to Laguna Beach! You'll start your day with a tour of Pacific Marine Mammal Center where you will learn how marine mammals are rescued and nursed back to health, giving them a second chance at life. The tour will take you through the visitor yard where you will have the opportunity to see current rescued and recovering patients. Next, it's off to the downtown village of Laguna Beach. Spend the afternoon shopping, dining, and exploring in Southern California's premier coastal destination! Lunch is on your own!

Reservations/Cancellations by: September 7

Code	Day	Date	Depart	Return	Fee	Age
351201-01	Sat	Sep 9	10:30 a.m.	6:00 p.m.	\$40	All ages

COLORFUL SONGS OF BROADWAY RODGERS & HAMMERSTEIN SHOW

(Easy)

Join us for a Rodgers & Hammerstein Musical and Luncheon with the famous Colorful Songs of Broadway at Almansor Court in Alhambra! Journey through Rodgers and Hammerstein's six most popular musicals while listening to your favorites like "Do Re Mi", "Hello Young Lovers", "Honey Bun", and many more! The show will feature hits from Oklahoma, Carousel, South Pacific, Flower Drum Song, The King & I, and The Sound of Music. Luncheon includes your choice of roast chicken with rice pilaf and vegetables, veggie pasta, or vegan tartare. All meals include garden salad, dinner rolls, ice cream sundae, coffee, tea, and wine. There is also shopping and a raffle available at the show!

Reservations/Cancellations by: September 7

Code	Day	Date	Depart	Return	Fee	Age
351202-01	Thur	Sep 21	10:45 a.m.	4:30 p.m.	\$92	All ages

LIVING DESERT ZOO AND GARDENS SAFARI TOUR

(Moderate)

Visit The Living Desert Zoo and Gardens in a special way with a private Safari Tour! This two-hour guided riding tour will take you throughout the entire park with a tour guide on a motorized cart. You will even have the chance to experience two new habitats - Australian Adventures where you can walkabout with the wallabies and meet many new friends from down under, and the newest addition - Rhino Savanna! A multi-species habitat featuring rhinos and many other species. Enjoy lunch on your own on-site. Pack a lunch and enjoy one of the numerous picnic areas or treat yourself to something at the Crash Café, Kookaburra Café or Thorn Tree Grill!

Reservations/Cancellations by: September 11

Code	Day	Date	Depart	Return	Fee	Age
351203-01	Wed	Oct 4	8 a.m.	4:30 p.m.	\$97	All ages



Active Adults - Excursions



APPLE SEASON IN OAK GLEN WITH TAVERN LUNCH AND APPLE CIDER DONUTS

(Active)

You know it's autumn in Oak Glen when the aroma of homemade apple pie, fresh pressed cider and just-picked apples fills the brisk mountain air! We'll spend the day at Riley's Farm, nestled in the apple growing foothills. Riley's Farm is a working apple orchard and living history farm where you'll be taken on a wagon ride, dip your own candle to take home, and enjoy a family style lunch in the Tavern. The menu includes homemade chicken pot pie, gourmet mac 'n cheese, green salad, Riley's famous Sally Lunn bread and butter, and sweet apple crisp for dessert. Lemonade and iced tea are also included to wash it all down. Before heading home, we'll stop at Snow-Line Orchard for shopping. The farm store offers dozens of varieties of just picked-apples, jams and jellies and gifts galore. You can also taste their wines or hard cider and you'll be treated to some of their famous warm cider donuts!

Reservations/Cancellations by: September 18

Code	Day	Date	Depart	Return	Fee	Age
351204-01	Tues	Oct 17	9:30 a.m.	3:30 p.m.	\$109	All ages

VALLEY VIEW CASINO

(Easy)

Try your luck at San Diego's only Certified Loose Slots and all of your favorite table games with beautifully appointed rooms and seven delicious restaurants. Whether you love video poker, keno or loose slots, you are sure to have a great day at Valley View Casino! New and returning guests: All players who earn 5 points on slot machines, on the day of the Group Charter visit, will receive \$15 in Moreplay! Additional incentives apply to new members. Lunch is on your own at one of the casino's many dining options. Please be prepared to provide your Driver's License Number and expiration date. All guests must have a government issued identification or driver's license upon arrival at the casino.

Reservations/Cancellations by: October 5

Code	Day	Date	Depart	Return	Fee	Age
351205-01	Thur	Nov 2	8:30 a.m.	6 p.m.	\$30	18+

CALIFORNIA SCIENCE CENTER

(Moderate)

Do you love to learn and explore? Join us for a memorable visit to the California Science Center in Los Angeles where you'll spend the day diving into engaging exhibits that will launch your curiosity. You won't want to miss this last chance opportunity to see Space Shuttle Endeavour before the exhibit goes off display for several years! Lunch will be on your own at Trimana Grill, Market, and Coffee Bar or pack something to enjoy in the dining area or Exposition Park Rose Garden! To visit the IMAX Theater or Special Exhibits we recommend you purchase tickets online in advanced.

Reservations/Cancellations by: November 2

Code	Day	Date	Depart	Return	Fee	Age
351206-01	Tues	Nov 14	8:30 a.m.	3:00 p.m.	\$35	All ages

CHRISTMAS TIME AT ROGER'S GARDENS AND FASHION ISLAND

(Moderate)

Roger's Gardens is always a crowd pleaser, but at Christmas time it's extra special! The afternoon begins at the beautiful Fashion Island in Newport Beach where you'll be on your own for shopping, dining and taking in all of the festive holiday decor. The Mall has many restaurant chains, fine dining options and a food court. Next, it's off to "America's Most Beautiful Home and Garden" Center – Roger's Gardens! Experience the magic of Christmas as the Center is transformed into a winter wonderland, complete with a holiday boutique. The time is yours to browse and shop at your leisure.

Reservations/Cancellations by: November 21

Code	Day	Date	Depart	Return	Fee	Age
351207-01	Thur	Dec 7	2:00 p.m.	8:30 p.m.	\$32	All ages



Active Adults - Programs

GET ABOUT TRANSPORTATION

Dial-a-ride transportation for senior citizens and persons with disabilities servicing La Verne, San Dimas, Claremont, and Pomona. Community Services Department has subsidized Get About booklets for \$5 for La Verne residents. Bring a current utility bill (for proof of residency), proof of age or disability, and your Get About Membership. **To register for the program call Community Senior Services at (909) 596-7664 (press "0" to register).**

RIDES AVAILABLE

Weekdays 6:00 AM - 7:30 PM
 Saturday 8:30 AM - 5:00 PM
 Sunday 7:30 AM - 5:00 PM

TO SCHEDULE A RIDE

Dispatch - (909) 596-5964
 (To make trip arrangements)



HILLCREST BUS

Transportation services for all La Verne senior residents. The wheelchair accessible van's main pick-up and drop-off is in front of the flagpole located on the northwest corner of 7th Street and Mountain View Drive. Senior must be capable of traveling independently. There is no service on Saturday or Sunday and the cost is \$2 roundtrip. **Reservations are required by contacting Hillcrest Services at (909) 392-4325.**

GAS PUMPING PROGRAM FOR SENIORS

The program is for those needing assistance with gas pumping, window washing, etc. If interested, please visit the La Verne Community Center, 3680 "D" Street, Monday through Thursday between 8:00 AM and 5:00 PM and pick up a free red placard that identifies you as in need of gas station assistance. Can be used at the participating gas stations:

La Verne Shell 2510 Foothill Boulevard (after 11:00 AM)
J.R. Shell Service 1808 White Avenue
Vons Gas 1600 Foothill Boulevard

CARE COORDINATION

(Hospital Senior Care Network) Care coordinators assess seniors' needs and match them to the proper resources and services available. **Call (626) 397-3110 for further information.**



SENIOR FOR SENIOR ADOPTION PROGRAM

The Inland Valley Humane Society & S.P.C.A. offers a "Senior for Senior" adoption program designed for individuals 65 years of age and over to adopt a senior cat or dog (7 years of age and over) for a discounted adoption fee.

For more information call (909) 623-9777.

AGINGNEXT

141 Spring St., Claremont, CA 91711
 (909) 621-9900
 hello@agingnext.org
 www.agingnext.org

AGINGNEXT VILLAGE

AgingNext Village is a group of older adults who have come together for the sole purpose of helping each other age at home happily, successfully, and with confidence. When you join the Village, you immediately gain access to a whole new world filled with fun social outings, new friendships, educational speakers, local trips, book clubs, discussion groups and so much more. In addition, the Village also offers services such as rides, a handyman, tech help, etc. **For more information call the AgingNext Village office (909) 621-9900 or visit www.agingnext.org.**

RIDE AND GO VOLUNTEER DRIVER PROGRAM

Ride and Go offers transportation services provided by volunteer drivers that enable seniors and the disabled to maintain their independence. This program allows riders to connect with a volunteer driver. Whether to the doctor, the grocery store, or lunch with friends, our volunteer drivers provide safe and reliable transportation to older adults and the disabled. Mileage Reimbursement and secondary auto insurance provided. This is an important service for older adults and the disabled who are unable to take public transportation but need a way to get medical and personal appointments. **For more information, or to be a volunteer driver, please call (909) 621-9900 or visit www.agingnext.org.**

VOLUNTEERS

We are looking for volunteers 55+ who want to make a difference in their community. AgingNext volunteers help our clients thrive at home in many different ways. Delivering meals, providing transportation, helping at a local senior center or police department are just some of the ways our reliable, compassionate volunteers make a difference in our local communities every day. Contact us to become a volunteer. We'll match your skillset or desired activity to our client's needs so you can help seniors age with confidence. **Please call (909) 621-9900 or visit www.agingnext.org.**

CARE PARTNERS

Care Partners are active seniors living on a fixed income that assist homebound seniors living in their own homes or provide respite to family caregivers. Clients and Care Partners can get started with a phone call at (909) 621-9900. Once approved, Care Partners and clients are matched based on a variety of factors. Care Partner volunteers and clients receive the rewards of a caring, supportive relationship. Volunteers receive a small stipend for their services and the client gets much needed assistance and support.

Active Adults - Programs • Activities



VOLUNTEER OPPORTUNITY

AARP is seeking volunteers to prepare tax returns at the La Verne Community Center. You should have an interest in doing taxes, have basic computer skills, and be interested in helping others. AARP will train you, and you will be required to certify by taking a test. Training begins in December. Tax preparation begins in February and ends April 9th. Preparers work one day a week during tax season. AARP provides the computer. **If you are interested, contact Glenn Christensen at (626) 607-4536.**

SENIOR STRUTTERS

If you like to talk and make new friends, come join us Monday, Wednesday, and Friday at 7:00 AM SHARP. Call Anna Diaz at (909) 730-3322 for more information.

FREE LEGAL CONSULTATION

Anna Valiente Gomez, attorney-at-law, will be available to answer questions on an appointment basis from 10:00 AM to 12:00 PM on the 4th Friday of every month. **Appointments generally last around 20 minutes and can be scheduled with the Community Center at (909) 596-8776.** Appointments fill up very fast, so please make sure to call early. Appointments are subject to change.

BINGO CALLERS

Our Bingo program is currently searching for additional bingo callers to announce the numbers during our Friday games. **If you are interested or want more information, please contact the Community Center at (909) 596-8776.**



BINGO

La Verne Bingo is better than ever! Bingo is held every Wednesday from 12:45 PM to 3:30 PM at the Community Center. It's \$5 for the first pack, \$3 for the second pack, and \$2 for each additional pack. Payouts are as follows: each regular game is \$50 depending on attendance, one odd and even game is \$80, one 3 face Bingo is \$80, 2 blackouts are \$80 each and the pull tabs are \$100. There are two \$10 intermission prizes. On the last Friday of the month, we will have four \$10 prizes. A total of 10 regular games will be played plus the specials. We have added a power ball to the regular games. If you win on the power ball your payout is increased by the amount at that time. Bring your daubers, as we don't play hard cards. Any person 18 years of age or older is welcome to play.

SENIOR CITIZENS ADVISORY COMMITTEE

The City Council of La Verne established the Senior Citizens Advisory Committee in October 1989. This Committee has been responsible for all of the senior activities, lunch program, many equipment upgrades and beautification projects at the Community Center. We encourage you to attend these public meetings and share your thoughts, ideas, and/or concerns. The S.A.C. is currently looking for alternate members to attend and participate in monthly meetings. **If you are interested, please call the Community Center at (909) 596-8776.**



Movie Matinee

Come and enjoy a FREE movie and light refreshments every 2nd Monday of each month at 12:30 PM. Located at La Verne Community Center 3680 "D" Street, La Verne.

Additionally, everyone in attendance is automatically entered into a raffle! Winners are announced at the end of each movie. **To find out what is playing or for more information,**

please call (909) 596-8776.

Raffle included at the end of each movie!



Special Events



HEALTH & RESOURCE FAIR AND FLU-SHOT CLINIC

Monday, September 25

La Verne Community Center

This event is **FREE** and open to the public.

You are invited to our annual Health & Resource Fair at the La Verne Community Center. We will have various local vendors, a raffle, and free refreshments! There you can obtain information on resources ranging from Health Plans, Medicare, Legal and Financial Services, and many more! In addition to this year, there will be on-site live scans with certain vendors.

COUNTRY THEMED DINNER DANCE EXTRAVAGANZA

Sunday, November 5

4:00 PM - 7:00 PM

La Verne Community Center

\$12 per person

Dance, socialize, and have fun at our Country themed Senior Dinner Dance Extravaganza! Also, enjoy dinner and some wine throughout the night as well as live music!

\$12 pre-paid tickets are required to reserve your spot at the dance.

Registration begins Monday, September 19th. To choose your assigned table, you must register at the Community Services Office,

3660 "D" Street, between the hours of 8:00 AM and 6 PM, Monday through Thursday. Seating is limited, do not delay!



SENIOR SEMINAR SERIES

Each month, come and learn about a new topic to expand your knowledge!

When: 9:30 AM on various Wednesdays and Fridays of the month.

Where: La Verne Community Center – 3680 D Street

Please RSVP to the Community Center at (909) 596-8776.

September 6th HUD in Reverse Mortgage

Presented by Longbridge Financial

September 13th Pros and Cons of Reverse Mortgage

Presented by Change Home Mortgage

September 22nd Medicare

Presented by TMB Insurance Services

October 11th Using a Reverse Mortgage to your Advantage

Presented by Change Home Mortgage

October 25th Why the Myths about Reverse Mortgage are not accurate

Presented by Longbridge Financial

November 8th Medicare

Presented by TMB Insurance Services

November 17th Beating the Holiday Blues

Presented by Independence at Home

New SENIOR PROGRAMS & EVENTS

The .50 cent fee goes towards sustaining the City of La Verne's senior programming.



ANTIQUE CLOCKWORK

Every Tuesday from 12:00 - 2:30 PM.

Classes focus on the repair of antique, key wind clocks. First projects include the complete restoration of an 8-day time and strike movement. Following that, you are welcome to work on a more complicated clock. **Class is ongoing and all basic tools and supplies are provided.** A .50 cent fee is required for participation.

THE CREATIVE SPACE

Every Wednesday from
10:00 AM - 12:00 PM.

Please join us for a place to create, craft, and socialize among others. Come when you can - leave when you must. A .50 cent fee is required for participation.



INTERNATIONAL LINE DANCING

Every Thursday from 10:00 AM - 12:00 PM.

Are you a senior who wants to learn line dancing routines to various genres of music or wants a fun workout? Come learn popular line dancing routines to everything from Western, Rock 'n Roll, Swing, Jive & Tango! Instructor Roger Hwang has over 20 years of experience in teaching line dancing! Come line dance, get exercise, improve coordination, and enhance your memory by practicing routines all in one class! A .50 cent fee is required for participation.

GENTLE YOGA FOR SENIORS

It is never too late to start yoga and improve your physical and emotional health! Yoga renews, invigorates, and heals the body by stretching and strengthening the muscles, joints and the spine. If done on a regular basis, it can arrest and even reverse the natural aging process. In this class classic Hatha yoga poses will be taught with modifications and utilizations of props, such as blocks and straps, so no unnecessary strain is put on the body. The 60-minute class is at a slower pace and more relaxed and focuses on deep breathing, gentle stretches and holding poses. Each session ends with a guided meditation practice. Please wear comfortable clothing, bring a mat and water to class.

Location: La Verne Community Center, 3680 D Street

Code	Ages	Dates	Day	Time	Fee
310807-06	50+	Sept 21 - Oct 12	Th	8:30 AM - 9:30 AM	\$55
310807-07	50+	Oct 26 - Nov 16	Th	8:30 AM - 9:30 AM	\$55
310807-08	50+	Nov 30 - Dec 21	Th	8:30 AM - 9:30 AM	\$55



SENIOR SCRAPBOOKING

Last Tuesday of every month from 4:00 - 8:00 PM.

Arrive to the program when you can - leave when you must! This group focuses on scrapbooking, online scrapbooking of ancestry & genealogy, and the occasional craft! No instruction or supplies provided for this social group. A .50 cent fee is collected for each participant every class. A .50 cent fee is required for participation.





Active Adults - Classes



Fall Semester Classes

August 28 - December 15, 2023

The following classes are being offered at the La Verne Community Center and provided by Mt. San Antonio College School of Continuing Education. For more information on Mt. San Antonio College classes, please call (909) 274-4192 or visit the college website at www.mtsac.edu or refer to the La Verne Senior Newsletter.

In observance of Holidays classes won't be held on: September 4th, September 10th, November 23rd, and November 24th.

The following classes are held at the La Verne Community Center.



BASIC COMPUTING - INTERNET RESEARCH

Create documents in applications such as Microsoft Word; includes basic computer maintenance and problem-solving techniques. Advisory prerequisite: Basis Computing Level 1.

Instructor	Day	Time	Dates
Laura Espinoza	F	9:00 AM – 11:50 AM	9/1 – 12/15

MOBILE INFORMATION TECHNOLOGY FOR THE BEGINNER

Introduction to mobile information technology for skills, concepts, and principles to safely and effectively use mobile platform devices and the internet.

Instructor	Day	Time	Dates
Vanessa Jones	F	1:00 PM – 4:05 PM	9/1 – 12/15

MANAGING AND GROWING YOUR HOME-BASED BUSINESS

Managing day-to-day business activities to increase revenue and profitability to grow a home-based business.

Instructor	Day	Time	Dates
Ray Tucker	M	1:00 PM – 4:05 PM	8/28 – 10/16

HEALTHY AGING (AEROBICS)

Healthy aging, including diet, nutrition, disease prevention, and application of physical fitness theories to maintain health while aging.

Instructor	Day	Time	Dates
Danelle Cole	T&TH	8:15 AM – 9:35 AM	8/29 – 12/14



HEALTHY AGING - PRINCIPLES OF SLOW MOVEMENT (TAI CHI)

Healthy aging, including diet, nutrition, disease prevention, and application of Tai Chi principles maintain health while aging.

Instructor	Day	Time	Dates
Raea Figueroa-Darby	TH	1:00 PM – 2:50 PM	8/31 – 12/14

HEALTHY AGING - FALL PREVENTION: BALANCE AND MOBILITY

Addresses, particularly for older adults, the risks and fears associated with falling. Includes setting realistic goals, minimizing environmental risks and balance exercises.

Instructor	Day	Time	Dates
Yamil Slim	T&TH	1:30 PM – 2:20 PM	8/29 – 12/14

Active Adults - Classes • Meals • Clubs

WATERCOLOR PAINTING

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique.

Instructor	Day	Time	Dates
Kelly Conte	T	9:00 AM – 11:50 AM	8/29 – 12/12
Ray Tucker	F	12:55 PM – 4:00 PM	9/1 – 12/15

DRAWING – BEGINNING THROUGH ADVANCED

Drawing while emphasizing the development of perceptual and technical skills. Students will advance their abilities in dry and fluid media while expanding their use of the formal elements and principles. The development of works of art will utilize observation of single objects, still life and landscape for representation and expression.

Instructor	Day	Time	Dates
Ray Tucker	TH	8:55 AM – 12:00 PM	8/31 – 12/14



HOME GARDENING

Organic gardening, plants, fruit orchards, and traditional gardening, including design, propagation methods, pruning and pest control.

Instructor	Day	Time	Dates
Benjamin Brown	T	1:00 PM – 2:50 PM	8/29 – 12/12

SEWING AND DESIGN

Course will present basic sewing techniques for mass production as well as one of a kind creations. Students will receive a supply list at the first class meeting. *Quilting Emphasis

Instructor	Day	Time	Dates
Susan Stringfellow	M	8:30 AM – 11:35 AM*	8/28 – 12/11
Susan Stringfellow	M	12:30 PM – 3:35 PM	8/28 – 12/11

SEWING AND TAILORING 1

Patternmaking and garment fitting with flat pattern and draping methods, learned through process of creating a personal fitting form.

Instructor	Day	Time	Dates
Susan Stringfellow	W	9:00 AM – 12:05 PM	8/30 – 12/13

SEWING AND TAILORING 2

Haute couture garment construction, including couture tailoring techniques for inner structure, finishing, and achieving superior overall appearance.

Instructor	Day	Time	Dates
Susan Stringfellow	W	12:30 PM – 3:35 PM	8/30 – 12/13

IN-PERSON SENIOR LUNCH

Congregate meals take place on Wednesdays, Thursday, and Fridays beginning in September.

Check-in will begin at 11:15 AM and meals will be served on a first come, first served basis. Anyone age 60 or over and their spouse, regardless of age, may attend the lunch program. All participants must be La Verne residents. A suggested donation of \$3 is greatly appreciated to help offset the cost of the meals. During your first visit you will be asked to complete a short in-take form that includes verification of age.



For more information, please call the Community Center at (909) 596-8776.

MEALS ON WHEELS

Hot lunch delivered by a friendly volunteer to any eligible homebound resident in the San Dimas/La Verne area. Regular and diabetic menus are available.

Meals are delivered Monday thru Friday between 12:00 PM - 1:00 PM and the cost is \$5 per meal. **For more information, please call Meals on Wheels at (909) 596-1828.**

SENIOR CLUBS/ COMMITTEES

SENIOR CITIZENS ADVISORY COMMITTEE

3rd Wednesday 10:00 AM - 11:00 AM

DUPLICATE BRIDGE

Wednesday 12:15 PM - 4:00 PM





Inclusion FOR OUR SPECIAL NEEDS POPULATION



FALL INCLUSION INFORMATION

**UNLESS OTHERWISE NOTED,
ALL CLASSES HELD AT:
COMMUNITY CENTER
3680 "D" Street**

Inclusion for Residents with
Special Needs In La Verne

MISSION STATEMENT

Partner to provide full community inclusion
for people with disabilities in all facets of
community life.

INCLUSION ADVISORY GROUP

The Inclusion Advisory Group, which was
formed in 2004, meets to discuss ways
to make sure people with disabilities are
represented in community activities and to
look for new ways to make current services
more accessible. **If interested in sharing
ideas and adding to our community,
please call (909) 596-8776.**

DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S GROWTH OR BEHAVIOR?



211 LA County can conduct a **FREE** developmental screening over the phone for
children birth to five years of age to see how your child is learning, behaving, or
growing for his or her age.

Dial 2-1-1 and ask to get a developmental screening for your child. You will be con-
nected to a 2-1-1 Care Coordinator who will interview you using a parent questionnaire
and who will provide hands-on and follow-up assistance in connecting to needed in-
tervention services in Los Angeles County.

**Call 2-1-1 or visit www.211LA.org for free help or information. It is available 24/7
and in all languages.**

RESOURCES

Ability First	www.abilityfirst.org
ADD/ADHD	www.chadd.org
Assistive technology	www.atia.org/14a
Autism Speaks	www.autismspeaks.org
Epilepsy Foundation	www.epilepsyfoundation.org
Facts about many disabilities	www.parentcenterhub.org
Facts about special education	www.specialeducationadvisor.com
Free Legal Advice	www.disabilityrightsca.org
Learning Disability Society	www.idaamerica.org
National Alliance for the Mentally Ill	www.namicalifornia.org
National Organization for Rare Diseases	www.rarediseases.org
Parent Grief	www.pediatricsservices.com
Sensory Processing Disorder	www.spdfoundation.net
The Parents' Place Resource Center	www.parentsplacefrc.org

CAPTIONED THEATRE MOVIES AT REGAL CINEMAS, LA VERNE

Closed caption & descriptive audio at Edwards La Verne Stadium 12. Check Regal for
show times. A great program for anyone with hearing loss! The following are the other
participating theaters:

AMC Ontario Mills 30 4549 Mills Circle, Ontario
AMC Covina 30 1414 N. Azusa Avenue, Covina

SPORTS - AYSO EPIC (VIP) PROGRAM (American Youth Soccer Organization)

The mission of the AYSO EPIC (VIP) Program is to provide athletes with disabilities
the additional support they need to fully participate in a quality soccer experience.
Volunteer buddies help our athletes not only participate but excel in this wonderful
program. The ultimate goal of the AYSO EPIC (VIP) Program is to provide a holistic
AYSO experience for players, families, and volunteers from team uniforms to playing
on a team to cheering from the sidelines for all participants. **For more information
please contact Tony Iacobacci at rcayso112@gmail.com.**

Inclusion FOR OUR SPECIAL NEEDS POPULATION

IMPACT PROGRAM

The IMPACT program is a broad-based, multi-disciplinary curriculum intended to meet the wide variety of educational needs presented by individuals with developmental disabilities. **IMPACT** = Independent living skills, Mobility training, Physical health and safety, Advocacy for self, College and career, and Technology training provided by Mt. San Antonio College. For more information on Mt. San Antonio classes, please call (909) 274-4192 or visit the college website at www.mtsac.edu.

INDEPENDENT LIVING SKILLS

INDEPENDENT LIVING SKILLS

MEMORY BUILDING SKILLS

Memory building skills for students with developmental disabilities.

Instructor	Day	Time	Dates
Jennifer Luu	W	9:00 AM – 11:50 AM	8/30 – 12/13

INDEPENDENT LIVING SKILLS – PERSONAL CARE

Daily living skills in personal care.

Instructor	Day	Time	Dates
Kristine Zapata	M	9:00 AM – 11:50 AM	8/28 – 12/11

INDEPENDENT LIVING SKILLS – SELF-DETERMINATION

Self-determination skills for students including personal responsibility, choices, and skills and limits.

Instructor	Day	Time	Dates
Yasmin Cardona	F	9:00 AM – 11:50 AM	9/1 – 12/15

For more information on Mt. San Antonio College classes please call (909) 274- 4192 or visit the college website at www.mtsac.edu or refer to the La Verne Senior Newsletter.



DANCES FOR PEOPLE WITH SPECIAL NEEDS

Come join us for some fun filled dances! Participants enjoy a DJ, refreshments, fun decorations, and a chance to party with their peers. Sponsored by the Alhambrians and the City of La Verne. All participants are required to fill out an activity form, which must be signed by participant or legal guardian. If you have further questions, please call (909) 596-8776.

Hosted by the City of La Verne & the Order of the Alhambrians

HALLOWEEN HOP FOR THOSE WITH SPECIAL NEEDS

Friday, October 27, 2023 | 5:00 - 8:00 PM
La Verne Community Center (3680 "D" Street, La Verne)

Join us for a night where those attending can enjoy music by DJ Anthony of AJ's Entertainment, dancing, and some light refreshments. Tickets will be available for pre-sale starting Monday, September 11 at the Community Services Office located in City Hall (3660 "D" Street). Parents/Guardians do not need to purchase a ticket. Cost of the tickets will be \$5 pre-sale or \$7 at the door. Costumes are optional but encouraged!

For more information, please call: (909) 596-8776.

SPECIAL OLYMPICS SOUTHERN CALIFORNIA

Special Olympics Southern California has been changing lives through the power of sport for more than 40 years. Special Olympics offer opportunities for children (8 and older) and adults with intellectual disabilities to participate in year-round sports training and competition at no cost to the athlete.

Visit our web page at
www.sosc.org/pomonavalley

Call (909) 319-7693 or
email revans@sosc.org for
more information about how to
compete, volunteer, coach or donate.



ADULT FITNESS

YOGALATES

Yoga teaches us excellent health with the physical benefits of increased flexibility and stamina, builds strength, creating a toned body, slender arms and this, improves muscle elasticity, joint mobility, balance and concentration, improves circulation, promotes relaxation, benefits internal organs and glands. Pilates develops a strong core or center of the body-flat abdominals. It alleviates back pain and other chronic ailments.

Instructor: Victoria Galvez

Location: La Verne Community Center, 3680 D Street

Code	Ages	Dates	Day	Time	Fee
320605-01	18+	Sept 8 – Sept 22	F	11:00 AM – 12:00 PM	\$50
320605-02	18+	Oct 13 – Oct 27	F	11:00 AM – 12:00 PM	\$50
320605-03	18+	Nov 3 – Nov 17	F	11:00 AM – 12:00 PM	\$50
320605-04	18+	Dec 1 – Dec 15	F	11:00 AM – 12:00 PM	\$50

YOGA AND MEDITATION

The Hatha Yoga practice benefits the entire body. It employs gentle warm up movements, standing stretches in flow style and longer/deeper holding postures standing or seated. The benefits of practicing yoga are numerous, including increased strength and flexibility, improved balance, posture, and stamina, and by reducing stress. Bring a yoga mat and water to class.

Location: La Verne Community Center, 3680 D Street

Code	Ages	Dates	Day	Time	Fee
310807-01	18+	Sept 18 – Oct 9	M	6:30 PM – 7:30 PM	\$55
310807-02	18+	Oct 23 – Nov 13	M	6:30 PM – 7:30 PM	\$55
310807-03	18+	Nov 27 – Dec 18	M	6:30 PM – 7:30 PM	\$55

REIKI HEALING – LEVEL 1

Reiki is a simple, but very effective Eastern energy healing method that helps balance and increase your energy and opens up blockages. It nurtures the body's organs and tissues, helps you to relax, release stress, and strengthen your immune system. It is holistic, affecting the physical, emotional, mental, and spiritual body, and brings all aspects into a harmonious balance, and everyone can learn it. You will also receive a Reiki Level 1 Certificate and a Training Manual.

Location: La Verne Community Center, 3680 D Street

Code	Ages	Dates	Day	Time	Fee
310807-04	18+	Sept 27	W &	1:00 PM – 4:00 PM	\$195
		Sept 28	Th	10:00 AM – 1:00 PM	
310807-05	18+	Nov 1 &	W &	1:00 PM – 4:00 PM	\$195
		Nov 2	Th	10:00 AM – 1:00 PM	

JAZZERCISE

Jazzercise is the original dance party workout. We are an inclusive woman-owned fitness company dedicated to helping people of all ages live healthier, happier lives through fitness. Our program fuses dance cardio, strength in a 55-minute sweat session that burns up to 800 calories per class.

Instructor: Sherry & Dina

Location: La Verne Community Center, 3680 D Street

Ages	Dates	Day	Time	Fee
18+	Ongoing	M-Th	6:15 PM – 7:15 PM	\$79 Monthly / \$25 drop-in

ADULT SPORTS

All participants must be registered prior to the deadline. Those not registered will not be allowed to participate.

WOMEN'S 30+ THURSDAY NIGHT SOCCER LEAGUE

This is a recreational soccer league for the 30+ player intent on developing and maintaining skills, camaraderie and good health. A player must agree to play non-contact soccer. Experienced players are expected to participate as teachers and friends. Players will be assigned to a team for the 9 game season. Priority will be given to La Verne residents, beginning players, players returning from injuries, and returning league players. Please call if you are late registering so we can add you to our list. **Dates may be adjusted by weather/field conditions.**

Fall 2023

Registration: August 28 – September 21
Register at: Community Services, 3660 D Street
Code: 221607-02
Age: 30 +
Location: Wheeler Avenue Park, 1499 Palomares Avenue
Games Begin: September 29
Game Times: 7:00 PM & 8:20 PM
Fee: \$40/9 game session

Winter 2023

Registration: November 6 – December 28
Register at: Community Services, 3660 D Street
Code: 221607-03
Age: 30 +
Location: Bonita Sports Park, 3102 D Street
Games Begin: January 5, 2024
Game Times: 7:00 PM & 8:20 PM
Fee: \$40/9 game session

5 ON 5 BASKETBALL

Registration: October 2 - November 8, or until league is full
Register at: Community Services, 3660 D Street
Code: 321606.01
Age: 16 +
Location: Bonita High School Gym, 3102 D Street
Games Begin: Sunday, November 12, & runs for 10-weeks of league play
Game Times: 1:00 PM – 9:00 PM
Awards: Individual awards and team trophy will be given out to the league champions and runners-up.
Fee: \$300 per team plus a \$30 referee's fee paid before each game at the gym.



COMMUNITY SPORTS INFORMATION

LA VERNE/SAN DIMAS AYSO

The La Verne/San Dimas region of the American Youth Soccer Organization (AYSO) is open to all boys and girls between the ages of 5 to 18. For further information on AYSO, please call (909) 596-5722 for a pre-recorded message or you can get information on their website at www.AYSO112.org.

LA VERNE LITTLE LEAGUE BASEBALL

This is a great opportunity for children ages 5-14 (as of April 30) to learn teamwork and sportsmanship, as well as develop their baseball skills. For more information, applications, or updates, please visit La Verne Little Leagues web site at www.lavernelittleleague.com.

LA VERNE GIRLS' SOFTBALL ASSOCIATION

Softball for girls ages 6 through 14 years. Please visit our website at www.laverneasa.com for up-to-date information, or call our league hotline at (909) 593-7597.

LA VERNE/SAN DIMAS POP WARNER YOUTH FOOTBALL & CHEERLEADING

Youth tackle football and cheer program for boys and girls age 7 through 15. For further information visit our website at www.LVSDpopwarner.org.

LA VERNE LAZERS SOCCER CLUB

A competitive soccer club for boys and girls ages 9 to 17. If interested or for more information, please visit our website at www.lvlazers.org.

LA VERNE TENNIS ASSOCIATION

This Association is designed for intermediates and advanced players to promote regular tennis play between members with the same abilities. We meet every Saturday at Bonita High School at 8:00 AM and play 3 full sets with rotation of partners on the courts. An annual membership fee of \$55 that covers the tennis balls that we supply for each match. Applications are accepted throughout the year for adults 18 and over.

For further information contact Robin Carder at (909) 593-6285.

YOUTH BASKETBALL

LA VERNE MIGHTY MITES BASKETBALL

Children will participate in a non-competitive instructional league. Both BOYS and GIRLS are coached in the fundamentals of basketball by volunteer coaches.

Code / Ages: 111605.M1 Kindergarten, 1st and 2nd grades
Fee: \$100 per child, \$85 for each additional child in immediate family
Registration: Sept 25 through Nov 16, or until leagues are filled
Games: Saturdays from Jan 6 through Feb 25
Practices: Times and locations set up by individual coaches

LA VERNE YOUTH BASKETBALL FOR GIRLS

The La Verne Girls Youth Basketball Program is an organized basketball league with approximately nine girls per team. The girls are instructed in the fundamentals of basketball in an atmosphere of sportsmanship and fair play. Teams are coached by volunteers.

Code / Ages: 111604.GA Div A: Girls in 6th, 7th, or 8th grade
Code / Ages: 111604.GB Div B: Girls in 3rd, 4th, or 5th grade
Fee: \$120 per child; \$105 for additional child in immediate family
Registration: Sept 25 through Nov 16, or until leagues are filled
Games: Saturdays, from Jan 13 through Mar 9
Practices: Times and locations set up by individual coaches
Players Draft: Saturday, Dec 2, at Bonita High School
Draft Times: Div B: 2:00 PM Div A: 3:30 PM

LA VERNE YOUTH BASKETBALL FOR BOYS

La Verne Boys Youth Basketball Program is an organized basketball league with approximately nine boys per team. Boys are instructed in the fundamentals of basketball in an atmosphere of sportsmanship and fair play. Teams are coached by volunteers.

Code / Ages: 111603.A Div A: Boys in 7th or 8th grade
Code / Ages: 111603.B Div B: Boys in 5th or 6th grade
Code / Ages: 111603.C Div C: Boys in 3rd or 4th grade
Fee: \$120 per child; \$105 for additional child in immediate family
Registration: Sept 25 through Nov 16, or until leagues are filled
Games: Saturdays from Jan 6 through Mar 9
Players Draft: Saturday, Dec 2, at Bonita High School
Draft Times: Div C: 9:00 AM, Div B: 11:00 AM and Div A: 12:30 PM

MIGHTY MITES & YOUTH BASKETBALL VOLUNTEER COACHES

Volunteers are needed to work in the La Verne Mighty Mites and Youth Basketball Leagues as coaches. You must be at least 18 years of age and be able to spend at least one evening per week and part of Saturday working with the program. Practices times and locations are set up by each individual coach. There will be a mandatory coaches meeting after teams are formed. Coaching forms available at the Community Services Office, 3660 D Street.

NOTE: All coaches will be fingerprinted prior to acceptance.



BASKETBALL FUNDAMENTALS



YOUTH EVOLUTION BASKETBALL CLASSES

Location: Lowell Brandt Park • 7201 Stephens Ranch Road, La Verne

Baby Ballers

Introduce your child to the best sport on the Planet. With your participation and encouragement, the baby baller will learn the fundamental steps necessary to understand the sport of Basketball. Instructor guidance and movement skills are developed using engaging games and activities with appropriately sized basketball hoops, providing an unforgettable experience like no other.

Code	Age	Dates	Days	Time	Fee
310302-01	2.5 – 3.5	9/8 – 10/6	F	6:15 PM – 6:45 PM	\$115
310302-05	2.5 – 3.5	9/9 – 10/7	S	9:00 AM – 9:30 AM	\$115
310302-12	2.5 – 3.5	10/28 – 12/2	S	9:00 AM – 9:30 AM	\$115

Level 1

Learn fundamental movement skills and build overall motor skills. This course is designed for children to learn the fundamental concepts of basketball. The program focuses on technique through the use of activities that subsequently help build on each other, helping the children to gradually increase their ability to do the basic skills to help them play the sport of basketball.

Code	Age	Dates	Days	Time	Fee
310302-02	3.5 – 4.5	9/8 – 10/6	F	5:35 PM – 6:05 PM	\$115
310302-06	3.5 – 4.5	9/9 – 10/7	S	9:40 AM – 10:10 AM	\$115
310302-09	3.5 – 4.5	10/27 – 12/1	F	3:00 PM – 3:30 PM	\$115
310302-13	3.5 – 4.5	10/28 – 12/2	S	9:40 AM – 10:10 AM	\$115

Level 2

This course will focus on dribbling, passing, shot technique and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide the right amount of challenge. The children will soon explore the sport of basketball with a variety of activities and games the program has in play.

Code	Age	Dates	Days	Time	Fee
310302-03	5 – 7	9/8 – 10/6	F	4:45 PM – 5:30 PM	\$115
310302-07	5 – 7	9/9 – 10/7	S	10:10 AM – 10:55 AM	\$115
310302-10	5 – 7	10/27 – 12/1	F	3:40 PM – 4:25 PM	\$115
310302-14	5 – 7	10/28 – 12/2	S	10:10 AM – 10:55 AM	\$115

Level 3

Aimed to improve large motor skills, spatial awareness, and teamwork. The instructor will focus on agility, drills become a bit more advanced, and teach children how to perform under pressure of the clock and their opponents. Drills are focused on more complex activities that include fast breaks, coordinated offensive play, and multiple defensive structures. Your child will now learn explosive plays, improve their footwork, and develop their range and accuracy of shooting.

Code	Age	Dates	Days	Time	Fee
310302-04	8 – 11	9/8 – 10/6	F	4:00 PM – 4:45 PM	\$115
310302-08	8 – 11	9/9 – 10/7	S	11:00 AM – 11:45 AM	\$115
310302-11	8 – 11	10/27 – 12/1	F	4:25 PM – 5:10 PM	\$115
310302-15	8 – 11	10/28 – 12/2	S	11:00 AM – 11:45 AM	\$115

THANKSGIVING BREAK CAMP

Using our progressive curriculum and focusing on the whole player, this one-week basketball camp will teach your child the skills they need both on and off the court. Our coaches will focus on respect, teamwork, and responsibility. We will start each day with a 'skill of the day' and progress to drills and games, making this an unforgettable camp experience for your young athlete.

Level 2: This class will focus on dribbling, passing, shot techniques and teamwork. Adjustable hoops and appropriately sized basketballs are used to provide just the right amount of challenge.

Level 3: This class is designed to improve large motor skills, spatial awareness, and teamwork with more focus on agility. At this level, drills become a bit more advanced and are designed to teach children how to perform under pressure from the clock and from their opponents.

Level 2

Code	Age	Dates	Days	Time	Fee
310302-16	5 – 7	11/20 – 11/22	M-W	9:00 AM – 12:00 PM	\$115

Level 3

Code	Age	Dates	Days	Time	Fee
310302-17	8 – 11	11/20 – 11/22	M-W	9:00 AM – 12:00 PM	\$115





TENNIS ANYONE

Instructor: Tennis Anyone

Location: Las Flores Tennis Courts, 3175 Bolling Avenue

**Tennis shoes and tennis racquet required.*



PEE WEE JR TENNIS LESSONS

Is your young child tired of watching the big kids have all the tennis fun? Well, now there's a group just for the Pee Wees! This clinic is the perfect tennis intro. Students will learn the basics of the forehand, backhand, volley, and serve in a coordination building, fitness friendly, fun atmosphere. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime.

Code	Ages	Dates	Days	Time	Fee
310501-01	3-6	9/18 - 10/9	M	4:15 - 5:00 PM	\$149
310501-02	3-6	9/20 - 10/11	W	4:15 - 5:00 PM	\$149
310501-03	3-6	9/18 - 10/11	M&W	4:15 - 5:00 PM	\$259
310501-04	3-6	10/16 - 11/6	M	4:15 - 5:00 PM	\$149
310501-05	3-6	10/18 - 11/8	W	4:15 - 5:00 PM	\$149
310501-06	3-6	10/16 - 11/8	M&W	4:15 - 5:00 PM	\$259
310501-07	3-6	11/13 - 12/18	M	4:15 - 5:00 PM	\$225
310501-08	3-6	11/15 - 12/20	W	4:15 - 5:00 PM	\$225
310501-09	3-6	11/13 - 12/20	M&W	4:15 - 5:00 PM	\$389

JR TENNIS ACADEMY – BEGINNERS THROUGH INTERMEDIATE

The focus of the Jr. Tennis Academy Beginning through Intermediate is on learning the 4 major strokes of the game in a dynamic, high energy, fitness friendly, fun-filled atmosphere. Students are tested to reach mastery on 3 different levels in this group. Beginners ages 14-17 should start in the Junior Tennis Academy Intermediate to Advanced.

Code	Ages	Dates	Days	Time	Fee
310502-01	7-13	9/18 - 10/9	M	5:00 - 6:00 PM	\$149
310502-02	7-13	9/20 - 10/11	W	5:00 - 6:00 PM	\$149
310502-03	7-13	9/18 - 10/11	M&W	5:00 - 6:00 PM	\$259
310502-04	7-13	10/16 - 11/6	M	5:00 - 6:00 PM	\$149
310502-05	7-13	10/18 - 11/8	W	5:00 - 5:00 PM	\$149
310502-06	7-13	10/16 - 11/8	M&W	5:00 - 6:00 PM	\$259
310502-07	7-13	11/13 - 12/18	M	5:00 - 6:00 PM	\$225
310502-08	7-13	11/15 - 12/20	W	5:00 - 6:00 PM	\$225
310502-09	7-13	11/13 - 12/20	M&W	5:00 - 6:00 PM	\$389

JR TENNIS ACADEMY – INTERMEDIATE THROUGH ADVANCED

The Jr. Tennis Academy Intermediate through Advanced group is for students that have attained all 3 mastery levels in the Beginning Academy or are coming in with proper form on their ground strokes. This is a high energy, fitness challenging, tennis program designed to bring students to a level where they have the tools to start playing matches. Beginning students ages 14-17 should start in this group.

Code	Ages	Dates	Days	Time	Fee
310503-01	7-17	9/18 - 10/9	M	6:00 - 7:00 PM	\$149
310503-02	7-17	9/20 - 10/11	W	6:00 - 7:00 PM	\$149
310503-03	7-17	9/18 - 10/11	M&W	6:00 - 7:00 PM	\$259
310503-04	7-17	10/16 - 11/6	M	6:00 - 7:00 PM	\$149
310503-05	7-17	10/18 - 11/8	W	6:00 - 7:00 PM	\$149
310503-06	7-17	10/16 - 11/8	M&W	6:00 - 7:00 PM	\$259
310503-07	7-17	11/13 - 12/18	M	6:00 - 7:00 PM	\$225
310503-08	7-17	11/15 - 12/20	W	6:00 - 7:00 PM	\$225
310503-09	7-17	11/13 - 12/20	M&W	6:00 - 7:00 PM	\$389

ADULT TENNIS LESSONS – BEGINNING THROUGH INTERMEDIATE

The Adult Tennis Lessons are for Adult players that are just getting started or who are playing at an intermediate level. These lessons give the "big kids" an opportunity to work on improving their skills while getting a great workout and making new friends. Students will train on level appropriate skills from learning ground strokes to volleys and serves.

Code	Ages	Dates	Days	Time	Fee
320501-01	18+	9/18 - 10/9	M	7:10 - 8:10 PM	\$149
320501-02	18+	9/20 - 10/11	W	7:10 - 8:10 PM	\$149
320501-03	18+	9/18 - 10/11	M&W	7:10 - 8:10 PM	\$259
320501-04	18+	10/16 - 11/6	M	7:10 - 8:10 PM	\$149
320501-05	18+	10/18 - 11/8	W	7:10 - 8:10 PM	\$149
320501-06	18+	10/13 - 11/8	M&W	7:10 - 8:10 PM	\$259
320501-07	18+	11/13 - 12/18	M	7:10 - 8:10 PM	\$225
320501-08	18+	11/15 - 12/20	W	7:10 - 8:10 PM	\$225
320501-09	18+	11/13 - 12/20	M&W	7:10 - 8:10 PM	\$389



GYMNASTICS

Location: Veterans Hall, 1550 Bonita Avenue
No Class: 11/9, 11/21 or 11/23



TUMBLE BEARS

Students will learn body positions, hand-eye coordination, gross motor skills, increase flexibility, agility and basic gymnastic skills such as forward/ side/backward rolls, jumping and balancing. Students will use tumbling mats, balance beam, bars, and much more. Due to the young age of this class, parent participation required.

Code	Age	Dates	Days	Time	Fee
310101-Z1	2-3	9/5-10/10	T	1:00-1:45 PM	\$110
310101-Z2	2-3	9/7-10/12	Th	1:00-1:45 PM	\$110
310101-Z3	2-3	11/7-12/19	T	1:00-1:45 PM	\$110
310101-Z4	2-3	11/2-12/21	Th	1:00-1:45 PM	\$110

KIDDIE GYMNASTICS

Students will begin learning skills with more self-confidence and balance while increasing flexibility and coordination. Skills will include working with uneven parallel bars, low and high balance beam, handstand holds, cartwheels, forward and backward rolls to stand up, jumping on/off blocks onto safety mats and much more.

Code	Age	Dates	Days	Time	Fee
310102-T1	4-5	9/5-10/10	T	2:00-2:45 PM	\$110
310102-H1	4-5	9/7-10/12	Th	2:00-2:45 PM	\$110
310102-T2	4-5	11/7-12/19	T	2:00-2:45 PM	\$110
310102-H2	4-5	11/2-12/21	Th	2:00-2:45 PM	\$110

BEGINNING GYMNASTICS

Students will be introduced to a wide variety of gymnastic and tumbling moves including balance beam, mini-trampoline, bars, and vault. Handstands, bridges and cartwheels will be taught along with improving the strength, coordination and flexibility of the student.

Code	Age	Dates	Days	Time	Fee
310103-T1	6-15	9/5-10/10	T	3:00-3:45 PM	\$110
310103-T2	6-15	9/5-10/10	T	4:00-4:45 PM	\$110
310103-H1	6-15	9/7-10/12	Th	3:00-4:45 PM	\$110
310103-H2	6-15	9/7-10/12	Th	4:00-4:45 PM	\$110
310103-T3	6-15	11/7-12/19	T	3:00-3:45 PM	\$110
310103-T4	6-15	11/7-12/19	T	4:00-4:45 PM	\$110
310103-H3	6-15	11/2-12/21	Th	3:00-3:45 PM	\$110
310103-H4	6-15	11/2-12/21	Th	4:00-4:45 PM	\$110

INTERMEDIATE GYMNASTICS

Class requires passing specific skills and coach's approval.

Class is designed for students who can independently perform all the skills in Beginning Gymnastics. Students will begin to learn bridge kick over, limber downs, power hurdle cartwheels, dive roll on vault, chin up pull over and cast toe on dismount on bars, tuck jumps and leaps on beam.

Code	Age	Dates	Days	Time	Fee
310104-I1	6-15	9/5-10/10	T	5:00-5:45 PM	\$110
310104-I2	6-15	9/7-10/12	Th	5:00-5:45 PM	\$110
310104-I3	6-15	11/7-12/19	T	5:00-5:45 PM	\$110
310104-I4	6-15	11/2-12/21	Th	5:00-5:45 PM	\$110

BEGINNING/INTERMEDIATE TUMBLING

Class requires passing specific skills and coach's approval.

This class will teach all tumbling skills; great for Cheerleading and Martial Arts students. Classes will include warm-up exercises, strength training and flexibly. Equipment such as mini-trampoline, wedge mats, landing mats and spotting blocks will be used. Other tumbling skills such as front/back kick-over, front/back handsprings, etc. will be taught to students who the instructor feels is ready to move onto more challenging skills.

Code	Age	Dates	Days	Time	Fee
310103-A1	6-15	9/5-10/10	T	6:00-6:45 PM	\$110
310103-A2	6-15	9/7-10/12	Th	6:00-6:45 PM	\$110
310103-A3	6-15	11/7-12/19	T	6:00-6:45 PM	\$110
310103-A4	6-15	11/2-12/21	Th	6:00-6:45 PM	\$110



KIDS SPEED & AGILITY

This 50 minute class will be conducted in a playful space where a maximum of 12 children can interact with each other and develop early sportsmanship and the fundamentals of team sports like t-ball, soccer, basketball, etc. This class will allow children to work on their problem solving and gross motor skills, all while remaining active.

Instructor: Art & Alicia Aguilar

Location: La Verne Community Center or Kuns Park

Code	Age	Dates	Days	Time	Fee
310607-01	8-13	9/18-10/11	M/W	5:00-5:50 PM	\$60
310607-02	8-13	10/23-11/15	M/W	5:00-5:50 PM	\$60
310607-03	8-13	11/27-12/20	M/W	5:00-5:50 PM	\$60
310607-04	8-13	1/8-1/31	M/W	5:00-5:50 PM	\$60

* No class 9/4.



WEBBY DANCE CO.

Location: La Verne Community Center

* No class 11/22.

BABY BALLET

This class will introduce children to beginning ballet and creative dance. It will include full props and creative imagery to keep children engaged and excited.

Code	Ages	Dates	Day	Time	Fee
310401-01	2 – 4	9/6 – 10/18	W	4:30 – 5:00 PM	\$101
310401-05	2 – 4	10/25 – 12/13	W	4:30 – 5:00 PM	\$101

BALLET & TAP I

This class will introduce children to beginning ballet and tap technique in a fun and exciting environment. Classes includes age-appropriate music and movements.

Code	Ages	Dates	Day	Time	Fee
310401-02	4 – 6	9/6 – 10/18	W	5:05 – 5:45 PM	\$101
310401-06	4 – 6	10/25 – 12/13	W	5:05 – 5:45 PM	\$101

BALLET & TAP II

This class will introduce children to beginning ballet and tap technique in a fun and exciting environment. Classes includes age-appropriate music and movements.

Code	Ages	Dates	Day	Time	Fee
310401-03	5 – 7	9/6 – 10/18	W	5:50 – 6:30 PM	\$101
310401-07	5 – 7	10/25 – 12/13	W	5:50 – 6:30 PM	\$101

BEGINNING JAZZ & HIP HOP

This class will introduce children to today's most exciting steps and beginning dance techniques. Class includes age appropriate music and movements.

Code	Ages	Dates	Day	Time	Fee
310401-04	7 – 9	9/6 – 10/18	W	6:35 – 7:15 PM	\$101
310401-08	7 – 9	10/25 – 12/13	W	6:35 – 7:15 PM	\$101

KIDZ LOVE SOCCER

Instructor: Kidz Love Soccer

Location: Las Flores Park, 3175 Bolling Avenue

MOMMY/DADDY & ME

The fun happens on the field, so don't just watch from the sidelines! Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required.

Code	Ages	Dates	Day	Time	Fee
311615-01	2 – 3 ½	9/7 – 10/19	Th	5:30 PM – 6:30 PM	\$153

TOT/PRE SOCCER

Little tykes will enjoy running and kicking just like the big kids! Children will have fun and learn the basic techniques of the game while building self-esteem. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first class.

Code	Ages	Dates	Day	Time	Fee
311615-02	3 ½ – 5	9/7 – 10/19	Th	4:50 PM – 5:25 PM	\$153

SOCCER 1

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session and every participant will have a ball at their feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first class.

Code	Ages	Dates	Day	Time	Fee
311615-03	5 – 6	9/7 – 10/19	Th	3:10 PM – 3:55 PM	\$153

SOCCER 2

A great introduction to competitive soccer. Skillz and Scrimmages teaches advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team. From defense and mid-field to forward and goalie, kids get exposure to playing every position and have a blast doing it! All participants receive a Kidz Love Soccer jersey! Shin guards are required.

Code	Ages	Dates	Day	Time	Fee
311615-04	7 – 10	9/7 – 10/19	Th	4:00 PM – 4:45 PM	\$153



AQUATICS

GATORS SWIM TEAM



Come join the City of La Verne's Swim Team! You will learn skills such as team involvement and strokes for the competitive swimmer. Swimmers may compete with other city teams and must provide their own transportation to and from each swim meet. Swimmers are encouraged to purchase additional equipment in order to help with training. Coaches will advise swimmers on what equipment is needed. Each participant must meet certain swim requirements to join the program. Swimmers will be tested on the first day of practice. Swimmers not meeting those requirements will be given a full refund.

Coach: Dillon Unsoeld & Jessica Argelander
Age: 5 - 17

Code	Dates	Day	Time	Fee
311415-01	Aug 28 – Oct 18	M/T/W*	M 5:30 PM – 7:00 PM T 6:30 PM – 8:00 PM W 5:30 PM – 7:00 PM	\$225

* No practice on 9/4.

311415-02	Oct 30 – Jan 10	M/W*	M 6:30 PM – 8:00 PM W 5:30 PM – 7:00 PM	\$200
-----------	-----------------	------	--	-------

* No practice on 11/20, 11/22, 12/25, 12/26 & 1/1.

* Due to BHS & ULV games, some dry-land workouts may occur and some Thursday/Fridays may be added. Dates subject to change due to High School/University schedules.

GATORS WATER POLO

The Gators Water Polo team is for boys and girls ages 7-13. All levels are welcome, from beginners to more advanced players. The goals of the team is to teach eggbeater (treading water), head up and head down freestyle, ball handling skills, dribbling skills, passing technique, and other fundamentals of the sport. The larger goals are to encourage teamwork and good character while having fun learning a great sport. The team will be coached by Bonita High School Water Polo Coaches. Athletes must bring goggles. Girls must wear one-piece suits, and boys must wear Speedos or Jammers. No board shorts or rash guards.

Coach: Dillon Unsoeld & Olga Quiroz

Age:	8 - 14			
Code	Dates	Day	Time	Fee
311409-01	Aug 21 – Oct 26	M/W/TH*	M 7:00 PM – 9:00 PM W 7:00 PM – 9:00 PM TH 6:30 PM – 8:30 PM	\$250

* No practice on 9/4.

311409-02	Oct 31 – Jan 11	T/W/TH*	T 6:30 PM – 8:30 PM W 7:00 PM – 9:00 PM TH 6:30 PM – 8:30 PM	\$225
-----------	-----------------	---------	--	-------

* No practice week of 11/1, 11/21-11/23 & 12/26-12/28.

* Due to BHS & ULV games, some dry-land workouts may occur and some Mondays/Fridays may be added. Dates subject to change due to High School/University schedules.

AGI ACADEMY CLASSES

Instructor: AGI Academy

Location: American Legion Building 159 N. Cullen Avenue, Glendora

Fee: \$185 + \$10 for the material fee payable at class.

FOR QUESTIONS CALL (626) 379-1112.

MATH WORKSHOP

Great refresher course for students in 3rd – 8th grade who want to brush up on their math skills. The program helps with individuals for improvement and will also help your student manage overall success in school.

Code	Ages	Dates	Days	Time	Fee
310210-01	7 – 13	9/19 – 10/31	T	5:45 – 6:45 PM	\$202

CRITICAL READING SKILLS

This course helps students strengthen their critical reading and vocabulary building skills, which are essential analytical skills for academic success. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to help prepare for the standardized tests. Please call (626) 379-1112 for all questions. *\$10 material fee payable to instructor at first class meeting.



Code	Ages	Dates	Days	Time
310210-02	7 – 12	9/19 – 10/31	T	4:45 – 5:45 PM
310210-08	7 – 12	11/7 – 12/19	T	4:45 – 5:45 PM

INTRODUCTION TO TYPING

Develop your child's basic typing skills and prepare them for many years of future usage. Different techniques and supplemental practice will be introduced to make learning fun as your child is taught a lifetime skill. Please call (626) 379-1112 for all questions.

*\$10 lab and material fee payable to the instructor at first class meeting.

Code	Ages	Dates	Days	Time
310210-03	6 – 14	9/19 – 10/31	T	4:45 – 5:45 PM
310210-09	6 – 14	11/7 – 12/19	T	4:45 – 5:45 PM

LEARNING MICROSOFT WORD AND POWERPOINT

Learn to use Microsoft Word for writing reports, projects, homework, or basic communication skills. The class will cover such areas as formatting with fonts, paragraph alignment, indents, margins, clip art, bullets and numbering, and columns and tables. Students will also learn PowerPoint for slide shows and apply the presentation to their academic work and project. Please call (626) 379-1112 for all questions. *\$10 lab and material fee payable at first class meeting.

Code	Ages	Dates	Days	Time
310210-04	8 – 14	9/19 – 10/31	T	5:45 – 6:45 PM
310210-10	8 – 14	11/7 – 12/19	T	5:45 – 6:45 PM

MICROSOFT OFFICE APPLICATION

Whether you want to use your computer to edit documents, make amazing slideshow presentations, create spreadsheets or produce tables, this class will let you do so by using Microsoft Office. Class includes hands-on practice. Experienced users can sharpen their skills and refresh themselves for those useful functions. Please call (626) 379-1112 for all questions. **\$10 lab and material fee payable at first class meeting.*

Code	Ages	Dates	Days	Time
310210-05	18+	9/19 – 10/31	T	5:45 – 6:45 PM
310210-11	18+	11/7 – 12/19	T	5:45 – 6:45 PM

COMPUTER ADVENTURE FOR ACTIVE ADULTS

Never touched a computer? You did, but felt confused? It's never too late to learn! Explore the basic skills to enrich your computer knowledge, understand the terminologies and access the online world through Internet. Students will learn Microsoft Word to create and edit documents which will help you with making letters and notices for basic communication. Explore internet for the World Wide Web for searching information. We develop a series of hands-on exercises which it will help accelerate students to master the essential skills properly and quickly. Experienced users can advance their skills to next level of knowledge. Please call (626) 379-1112 for all questions. **\$10 lab and material fee payable at first class meeting.*

Code	Ages	Dates	Days	Time
310210-06	55+	9/19 – 10/31	T	10:00 AM – 12:00 PM
310210-12	55+	11/7 – 12/19	T	10:00 AM – 12:00 PM



ART

Instructor: Young Rembrandts
Location: La Verne Community Center

Curriculum meets California State Standards for the Visual Arts.

PRESCHOOL DRAWING

This class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that will also prepare them for kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. All materials are included.

Code	Ages	Dates	Days	Time	Fee
311703-01	4 – 5	10/5 – 11/9	TH	3:30 – 4:25 PM	\$88

ELEMENTARY AND CARTOON DRAWING

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skills, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes!

Code	Ages	Dates	Days	Time	Fee
311703-02	6 – 12	10/5 – 11/9	TH	4:30 – 5:25 PM	\$88

MARTIAL ARTS

Sensei: Anthony Giron

Location: La Verne Community Center

JAPANESE KARATE - BEGINNER

Class will introduce young students to the elements of karate in a traditional Japanese way while working on their coordination, skills, and self-confidence through various activities. Uniforms are available for purchase from the instructor and range from \$25-\$40. NO CLASS Nov 9, 23, 30 or Dec 28. (See make-up dates.)

Code	Age	Dates	Days	Time	Fee
210701-9	5 – 10	9/7 – 9/28	TH	6:00 – 7:15 PM	\$58
210701-10	5 – 10	10/5 – 10/26	TH	6:00 – 7:15 PM	\$58
210701-11	5 – 10	11/2 – 11/16*	TH	6:00 – 7:15 PM	\$58
210701-12	5 – 10	12/7 – 12/21*	TH	6:00 – 7:15 PM	\$58

** No class on 11/9, 11/23, 11/30 or 12/28. Classes also held Tuesday, 11/7 and Tuesday, 11/4 or Tuesday, 12/12.*

JAPANESE KARATE INTERMEDIATE & ADVANCED

Students will dive deeper into karate techniques and self-defense moves while moving at a more focused pace. Intermediate students must have a purple belt and/or Sensei's approval for those moving up from beginning class. Uniforms are available for purchase from the instructor and range from \$25-\$40.

Code	Age	Dates	Days	Time	Fee
250701-9	11+	9/7 – 9/28	TH	7:30 – 8:45 PM	\$58
250701-10	11+	10/5 – 10/26	TH	7:30 – 8:45 PM	\$58
250701-11	11+	11/2 – 11/16*	TH	7:30 – 8:45 PM	\$58
250701-12	11+	12/7 – 12/21*	TH	7:30 – 8:45 PM	\$58

** No class on 11/9, 11/23, 11/30 or 12/28. Classes also held Tuesday, 11/7 and Tuesday, 11/4 or Tuesday, 12/12.*

DOG OBEDIENCE

BASIC DOG OBEDIENCE AND PROBLEM SOLVING

We will cover basic obedience exercises (come, sit, stand, down, stay, leave it, and drop it), loose leash walking, boundary training for the front door and gates, and emergency recall and behavior problems (jumping, digging, biting, barking, chewing, housebreaking, and counter surfing.) Please wear enclosed shoes. No aggressive dogs towards people or dogs. If you have questions, please call the instructor, Kelly Wolff-Arias at (909) 599-8844.

Instructor: Kelly's K-9 College

Location: Lutheran High School, Room 9, 3960 Fruit Street, La Verne

Code	Ages	Dates	Days	Time	Fee
321001-01	18+	9/26 – 11/28	T	6:00 – 7:00 PM	\$280
321001-02	18+	10/5 – 11/30	TH	9:00 – 10:00 AM	\$280
321001-03	18+	12/12 – 2/6	T	7:00 – 8:00 PM	\$280

** No class on 10/31, 11/23 and 12/26.*





La Verne Preschool

Join us for a social recreational program for children ages 3 to 4. We introduce children to numbers, colors, shapes, and the alphabet, story time, music, free play, and crafts. English as a first language is spoken and strongly encouraged.

BIRTH CERTIFICATES REQUIRED AT TIME OF REGISTRATION. CHILD MUST BE THREE YEARS OLD BY THE FIRST DAY OF SCHOOL.

CHILDREN MUST BE TOILET TRAINED - NO DIAPERS OR PULL-UPS. NO EXCEPTIONS.

Registration: Ongoing

Instructors: Miss Sally, Miss Melinda and Miss Sylvia

Sessions: Now through May 2024

Ages	Day	Time	Fee	Location
3 - 4	M/W/F	9:00 - 11:30 AM	\$170/month	Veterans Hall & Oak Mesa
3 - 4	TU/TH	9:00 - 11:30 AM	\$155/month	Veterans Hall

WAIT LIST POLICY

Wait lists will be on file until the end of May of the current school year. When being placed on the waiting list, the child must be potty trained and ready to begin Preschool. If your child is called from the waiting list and they are not ready to start preschool, the child will be taken off the wait list.

Parent & Me Preschool

A Parent Participation Program

Children and parents will have the opportunity to learn, create, and explore together. Meet other parents and make new friends!

Instructors: Miss Sally & Miss Lauri

Miss Melinda & Miss Vanessa

Location: Veterans Hall

Sessions: Monthly

Ages	Day	Time	Fee
18 mo - 3 yrs	M/W	9:15 - 11 AM	\$105/mo
18 mo - 3 yrs	T/TH	9:15 - 11 AM	\$105/mo

Facility Rentals

All facility and park reservations may be made at the Community Services Office, 3660 "D" Street, Monday through Thursday from 8:30 AM to 5:00 PM.

Reservations may be made up to one year in advance. Appointments must be made to view the La Verne Community Center and Veterans Hall. For viewing appointments, please contact the Community Services Department at (909) 596-8700.

NOTE: Consumption of alcoholic beverages is prohibited in all City park facilities. Animals (including reptiles, birds, etc.), motordriven vehicles and bounce houses/slides are also prohibited. A park permit must be obtained for the use of electronic equipment, amplified music or amplification systems. Radios must be used so as not to disturb other park users.



FACILITIES

LA VERNE COMMUNITY CENTER

Located at 3680 "D" Street behind the La Verne City Hall. The La Verne Community Center is a 14,000 sq. ft. building with multiple rooms, commercial kitchen, and outdoor patios for classes, meetings, and a main hall that accommodates up to 230 guests for receptions, celebrations or corporate events. Reservations may be made up to one year in advance. Call (909) 596-8700 for more information.

VETERANS HALL

Located at 1550 Bonita Avenue. Veterans Hall has a beautiful main hall with wood floors and rich architecture with access to a full service kitchen. This facility is warm and quaint and can host up to 80 guests for meetings, and smaller celebrations. Reservations may be made up to one year in advance. Call (909) 596-8700 for more information.

SKATE PARK

The park is located on the northwest corner of the Bonita High School complex at 3102 "D" Street and is open from 3:00 PM to dusk while school is in session and from 8:00 AM to dusk during non-school hours. In order to keep all of our skateboarder's safe and healthy, safety gear (helmets, elbow pads and kneepads) are required. If you have any questions, please contact the Community Services Department at (909) 596-8700. **NO BIKES ALLOWED.**

BANNER SPACE RENTAL

The City of La Verne has a location where individuals, groups, and organizations may apply to hang a banner. The location is on Bonita Avenue, just west of "D" Street. The banner must be 30' x 3' in size, must have ring snaps and hooks every 20 inches across the top and bottom, wind holes, and 30 feet of nylon rope at each corner. For more information such as fees & availability call (909) 596-8700.

PARKS

WHEELER AVENUE PARK

Located at 1499 Palomares. Wheeler Avenue Park has two lighted adult softball fields and a basketball court. This is an excellent site for weekend tournaments or private league use. There are discount rates for non-profit organizations.

PARK SHELTER RENTALS

All reservations may be made up to one year in advance and MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE. Reservations and permits are issued from 8:30 AM to 5:00 PM Monday through Thursday. Come in and pick up a packet or call (909) 596-8700 for more information.

LAS FLORES AQUATICS CENTER

Located at 3175 Bolling Avenue. The aquatic facility is great for company picnics, summer church outings, or end-of-year school parties. For more information and reservations, call the Community Services Office at (909) 596-8700. Reservations may be made Monday through Thursday from 8:30 AM to 5:00 PM. Reservations may be made up to one year in advance and MUST BE MADE AT LEAST TWO WEEKS IN ADVANCE.



**LOS ANGELES
COUNTY
PUBLIC LIBRARY
LA VERNE**

3640 "D" Street
(909) 596-1934

SCHEDULE:

Monday	CLOSED
Tuesday	12:00 - 8:00 PM
Wednesday	12:00 - 8:00 PM
Thursday	10:00 AM - 6:00 PM
Friday	10:00 AM - 6:00 PM
Saturday	10:00 AM - 6:00 PM
Sunday	CLOSED



ACTIVITY REGISTRATION POLICY INFORMATION

ONGOING REGISTRATION. REGISTER TODAY!

ALL REGISTRATION WILL BE TAKEN ON A FIRST-COME, FIRST-SERVED BASIS. NO EXCEPTIONS! PRE-REGISTRATION IS REQUIRED ON ALL ACTIVITIES.

Online registration may be done by visiting our website at www.cityoflaverne.org. Mail registrations to Community Services Department, 3660 "D" Street, La Verne, CA, 91750. It is the customer's responsibility to confirm registration times and dates. To confirm by mail, PLEASE ENCLOSE A STAMPED, SELF-ADDRESSED ENVELOPE or call the Community Services Office at (909) 596-8700. If a participant appears at the wrong class or does not appear for the class, no transfers will be made and no refunds will be granted.

NO TELEPHONE REGISTRATIONS WILL BE ACCEPTED FOR ANY ACTIVITY – NO EXCEPTIONS!

Fees may be paid by cash, money order, Visa, Mastercard, Discover, or check made payable to the City of La Verne. All fees must be paid at the time of registration. THERE WILL BE A \$25 CHARGE ON ALL RETURNED CHECKS.

ALL PRICES, POLICIES, AND PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

HOLD HARMLESS AGREEMENT

Participants must sign a consent form before enrolling in any activity or excursion. For children: Parent or Legal Guardian signature is required. For adults: each participant must sign their own consent form.

REFUND POLICY

A \$10 administration fee will be charged for all refunds, per participant. No refunds will be issued for activities that are \$10 or less. Requests for refunds for excursions must be made no later than the advertised cancellation date. Requests for refunds for classes must be made 24 hours after the first class or, if the class is a 1 day class no less than (3) working dates prior to the class. Refunds will be processed within 2 to 3 weeks in the form of a check. **No credit card refunds will be issued.** No partial refunds will be given. Full refunds will be given if an activity is canceled by the Community Services Department.

TRANSFER POLICY

Transfer requests must be made within 24 hours of the first class by the registered participant or the parent or guardian of the registered participant if under 18 years of age. If participant transfers to a more expensive activity, participant must pay the additional fee at time of transfer. If the activity is less expensive, a refund will be processed.

PARENT/GUARDIAN LATE POLICY

Children 10 and under will only be released to a parent or guardian. Instructors will retain class participants at the class location until a responsible adult reports for each child. Children should not leave the class location unattended.

If, for any reason, a parent or guardian cannot pick up their child from class between the end of class and 5 minutes thereafter, the parent or guardian will be ASSESSED A \$5 PER 5 MINUTES LATE FEE, PAYABLE AT THE COMMUNITY SERVICES OFFICE, 3660 "D" Street, BEFORE THE NEXT CLASS. Continued late pick up can result in the child being dropped from the class.



Registration and Refund Information

REGISTRATION INFORMATION

Registration may be done online, in person, mailed, faxed, or placed in our drop box. For registration dates, please check the appropriate section of the Recreation Guide.

Make checks payable to the "City of La Verne."

If confirmation is desired, please send a self-addressed, stamped envelope.

Community Services Office

3660 "D" Street La Verne, CA 91750

(909) 596-8700 Fax (909) 596-8763 www.cityoflaverne.org

REFUND INFORMATION

A \$10 administration fee will be charged for all refunds, per participant. No refunds will be issued for activities that are \$10 or less. **Absolutely no cash or credit card refunds are given at any time.** All refunds will be given in the form of a check. If an activity is cancelled by the Department, a full refund will automatically be issued.

Excursions - Requests for refunds must be made no later than the advertised cancellation date. A \$10 administration fee will be charged for all excursion refunds.

Instructional Classes - Requests for refunds must be made no later than 24 hours after the first class. For classes held Thursday – Sunday, refunds must be requested by 9:00 AM the following business day.

REGISTRATION FORM – PLEASE FILL OUT COMPLETELY

ADULT PARTICIPANT/PARENT _____ TELEPHONE () _____

ADDRESS _____ EMERGENCY/CELL () _____

CITY _____ STATE _____ ZIP _____ EMAIL _____

PARTICIPANT'S NAME LAST-FIRST-MIDDLE INITIAL	AGE	SEX M / F	BIRTH DATE MANDATORY	ACTIVITY CODE	NAME OF ACTIVITY	FEE	HOLD HARMLESS SIGNATURE required for all adult participants listed

Does the above participant(s) have special needs? YES NO

TOTAL FEES _____

If yes, please explain _____

WAIVER, RELEASE, HOLD HARMLESS, AND AGREEMENT NOT TO SUE

I fully understand that my/my child's participation in the event/class exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, or property damage. I hereby acknowledge that I/my child am voluntarily participating in this event/class and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of La Verne, its officers, officials, employees, agents, and volunteers for any injury, death or damage to or loss of personal property arising out of, or in connection with, my/my child's participation in the event/class from whatever cause, including the active or passive negligence of the City of La Verne, its officers, officials, employees, agents, and volunteers or any other participants in the event/class. The parties to this AGREEMENT understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. I understand that the City of La Verne may take photographs of participants during these activities. I hereby consent to the use of such photographs for any municipal purpose.

In consideration for being permitted to participate in the event/class, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of La Verne, its officers, officials, employees, agents, and volunteers from any and all claims, demands, actions, or suits arising out of or in connection with my participation in the event/class.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

ADULT SIGNATURE (Mandatory) _____ **Date** _____

I declare under penalty of perjury under the laws of the State of California that I am the parent or legal guardian of Minor. I further declare that I shall indemnify and hold harmless the City of La Verne, its officers, officials, employees, agents, and volunteers from and against any and all Claims resulting from incident to, or arising out of Minor's participation in the event/class, any and all risks assumed by Minor and me above, and/or the breach of any promises, covenants, and/or representations made by me herein and/or in the above Release.

ADULT SIGNATURE (Mandatory) _____ **Date** _____

CREDIT CARD INFORMATION WILL BE DESTROYED AFTER REGISTRATION

PLEASE CIRCLE: Check Cash Visa MasterCard Discover American Express

Credit Card # _____ Exp Date _____ CVV _____

Card Holder's Signature _____



City Facilities

1. BONITA HIGH/SPORTS PARK
3102 D Street
Lighted Baseball Field • Lighted Soccer Field
Football Field

2. CHALLENGER PARK
1909 Wright Avenue
Unlighted Basketball Court

3. COMMUNITY CENTER
3680 D Street
Large Rental Room • Small Meeting Rooms

4. EMERALD PARK
1900 Genesee
Picnic Shelter • Tot Lot

5. GOLDEN HILLS WILDERNESS PARK
2300 Golden Hills Road
Nature Trail

6. GRACE MILLER SCHOOL
1629 Holly Oak

7. HERITAGE PARK
5001 Via De Mansion
Tot Lot • Gazebo • Picnic Tables
Historical Facilities

8. KUNS PARK
1600 Bonita Avenue
Picnic Shelter • Picnic Tables • Tot Lot
 Dogs allowed on a leash

9. LA VERNE HEIGHTS SCHOOL
1550 Baseline Road

10. LAS FLORES PARK AQUATIC CENTER
3175 Bolling Avenue
Restroom Facilities • Robert Rodriguez Pavillion
Picnic Tables • Tot Lot • Unlighted Softball Field
Lighted Tennis Court • Volleyball Court
Swimming Pool

11. LA VERNE CITY YARD
2620 First Street

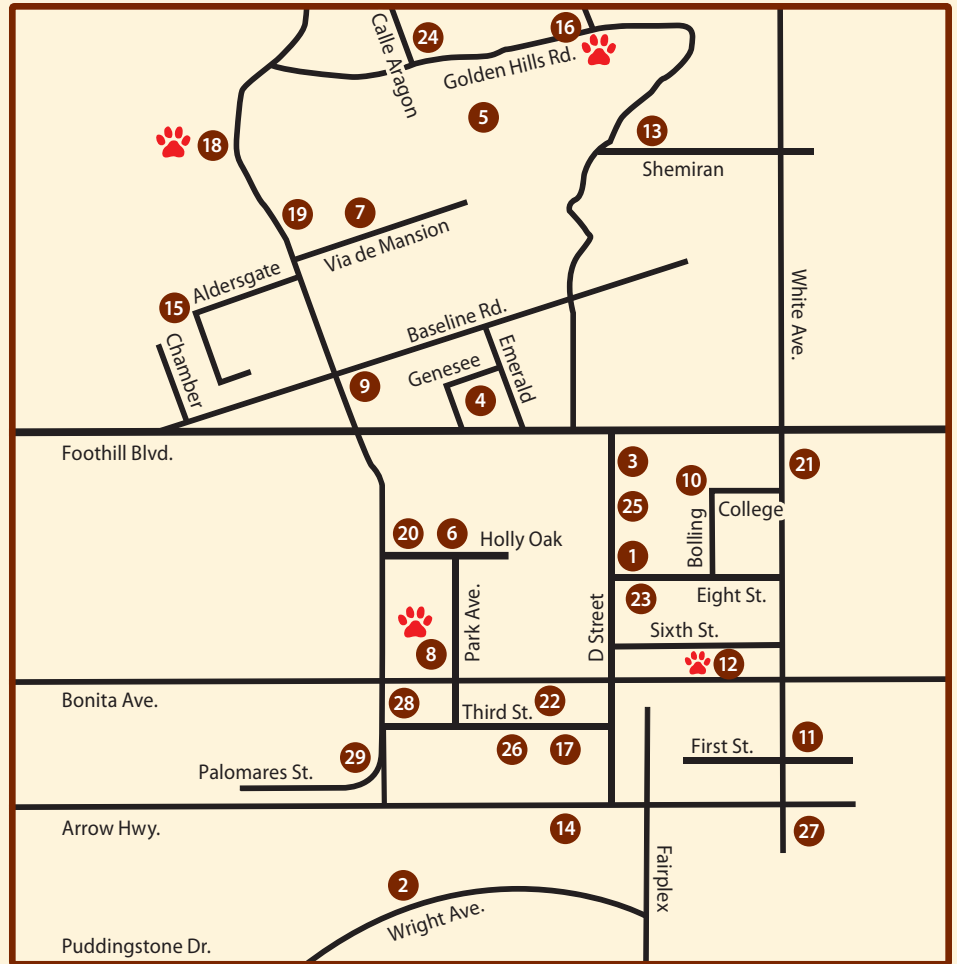
12. LINCOLN PARK
2525 White Avenue
Corner of 6th and White Avenue
Picnic Tables • Tot Lot
 Dogs allowed on a leash

13. LIVE OAK PARK
5701 Shemiran
Tot Lot • Lighted/ Unlighted Tennis Courts

14. LORDSBURG PARK
1922 Walnut Street
Picnic Tables • Tot Lot • Unlighted Basketball Court

15. LOS ENCINOS PARK
1101 West Aldersgate Drive
Corner of Aldersgate and Chamber
Picnic Tables • Tot Lot • Nature Trail
Unlighted Basketball Court

16. LOWELL BRANDT PARK
7201 Stephens Ranch Road
Restroom Facilities • Picnic Shelter •
Picnic Tables • Tot Lot • Unlighted Softball Field
 Dogs allowed on a leash



17. MAINIERO SQUARE
Corner of 3rd and "D" Street

18. MILLS PARK
5601 Wheeler Avenue
Picnic Tables • Tot Lot
 Dogs allowed on a leash

19. OAK MESA PARK
5400 Wheeler Avenue
Restroom Facilities • Tot Lot • Lighted Baseball Field • Lighted Soccer Field

20. PELOTA PARK
1505 Holly Oak
Lighted Baseball Fields • Restroom Facilities

21. PRICE/HAYES PARK
Corner of Price and Hayes
Tot Lot

22. PUBLIC SAFETY FACILITY
2061 Third Street

23. ROYNON SCHOOL
2715 "E" Street

24. RUSTIC CANYON PARK
7311 Calle Aragon Tot Lot

25. SKATE PARK
3102 "D" Street
Corner of Durward Way and "D" Street
Picnic Table

26. UNIVERSITY OF LA VERNE
1950 Third Street

27. VALLEY RANCHO PARK
2909 Arrow Highway Tot Lot

28. VETERANS HALL
1550 Bonita Avenue
Restroom Facilities • Medium Rental Room
Tot Lot

29. WHEELER AVENUE PARK
1499 Palomares Avenue
Restroom Facilities • Picnic Tables • Tot Lot
Lighted Softball Field • Lighted Basketball Court



VISIT OUR NEW DOG FRIENDLY PARKS!

Dogs must be on a leash at all times.
Only parks listed with the allow dogs.

Inclusion Special Events

For ages 3-21 and their families.

International Night

September 15, 2023 6:00 pm - 9:00 pm

La Verne Community Center

Join us for a heartwarming event for individuals and families of those with Special Needs.

We will come together to celebrate the rich tapestry of cultures that make our community so unique. To ensure you don't miss out on this memorable experience, don't forget to pre-register, and secure your spot at this extraordinary celebration of diversity, where all are welcome, cherished and celebrated for their individuality.

For more information, please contact the Community Center at (909) 596-8776



HALLOWEEN CARNIVAL

**October 28, 2023
5:00 pm - 8:00 pm**

Heritage Park

We are inviting all individuals and families of those with special needs to come out and enjoy this new and free Carnival themed event at Heritage Park. Participants will be able to enjoy carnival themed food, music, games, entertainment, prizes in this fun Carnival Night in La Verne.

Participants must be pre-registered to receive food tickets.

For more information, please contact the Community Center at (909) 596-8776.



Breakfast with Santa and Friends

DECEMBER 1, 2023 6:00 PM - 9:00 PM

La Verne Community Center

CHRISTMAS COMES EARLY IN DECEMBER AND SANTA IS EXCITED TO VISIT THE LA VERNE COMMUNITY CENTER FOR THIS EVENT CATERED TO INDIVIDUALS AND FAMILIES OF THOSE WITH SPECIAL NEEDS!

Participants will have the opportunity to take holiday themed pictures with peers, build ornaments, pictures with Santa, and enjoy a hand-crafted hot chocolate. A pancake breakfast-themed dinner will be served (pre-registration is required to receive a food ticket).

For more information, please contact the Community Center at (909) 596-8776.



City of La Verne
3660 "D" Street La Verne, CA 91750
(909) 596-8726
www.cityoflaverne.org



PRESORTED
STANDARD

U.S. Postage

PAID

San Dimas, CA 91773
Permit No. 37

*****ECRWSEDDM*****

RESIDENTIAL CUSTOMER

24th Annual Winter Wonderland

Saturday, December 9
9:00 AM - 1:00 PM
Heritage Park, 5001 Via de Mansion

Children can enjoy two snow runs, two snow play lands (with real snow!), arts and crafts, a cup of hot cocoa and a special treat at "Mrs Claus' Cozy Kitchen," and of course, visit Santa at the gazebo! Parents be sure to bring your cameras for this wonderful photo opportunity. Kids should dress for snow: mittens, gloves, boots, and jackets. Sliding saucers will be provided. There will also be food and refreshments for purchase and craft vendors for early Christmas shopping.

141004.01

\$15 per child (includes snow play, snack, crafts, and visit with Santa).

Presale ends Thursday, December 7 by 6 PM.

\$18 per child at event.

Cash only the day
of the event.

Dogs prohibited.

Anyone wishing to have a booth or
sponsor the event should contact
the La Verne Community Center
at (909) 596-8776.

